

# **The psychotragedy**

*An English psychiatrist's  
memoirs*

(A turncoat, insider's story who should pay dearly for that!)

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**In the name of God**

The psychotragedy or an English psychiatrist's memoirs  
(A turncoat,insider's story who should pay dearly for that!)

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Chapter one

It could be a very nice Saturday morning for Dr. Edward Smith, who is ordinarily a very busy man even on the weekends, of course with the absolute exception of attending Sunday church's prayers together with his wife and three daughters wearing Sunday best and reading the book of common prayer of the church of England. He has got some happy plans for his daughters since early in the morning today March 30th, 2002. It is half past eight and the children are still in there sleeping rooms. His dear wife Margret is in the kitchen preparing breakfast and doing her routine chores.

-EH, could it be another dull old-fashioned Sabbath-like weakening!

-Maggie, for sure not. I have got some idea for today, unless you prefer better things.

-my goodness, another goodwill unattractive easily ignored offer by kids!

-sorry, you are right, any plan?

-I'm sorry too, better to ask them first.

-agreed. Wake them up.

So, this Saturday starts quite differently and ends differently!

Girls are taken happily to the high streets supermarket and guild hall, hamburgers and cokes ordered rather than fish and chips. It is half past two in the afternoon and the parents are willing to go back to the hospital because they are living in the apartments located in the main general

hospital of the medical centre. But the girls insist for going to the playing ground of the nearby park.

It is around a quarter to six o'clock in the evening, Edward and Margret sitting on a bench in a cozy corner of the park watching their 16, 9 and 7 years old kids that the park loudspeakers stop broadcasting music and are connected to the BBC radio announcing that the queen mother had died peacefully in her sleep at the age of 101, with her daughter, Her Majesty the Queen Elizabeth at her bedside. she passed away at Royal Lodge ,Windsor, at 15:15 GMT on Saturday, and the news was announced by Buckingham palace about two and a half hours later. UK prime minister Tony Blair led tributes by saying the Queen mother has been a symbol of Britain's " decency and courage".

A period of family mourning will follow before the coffin is moved to Westminster hall in central London, so the public can pay their respects in a move not seen since the death of Sir Winston Churchill in 1965. A peculiar hush prevailing the park. It seemed that everything is either in standstill or in slow motion. Dr. Smith who is a staunch royalist and admirer of the Royal family especially ,The Queen mother, Her Majesty The Queen and for sure His Royal Highness, Prince Charles, pauses for a minute and then listens very carefully to his mobile phone that definitely starts ringing. Margret sitting with an absolutely knowledgeable composure besides his sharp-witted husband. Dr. Smith is the vice-chairman of the postgraduate medical centre of the university, in the educational affairs but because of his inherent managerial

skills he is the real executive of that university! He is involved in some other very sensitive governmental institutes strictly undeclared. Margie senses that but has never touched that.

-“Dr.Smith, George talking, we will take Margret and the children back to home,right away.”

-thanks!

-Maggie, call the children and go back home with George! He is coming towards us.

-Hello, madam!

-hello, doddy!

Dr.Smith’s varied jobs of organizing proceed in an ordered way because everything is meticulously preplanned .He is obviously a man of mettle. A typical English gentleman, cool-headed, appearing with a tinge of blue blood but never snobbish rather a very considerate and kind psychiatrist and boss.

It is around eleven o’clock that night and Dr.smith is backing home for just ten minutes that the hall phone rings.

-Ed, phone call is for you?

-Dr.Smith, I’m terribly sorry ,but Dr.Redford has been brought to the causality ward,in deep coma.the caller hung up without introducing himself.

-Maggie , Dr.Redford is in deep coma ,I’ll call you later.

-oh, my god.

Dr. Smith picks up his mobile phone and goes out. It is five minutes walk to cross the hospital yard,enters the main door, hellos and greetings from every sides because he is the actual manager of the hospital and the

school,going straight to the neurosurgical ward he is worn the operating gown and led to the operating-theatre. His dear mentor is speareagled to the bed infused and attached to all necessary tubing and catheters, tracheostomysied and connected to ventilator.

A very hopeless case worldly! but Dr.Smith senses some thing or things hovering around in that place!

Operation starts with trepanning a hole on the right side of the head to evacuate the collected blood and continues. Dr. Smith is regarded by the surgeons and other medical personnel in the medical school as a medical psychiatrist! As opposed to the more typical and traditional psychological psychiatrists! Who are regarded no different from psychologists! In fact Dr. smith is looked upon as an atypical neurologist or at best an internist interested in mental disorders wearing physian's white coat in contrast to the self-proclaimed broad-minded dynamic or cognitive oriented second group who conceal the medical facts about the highly heritable specific brain disorders formerly called psychological or mental disorders but deliberately mix them up with the ordinary or at times extremely stressful psychosocial or environmental problems that in spite of being distressing and sometimes life lasting but could never be the cause of any of the well-defined mental or psychiatric disorders in genetically healthy individuals and remain infrequently as painful memories, logically handled by the experiencers themselves ,but are unduly bungled by the second group and other so called mental professionals and the newly

arrived alternative therapists of both Western and Eastern traditions, most appealing to women.

