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# Evaluation of Children & Adolescents

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# General Mood

- How do you feel most of the time (happy / sad)?
  - How do you feel now?
  - What makes you happy / sad?
  - What do you enjoy doing most of all?
  - What was the happiest / saddest time in your life?
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# Anxiety

- What makes you nervous?
  - What is the scariest thing that's ever happened to you?
  - What happens when you get scared?  
(duration, severity, other symptoms,...)
  - Do you ever feel scared for no reason?
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# Anger

- What do you do when you don't get what you want?
  - Do you have a "short fuse"?
  - What makes you angry?
  - What do you do when you get angry?
  - Do you ever get into fights? With whom?
  - Do you fight alone or in a group?
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# Depression

- Do you feel sad a lot of the time?
  - Do you often feel like crying?
  - Does that last for more than a few minutes?
  - Does that usually happen most days & every week?
  - What sort of things make you feel that way?
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# Depression (cont.)

- What is the saddest thing that ever happened to you?
  - Do you ever feel sad even if there is no reason?  
(duration, severity, other symptoms,...)
  - Do you ever feel the opposite?
  - What you like to do for fun?
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# Self-Concept

- What do you want to change about yourself?
  - What do your parents / friends think about you?
  - Do people like you?
  - Do you like the way you are?
  - How do you compare yourself with your peers?
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# Gender Concept & Behavior

- Do you like being a girl?
  - Do you like being a boy?
  - What are the advantages being a girl / boy?
  - What are the disadvantages being a Girl / boy?
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# Conscience

- What was your best deed?
  - What was your worst deed?
  - How did you feel?
  - How do you feel when you do something you know is wrong?
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# Conscience (cont.)

- Did you ever take something that didn't belong to you?
  - What happened?
  - How did you feel?
  - Does it get you into trouble?
  - Do you do it again?
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# Future Plans

- What would you like to do when you grow up?
  - Why?
  - Do you know anyone who is....(occupation)?
  - How are your chances of becoming a... (occupation)?
  - What would you do if you couldn't be a... (occupation)?
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# Future Plans (cont.)

- Have you ever had an after-school or summer job?
  - What do you think the future will be like?
  - What did you do with the money you make?
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# Interpersonal Relations - Family

- Who lives at home with you?
  - Whom do you tell about your problem?
  - Does he help you?
  - Who is the closest person to you?
  - Who gives you the most problems?
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# Family

- Who is your favourite?
  - How do you get along with your family members?
  - Do your parents tell you what to do?
  - Can you make some of your decisions?
  - What are the rules at home?
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# Family ( cont.)

- Have you ever been away from home?
  - How did you feel about being away?
  - What happens when you do something wrong?
  - Are there any problem at home that you don't like?
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# Family (cont.)

- Reaction to major family changes
  - Compliance with family rules & standards
  - Modes of discipline & limit setting
  - Affinities with family members
  - Conflicts with family members
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# Interpersonal Relationship – Other Adults

- What kind of relationship do you have with teacher,....?
  - Is there someone you specially admire?
  - Which adults do you respect at least?
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# Interpersonal relationship - Peers

- Do you have friends?
  - Are they about your age or younger or older?
  - Whom do you want to play with?
  - Do you have a best friend?
  - Why & how long is he your best friend?
  - How do you feel when something happens to your friend?
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# Peers (cont.)

- What do you do together?
  - Do you do what most kids want or do they do what you want?
  - What happens when you can't get your own way?
  - Do you have trouble making friends?
  - Do you have trouble keeping friends?
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# Peers (cont.)

- Number of friends
  - Preferences regarding age & sex
  - Any major change in peer group
  - Shared activities & interests
  - Parents feelings & attitude about the child's close peers
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