Dr. Smith was submerged in these thoughts that he is led to the recovery room when the operation concludes. He is allowed to stay besides the patient who is still in coma but somehow getting a lighter more responsive status. Dr. Smith has noticed this change but intuitively keeps that to himself!?

Dr. Redford opened his eyes. Blurred vision gradually disappearing. Dr. Smith watching him and just nearing himself, putting his face closer to his visual fields, knowing that it might help his lucidity. He didn't call him even though it could be a greater stimulus than his poor sight. He was in no hurry besides that he didn't want to draw the other's attention?

Dr. Redford recognised his face with a witty and approving grin!

Time was running out, no verbal or written communication was possible. Dr. Redford could just manage to bring his both hands close enough to cross his index fingers four times.

Dr. Smith started praying for his passed away teacher. Back to home comforted her mourning wife.

-Maggie, we have to call Elizabeth and Esther.

-I'll do it now.

-Right, the sooner the better.

While both, terribly sorry and heavy-hearted but did the job. It was early Sunday morning.

Dr. Smith went to take a shower preparing himself for the church-going. While water running down head downward

closing his eyes trying to ward off invading thoughts, sensed a mixed feel of anger and despair.

-Ed, are you all right?

-Aye, thanks, I was nearly sleeping!

-Elizabeth and Esther coming from Canada in the early hours of tomorrow morning.

Margret starts crying and says damn to all these kinds of emotional controls and restraints; she is still unaware of more tragic news. Dr.Smith tries to comfort her but he has been anxious about the Dr. redford's safety since two or three months back but could not do much about that and the reason he wanted to get some clues about his memoirs and other personal papers was not unjustified.

Dr.Smith's family are heading for the Anglican church in the near-by,Dr.Smith breaks the silence and starts talking about the car accident , the demise of the uncle Redford as he was called by the kids and asks them to just pray for him.

-He has left the worldly existence, but his soul is at total rest, amen.

The church's service proceeds as usual but it is a different experiences for the group of five even the youngest member.

Elizabeth and Esther are back, the funeral service coinciding with the official services held for the Queen mother's demise and burial ceremony overshadows everything in connection with the very humble and insignificant passing away of Dr. Redford even in the eyes of both concerned families.



Dr. Smith himself has been so busy that seldom finds time to talk about his teacher with the other people even with himself! Elizabeth has collected her husband's belongings and is totally oblivious about the papers and works of him. she is unaware that she was being carefully watched by some eyes that are surprised about her total indifference that she shows about her husband's papers and memoirs. It appears that she is quite unaware about those things, so the owners of watchful eyes are getting more nervous, because they know that they exist, but where and possibly in whose hands.

it is late in the Friday evening at the Dr. Smith's apartment. Elizabeth and Esther are staying there since their return. Esther and Florence who are close friends are working with the computer in the Florrie's room. Dr. Smith, Margret and Elizabeth are talking about their common and personal memories that they have about the Richard as they called him very intimately.

-the first day that I attended his class as the first year trainee psychiatry, was in the 1987

He started the lecture with the definition of psychiatry and emphasised that we should be very careful about the use of all these misnomers beginning with the prefix psych or psycho, like psychiatry, psychology, psychoanalysis, psychotherapy etc. all of them are talking about mental activities related to the brain activity. Whenever brain activity is not working in the normal range for an unacceptably long time as expected in the majority of the comparable group of people it could be called a disorder or in the foreseeable future a well defined disease. He

reminded us not to confuse psychosocial and environmental problems that are not diseases with mental disorders. He insisted that mental disorders are specific brain disorders that are highly heritable diseases that appear in the genetically predisposed people with or without any stress. On the other hand psychosocial and environmental problems are just human experiences that can never cause any mental disorders in the people that are not genetically predisposed regardless of the severity and duration of the stress or group of stresses. There are at least two points worthy of mentioning in the first session. The problem with the psychiatrically (mentally) disordered patients is that they are unable to handle and cope with these stresses even in their mildest forms, while the mentally healthy people who are comprising the majority of the general population, infants to the elderly, can handle and cope with the stress or stresses of life even in their severest forms.

Of course we should know that there are wide ranges of activities and responses in the both normal and abnormal groups that are qualitatively different from one another. The mental professionals of various specialties, the psychiatrists, the clinical psychologists, social workers and the occupational therapists, should help these mental patients to deal with those problems be it old or new, with the help of scientific psychotherapy rather than insisting on the so called Psychological schools which none of them was based on the basic scientific research methodology that was academically current in the psychological departments of the Freud time. Freud

called his own school metapsychology, because he was a sincere man, and it is quite apt to call all of them as metapsychological schools dealing with the life problems with no relevance to the brain disorders wrongly called mental disorders.

At this time Dr. Redford who was eagerly talking and trying to define and explain the terms reminded us that although these meta psychological schools were not academic psychology whether clinical or non-clinical but they were trying to deal with the mental activities stemming from the carnal dimension of the human nature basically sexual or aggressive instincts best exposed and described by Freud without censoring the presence of these facts in everyone regardless of being mentally sound or disordered. So the general notions rather than details of Freud's school and other metapsychological schools could be somehow useful in the practice of psychiatry, bearing in mind all the times that they are not science rather similar to the philosophy but of course of a very low quality in comparison to the most philosophical schools!. He regretted that these metapsychological schools had assumed mainly features of the sects and the adherents as Broad-minded!?. While calling the true scientific psychiatrists or psychologist called as narrow-minded!

Dr. Redford deemed it strongly necessary to touch about the academic parapsychological researches being conducted based on the strictest rules of scientific methodology by so many respectable and eminent and indeed in his opinion courageous scholars not anxious to risk their scientific credibility and prestige whether in the

past or that time. He firmly believed that proven parapsychological phenomena were clear signs of the existence of the spiritual dimension of the man that should not be confused with the mental activity whether in the normal or abnormal range which has been the subjects of the academic psychology or psychiatry ! and regretted that these two branches of science hypocritically pretended to be involved in these matters because they did know that the other academics or ordinary people were easily misled because of the misnamed prefix of psycho and psychic .

It is interesting that being absolutely scientifically unqualified in this respect they criticised and even despised the true scientists mentioned before in a funny gesticulation of pretending to be the sole advocates of scientific researches while at same time they were including extensive chapters on metapsychological schools in their textbooks even though they were quite sure about the lack of academic qualification of the majority of the founders of these sect-like schools and their total disregard in observing the basic rules of healthy reasoning let alone scientific method that they did not know. He was asking for a scientifically progressive psychotherapy, compatible with the progression in the neuroscience (that included the academic neuropsychology for sure.)

-Ed, you were not a talkative man, were you? I am sorry but all of us , Elizabeth and me know all about these things, and besides that it is very late and probably Elizabeth needs to rest.

-I am sorry, you are right.

Elizabeth thanks both of them for being so considerate but adds that it could be the best time to talk about some ignored things.

-Some ignored things? Asked Margret interestedly.

-That is quite right!but I did not want to raise it tonight, agreed Dr.Smith.

-Are we sure that the car accident was merely a mishap? who was the hit-and-run driver?what is the traffic police's report? and lastly where are the memoirs and other scientific papers of Richard and a play called psychotragedy that he was so serious about it that one day eight months ago told me-Lizzie, my love ,my dear confidante! I have to be alone to finish my memoirs and a play called psychotragedy, can you take Esther with yourself to your family in Canada, and stay there till I call you? Please don't tell this to anybody even to your mother and your three brothers. I did that for him and everybody was puzzled about that but I did not care that time and it is the same for me now that I might be glared at! because of his tragic death"said Elizabeth sorrowfully

-Bravo, I knew it! but what was so important for him to ask for such a thing? You were always the best adviser and inspirator to him.said Margret admiringly surprised!

-Well done, said Dr.Smith .And about the driver, he was found hanged in his room. He was a patient of Dr. Redford in the past. An individual with the schizophrenia, paranoid type. A suicidal note was found by police.He had asked for forgiveness from the Dr.Redford,s family.He had confessed that he had drunk excessively

when he heard about the demise of 'Queen mum' paused  
Dr.Smith

'so that file is closed'said Elizabeth bitterly disappointed.

'what do you mean Elizabeth?'asked Margret thoughtfully.

'she is right, but it is better to be prudent and  
patient!implored Dr.Smith emphatically!?

Both women looked at him unaprovngly dejected.

'Thanks for your co-operation and counsel  
ladies!'responded Dr.Smith rather gleefully?

'Ed,are sure, you are all right?'Asked Margret seriously.

'I am sorry, but remember that Dr. Richard's ideals and  
cause are the only things that matters,so we are not going  
to respond to anything else even if we are almost sure  
that the car accident was not purely accidental rather a  
premeditated one, executed by a repeatedly provoked  
paranoid patient "asked Dr.smith

'so you know many things!'Snapped maggie.Elizabeth  
was stunned, but quite impressed.

'What about the suicide note?' asked Elizabeth curiously.

'A fake hand writing' answered Dr.Smith with a heavy  
voice.

'So a murder case rather than a suicidal one'said Margret  
assuredly.

'I am afraid yes!'replied Dr.Smith very kindly.

Dr.Smith explained them that he received a phone call  
from someone called himself as a friend, without  
introducing himself to his mobile phone last night.He told  
him that there had been an angry reaction from the  
Dr.Redford towards some psychiatric colleagues in the  
social club of the hospital in the very same night that the

so called car accident happened. The caller was in the social club upset like everybody else after the news broke about the beloved the 'Queen Mum's demise'. Dr. Redford entered into the club lost in his thoughts. Ordinarily he had a known routine of ordering just a lager, but that night he downed two or three Scotches! and sat at the cosy corner of the club. An hour later three psychiatrists of the same hospital entered the club.

All of the sudden Dr. Redford stood up glaring at them, addressing the oldest one very angrily.

'If I had guts as that lady, I should have finished it up years earlier.' He was pointing to the picture of the Queen mum on TV screen. A sudden silence followed his remark. He left the club slamming the door. The phone was hung up. For your information the coroner has definitely verified that the drunk driver's death has been due to the suicide "he said

'but what about the fake note?' asked Elizabeth a bit confused.

'I asked a friend to do it for me, I mean to check and compare the hand writing with the victim's hand writing. It was an informal job!?' replied Dr. Smith, and asked them to contain themselves and trust him.

'So what are we going to do with this piece of information!' asked Elizabeth trustingly.

'absolutely nothing! we keep this to ourselves, so Dr.'s demise was just a car accident by a drunk mentally ill unfortunate person.' said Dr. Smith emphatically.

'OK, Detective-Inspector!' saluted Margaret with a cheerful wave.

'Edward,I noticed some thing when we were collecting Richard,s few personal effects in the hospital, whether in his bedroom or office.Yes,we were being watched all the time ,besides that I felt that our facial expressions and behaviour was much more important for them than the collected belongings.It is interesting that at the end they were puzzled but relieved for the moment!'said Elizabeth inquiringly.

'You are right they were looking for the Richard,s memoirs and play's rough draft!'said Margret confidently. 'Amazing,how do you know that the play was not ready?'asked Dr.Smith impatiently.

'A play is not ready until it is at least rehearsed once or described for players in a general way.I do not think Richard had yet passed that stage.'stopped Margret, tired and sleepy.The ladies retired to their bedrooms and left the Edward in the dining-room pondering on whether the main point was not being submerged by unimportant or at least emotionally-laden talk.He decided to sleep on the sofa,resting his mind and reading for a full official job and of course his serious personal commitment in the morning.

It is six o'clock in the morning , Dr.Smith showers quickly,and gets dressed.He makes a pot of very strong tea !for himself and have a typical English breakfast,yes the belly carries the legs.He repeats the proverb and recalls Dr.redford,s discussion of literature and proverbs particularly the English ones.He cautioned that they were merely folk wisdom and often contradictory!.He insisted that the dangers of basing our medical judgements just on



the common sense ,that is exactly the appealing trick that has been exploited to reverse the places of causes and effects in mental disorders ,and the public that are used to the type of reasoning mentioned in the acceptance of proverbs, that is simple,and easy common sense approach welcoming the untested claims of the metapsychological schools whether western or the eastern ones that are even much more in vogue.The only solution to these tricks would be to offer the bare facts

that is, the worldwide statistics and epidemiology published officially by the WHO at the end of each year.He was right, in the ancient times common sense was the only tool for reasoning but now the very same common sense bids us to benefit from the scientific method equipped with the state-of-the-art technology based on the bare facts mentioned above.So doing any research not observing the basic requirements of that, won't lead to any helpful results.At this moment Dr.Smith suddenly comes to himself ! shakes his head few times as if to get rid of the bygone memories.He knows the reasons for these recurring thoughts.It is half past seven ,he has wasted the precious time.He has got so many things to do.He picks a piece of paper and makes a list of practical priorities. the first one would be to check the local post office of the village just a mile from the Dr.Redfords hospital but it is not an easy and wise thing to do. Yes it is not safe.All of the sudden he starts cursing at his own stupidity!

'Ah,how could it have happened to him to neglect exactly the most important thing that he was looking for from the

very first moment that he was told about the car accident.'said to himself.

The last gestures of Dr.Redford were quite clear. The four crosses were indicative that the memoirs ,play's draft and the other papers were somewhere close to the chapel's wall cross of the hospital that Dr.Redford stayed there in the last few months of his life.

the first X stands for the prefix EX,the second one for the minster,the third one for the chaple and the last X for the cross.He was so busy and tired in the aftermath of the demise of the

Queen mum, and the tragic death now definitely a viciously premeditated murder of Dr.Redford by sacrificing an innocent Patient meticulously provoked and kept ready for the best time to come unleashing him with the scythe of death.Dr.Smith was well aware of the extent and the severity of the explicit and implicit motives and O.K,s that were behind the heinous crime.He paused for a moment and thought he had actually tried to forget the whole thing ,and that was the main reason not to mention the last gestures of Dr.Redford to Margret and Elizabeth.He closed his eyes and started praying to Lord.He knew that Dr.Redford had resolved to challange a very powerful institute ,that is the organized mental profession practically, and face to face,in the past few months. But why and how?what was the sudden motive to embark on such perilius endeavour which was already doomed to a total failure. Besides that, what were the contents of his memoirs and the play that were so dangerous and unbearable to the metapsychological and

metapsychiatric organisations, to react in a Cosa Nostra-like style?. He knew that millions of people with different educational and occupational backgrounds were benefiting from these highly profitable businesses. The psychomafiosi! were everywhere from a simple primary school child counsellor to the highest mental consultant. From a first year trainee psychiatrist to the eminent professor of psychiatry. So many people were involved in learning, teaching and practice of psychology and psychiatry.

In short so many writers comprising of textbook authors, playwrights, script writers, book best sellers, psychological and psychiatric writers, book publishers, film makers and so many other people were threatened, but it was not enough to commit that crime on a person who could not do any real harm to any one of them, so what was at stake?. Yes he was very much anxious about the safety of the Dr. Redford, s family and his own family. He was quite ready to forego every thing even ignoring the conspiracy that led to the murder of his mentor or losing the Dr, s memoirs or play for ever.

Back in his office, he tried to concentrate on his work and behave as if everything was back to normal. Actually he had decided to encourage the Elizabeth and Esther to go back to the Canada and down-play the murder just to a manslaughter committed by a drunk mentally deranged paranoid individual who himself was a victim of a devastating illness. Probably he should n't had told them about the fake suicidal note or it was necessary to make them more cautious because he knew that the

psychomafiosi were after the Dr,s papers. At this moment he felt that he himself was so overwhelmed with the whole affair of the past forgotten anger and disappointment to be of any practical help and real protection because he did not see any hope in true success in the method preferred by the Dr.Redford. He remembered that at the beginning of the decade of brain,early in the 90,s he had a very enthusiastic but polite arguement with his dear teacher to convince him that the progress of neuroscience would sweep all of the false informations and quackery with a single decisive stroke .

'My dear Edward I fully appreciate your firm belief in the final victory of the truth over falsehood but I am afraid that there are so many examples from the past and present time that are contrary to the sincere optimism of yours,not only in the field of medicine but in many other areas of human mental activities, you should never forget the evil side of the human , you should be well aware of the a great personal,group and the international interests both materialistic and non-materialistic that are involved and as you know the second ones are much more profitable and mostly the root-cause of the former ones.'answered Dr.Redford very kindly.

'But, may I ask you why are you trying for so many years,while you are not optimistic?'asked Dr.Smith curiously?

'A good question for my ownself ! so far I have found just one answer, god has created me with this temperament and I am so grateful to him, it is the greatest joy of my life.'answered Dr.Redford while shrugging his shoulders

gleefully. Then he continued 'Dr. Smith , as far as I am aware there is no supernatural mission or message on my part. That is the god's worldly design, it has been this way till now and we are insignificant part of it, I am absolutely an earthling creature of this magnificent but tiny god's planet.' Dr. Redford stopped quite composedly at this moment. Dr. Smith did know that there was no more any need to be curious.

So, Dr. Smith felt that it was not an easy job to forsake his own long cherished religious ideals.

He did know that he was tired and exhausted that day ,so he decided to put off all these thoughts to another time, but it seemed that he was going to be involved anyway and there was no practical escape from it!

'Dr. Smith, somebody is on the phone.' said his secretary, a bit surprised.

'Put it through please,' asked Dr. Smith .

'But he wants to talk to you on your mobile phone.' answered his secretary rather annoyingly.

'Ok, give him my phone number, please.' sensing some thing confidential.

'Dr. Smith, you do not know me. Could I have a word with you?' said the man with a husky voice.

'sure, but where and when?' asked Dr. Smith interestingly.

'Sometimes in London! next Saturday morning, I'll call you back. A buzzing sound finished up the quick conversation.' Dr. Smith was stunned but quite satisfied!. He had made his mind, fully prepared for the coming challenge he was positive that it was related to the Dr. Redford works . Yes he was determined to do

something. He knew that ignoring the whole cause would be meaningless, after all what would be the use of being just a virtuous Christian leading a decently successful family life, hoping to expect the victory of good over evil, without shouldering anything directly connected to the root-cause.

He finished his routine job laboriously, bidding farewell to his queer looking middle-aged secretary, leaving office and went straightaway towards the parking lot, got into the car, ignited it and drove away. He had decided to have just an excursion inside the city without having any particular plan. All of the sudden he noticed in the rear-mirror that a motorbike was unusually close to his left side, it sped and overtook his car as soon he became sure he was noticed! 'So the first clear caution conveyed. He was quite certain that a bigger story had started, it was not a regional one merely related to the personal envy or animosity of some colleagues rather a bigger things was at stake.

Dr. Smith decided to go somewhere that had given him the true religious comfort, and that was the local parish he was used to attend every Sunday with his family. He parked close to the usual Anglican church, and after watching very carefully into the three car mirrors, stopped the car and got out of that, locked the car and headed towards his desirable holy place. He entered into the church with the utmost respect that was to be duly paid. He did feel great at that moment, it could be 'Far from the Madding Crowd!' for him. Few scattered parishioners seated spiritlessly on

the different rows, listening to a very influential sermon of the Lord,taken from the fifth chapter of the Gospel according to Saint Matthew,verse 10!.Dr.Smith stunned by hearing those magnificent and synchronical words, went straight to a seat close to the aisle in the middle row to be with himself and his godfather John acknowledged his presence ,but continued with his sermon to the end .Dr.Smith closing his eyes ,praying and honouring the god ,that the priest gave him the Book of Common Prayer of the church of England!?!with a weird look.Dr. Smith smiled at him quite friendly and softly.

'Thanks John,'whispered Dr. Smith.

'Hellow ,Edward?'said the priest.Chapter seven,verse 29 ,finished very soon?. Father John wounded up a bit sooner,and asked the church-goers to leave. The attendants unsatisfied with the manner, that such a marvellous sermon was delivered by a duty-bound preacher!.

Everyone was leaving the aisle of the church,that suddenly Father John noticed that a strong young motor-biker in a total black fatigues-like dress reminding him of the paraphernalia worn by a gang of troublemakers so called easy riders.He was sitting motionlessly in the last seat of the last row close to the wall,leaning relaxed,watching everything.

'May I help you?'askded the priest ,While raising his tone in order to alert Dr.Smith of his presence.

'No thanks!'The stranger answered with still much stronger retort!?.

'That is alright!'It was Dr.Smith's time to respond,controlling himself not to laugh.

'father John I have a word with you,Please.'asked Dr.Smith quite respectfully.

'Let us go to my chapel.'said the spiritual counsellor to the Dr.Smith, and told him :come along with me!;

'I will be waiting for you as long asyou wish,sir,'said George! respectfully. Father John locked the chapel,s door,and stood there watching Dr.Smith.

'Edward,"John,'. the only words that were exchanged.

'They were of the same age around fifties. Born in the same street,brought up in the London,living in the same neighbourhood up to the age of 18 years old.They were both from a very religious families paternally and maternally,so in total intrafamilial and interfamilial cultural harmony within and without their friendship except for the heavy Alcohol drinking of Jonh's father. Both families belonging to the English church.They were typical boyish friends,that just could be found in the,:Tom Brown,s school days.:by Thomas Hughes.John became a churchman and Edward a physician.incidentally they both moved to the south-western part of England.

'Edward,I am terribly sorry.I know that loss of Dr.Redford meant a great things to you.He was a queer one!,like so many absent-minded professors ,probably he was a bit careless or even intoxicated that night!'Father John sounded faintly unemphatic?.

'John, let us pray for his soul and both of us!'Asked Dr.Smith very softly?!



Father John started praying while asking something else in his mind, and Dr. Smith sensing something else in his own mind, recalling the sincere advice of Dr. Redford not trying to change his religious temperament and accept all of his faith, without justifying them with the non-religious things, asking at the end to keep his religious questions between himself and The Lord. Dr. Redford did not call himself a religious man but was a firm knower, not a believer of the absolute presence of the great architect of the whole creation, survival of the soul

and reward and punishment, of course just in the life after death. But he cautioned about fallacy and quackery even in the best academic centres. Although he had the utmost respect, and acknowledged the veracity of the Swedish scientist Emmanuel Swedenberg's spiritual experience! but he could not scientifically verify his theory of correspondences?!. So he could just ascribe his 'Arcana coelestia' to the strong religious or mystical desire that he had for that way of hermeneutics. That was the reason, he so much emphasised on doing the atheoretical academic parapsychological researches under the same vigorous standards that are done in the physics, and depreciated any article that made any theoretical conclusion merely to show that a progress in science has been acquired?. He did not see any benefit in usual way of winding up the articles with discussion and conclusion sections, and presentation of the results seemed enough to him until the same research could be independently replicated quite verifiably with the state of the art technology. He had enumerated so many examples of such disastrous

conclusions that were so current in the academic texts and journals. Undoubtedly the worst notorious ones were in the fields of the mainstream psychology and psychiatry !? much stronger in the year 2002 than a decade ago?!.

Father John was praying just automatically without any spirituality that is inherent in all types of various existing world's religions whether in a very primitive tribal one or the highly sophisticated one like christianity?. He had never forgiven the influence of Dr.Redford on Edward, and his explanation that the psychology and psychiatry and so called metapsychological schools even metapsychiatric ones! with the possible exception of Sigmund Freud's who sincere enough confess his real intention and beliefs had intentionally refrained from doing a simple explanation or clarifying that the mere existence of the prefixes psycho or psychi, had produced so many misnomers like Psychoanalysis or psychotherapy and similar words and had nothing to do with the exalted beliefs or tenets of all so called religions ,including Anglicanism. But man could be a true and sincere knower of the real spiritualism(existence of God, souls survival after earthly death, angels, paradise, hell). Without believing in any religion as an institution and doing its rituals, it's temperamental (innately or to be scientific, genetically born personality features), the classical example were the differences that appeared between Sigmund Freud ,and his early disciple? Carl Gustav Jung, who was temperamentally a religious man,(his father was a pious clergyman, and eight of his uncles were clergy too!), while Freud was temperamentally a non -religious

man since his childhood from a business family, and his father was a wool merchant. Anyway Dr. Smith clearly remembered that Dr. Reford discussed about the verily sincere editorial by the Dr. George Carey, the highly intellectual archbishop of Canterbury, with absolute pure intent to the one of the two most respectable psychiatric journals of the world, The British journal of Psychiatry (the other journal is clearly, The American one) in May 1997 with Father John and was so regretful that the MOST REVD AND RT HON GEORGE LEONARD CAREY, did not receive any formal response as has been the policies of all psychiatric and psychological societies up to now and was sure, the Archbishop who was incidentally a self-made man from the same well-reputed ! neighbourhood of East End of LONDON, the place that both Edward And John were coming from, would be clarified with just few words that were as follows:

1) the prefixes psycho and psychi, are misplaced at the beginnings of the psychiatry and so are very misleading the only topics that are used in the academic psychological and psychiatric textbooks are about the mind and normal or abnormal problems or disorders that are dealt with psychologists (who are not medical) and psychiatrists (who are medical) professional respectively. Both scientific professional fields have agreed but not obeyed the formal definitions that are currently in use in the internationally accepted classifications of mental disorders that are ICD-10 of WHO and DSM-IV-TR of AMERICAN PSYCHIATRIC ASSOCIATION. the definitions of mind

or mental words that are used in these two basic books are quite similar and they are intended not to make abnormal functions of mind which are clearly shown to be the results of normal or abnormal brain functions confess with the personal, familial, social (including economical) problems of everyday life of both healthy and unhealthy people of all patients including mentally ill patients, the other point that has been clearly stressed is the strict advice that religious and recently non-classical spiritual experiences shouldn't be mixed up with mental disorders so the church has got a much greater responsibility to be aware of all these progression in neuroscience in order to give the best religious care of course after acquiring the absolutely deserved disillusionment that was mentioned but I am sure that the church won't get disilluded either by the individual members of these organisations and the governing bodies of them! as it so clear from the response of the such a prestigious journal which is the formal organ of the British psychiatric society and the same is true for the British psychological society and you can clearly imagine that the other similar worlds societies would emulate quite happily. These organisations have done this policy fully consciously and intentionally for the past century. You should not be very much upset to be the only target! Because they have done it to the women? philosophy, art, sociology, education, politics, economics, and actually are present everywhere even though that they knew their only job as mentioned in their clear definition of their only assigned role and limited knowledge. The only answer to the MOST REVD AND RT

HON.GEORGE

LEONARD

CAREY,DD,PhD,Archbishop of Canterbury.who is the source of honour for you EAST ENDERS like you and Edward is the power,prestige and for sure property.Or simply the individual and group interest that makes the strongest world-wide organisation that are in all imaginable overt and covert ways controlling very easily all the world ,much more powerful than all secret sinister organisation like Cosa Nostra or charitable society of masonry,because they have the strongest presence either in person or with the deeply rooted mentality that is the prevailing and unfortunately unchallenged one.The oldest and still the most successful trick that is cleverly used by these people is the totally false division of psychology and psychiatry into the non-existent biological,organic and recently neuropsychology and neuropsychiatry or neuroscience against dynamic ,humanistic or similar terms and raising absolutely a quackery of

mindless psychology and psychiatry against brainless ones and trying to confuse the thing while in real world there has been only one and always a single indivisible academic psychology and psychiatry,but it is interesting that so many clever and well-intentioned psychologists and psychiatrists have toiled to compile biological or recently neuropsychological or neuropsychiatric textbooks that every psychologist and psychiatrist know that are big unnecessary isolationist endeavors which in reality serve the plots of the actual designers mentioned above and they have the isolationist journals,and

gatherings(seminars,etc) that are so cheerfully ridiculed by the quacks that were so frightened at the beginning of the decade of brain,and now quite relieved and actually very assertive ,and most of the time aggressive and occasionally very insulting to call the truly responsible psychologists and psychiatrists as mindless people!.

This talk was in may 1998,exactly a year after the ostensible and apparent honour bestowed to the archbishop by printing his article as an editorial but leaving it unanswered!(which has continued up to now!?). and that was the reason that Dr. Redford asked me to arrange that meeting with the faint hope of conveying his clarification through that channel,of course after my persistent persuasion.and by this session Dr.Smith had become quite sure that his friend John did n't do the promise that he gave to inform the archbishop because we did not receive any message from him. The praying finished and Dr.Smith thanked Father John ,and apologised him because his friend was waiting for him ,so left the chapel and went towards the George who joined by another look-alike standing at the church's entrance door inside the hall.

'Sorry for the wait'

'No problems,that is our job sir?'answered George very politely.And continued we are ready to accompany you to our office.

'I am absolutely ready.'replied Dr.Smith ,he himself quite puzzled about his total willingness?

When the left the church ,Dr.Smith felt that he was under full protective measures so all of the sudden became

worried about the wives and children. George read his mind and told him that they were under much more protection and fully informed ?

'Sorry ,Dr. I am just a simple enforcement officer and you would possibly get the required answers over there in the office.' answered George quite seriously, and stopped talking looking through the rear view mirror, implying that no more talks was really necessary and advisable. Dr. Smith felt that a much more important affair was surely involved.

They entered the office and waited for a few seconds there when three superior officers came into the room. George left the room without a word. The newcomers were of the same age as Dr. Smith.

'we are sorry sir indeed, it should n't happen, he was under strict protection! for the last two months of his life. It was really an unavoidable accident not fully linked to a centralized determination.' told one of them quite sincerely.

'I gather that a local hate was involved.' Dr. Smith told them with respect and true conviction rather than trying to please them . The room's atmosphere was full of trust and just goal-directed.

'Dr. Redford did n't know about our protective measures, actually there was no need for that, and you are right that he lost his usual composure that night and they seized the excellent opportunity, it is clear that we are looking for the treasure ! that we have been told to find and nothing else!?' told the same official quite professionally.

'How do you know that he has left a treasure? every academic leaves some of his works!' said Dr.Smith

'Dr.Redford had contacted with several highly expert and influential academic and non-academic? circles in person when he travelled to London three months before his demise.He stunned every trusted circles who intensively evaluated his fully evidence-based verbal arguments,so he became

a very sensitive security issue both nationally and internationally!?'the official stopped to take a deep breath.Dr.Smith was just listening because he knew that no exaggeration had happened.

'I am so grateful to you,but you deserve to know something indeed,which changed the smooth process of our well-planned protective measures ,actually we did n't want to disturb the Dr.Redford,s precious scientific job.But all of the sudden he was introduced to a manager of a BBC TV channel who had a very strong and emotional revenge feeling against an academic psychiatric and psychological team work that all the time blamed his wife and he himself in the

causing the heroin addiction of their sixteen years old son that died in one of the several drug overdoses that he had had.So when he became scientifically assured by Dr.Redford evidence-based argument,he persuaded him to produce an excellent documentary series to broadcast the whole things, and that included those things that were so sensitive that were actually considered highly classified papers.Dr.Redford welcomed that exceptional proposal,because he did not see any practical support



from the other academic circles. We did know that he was far from finishing his full revelation job so we had to benefit from the strong motive and wait!

A short but very meaningful pause prevailed.

'We are looking for the Dr. Redford works!, what can you do for us?' asked the most senior one

'Everything, I guess that I know where they are?' answered Dr. Smith a bit anxious with an obvious feel of self-reproach.

'Don't worry sir, we are absolutely sure that the documents are still in their hiding-place.' the senior official told him quite reassuringly.

'I think they are in the hospital's chapel somewhere close to the wall's cross!' told Dr. Smith still not fully relieved.

'Be sure that they are there! everyone over that hospital is under the close surveillance, we have been pretending to be looking for the suspicious death of Dr. Redford so no one is willing to do anything unusual!?' and that includes searching and even talking about his memory?' the official stopped talking.

'So we can go there and pick them up.' Dr. Smith told them, now feeling much more relaxed.

'I am afraid it is not that easy and nobody should know about that, it should be a secret that the treasure has ever been found and after recovering them we would continue our regret and even effect the harshest disciplinary measures for the security service and those include all of us pointing to his colleagues.' he told laughingly.'

'But they know that they have n't got it?'asked Dr.Smith again feeling a bit inconvenient.

The official did not seem desirous to continue that type of talk!

'Our advice is to do your routine job sir,we will wait for a few more days and then get in touch with you.'he told that with full regard and seriousness.

Dr.Smith went back to his office,trying to behave as usual,being careful not to exaggerate!. He was expected to be properly responsive to the situations that had arisen.He did know that he was under keen eyes of the psychos!?.He felt tired and quite exhausted, but a very powerful and surprising motivation was present all the time . He was a true believer in god and now it was the proper time to emulate his beloved Lord in the search of truth without any worldly justification.Of course he knew that in contrast to the false and unscientific ideas that were prevalent about the true personality of the man and for sure the other animals?that had been implanted in the minds of both public and mental profession'the old medical view of inborn temperament which is the true personality rather than the character is definitely heritable and quite stable through the passage of life up to the end and if it changes in a person the clinician should become fully alert to look for the significant physical causes of severe head trauma , prolonged use of powerful toxins , non-therapeutic substances or various kinds of brain disorders.So he was fully sure that he was going to be the very same Edward that viewed the whole world affairs both seriously and at the same time playfully! since he

was a kid and went to the famous docks of their crime-ridden neighbourhood with his pal John few years before the 60,s that they began to shut down. So ,being sure that he just needed time to recover asked her secretary to bring him the outstanding paperwork.

'Any personal message from home or colleagues?'asked Dr.Smith with his usual intonation.

'No sir,but I don't know whether you have heard that the police came and searched the office and checked our computer very carefully.All of the discs were thoroughly inspected?'she was waiting for answer impatiently.

'Ah,no I did n't know that,did you check their search warrant?what were they looking for?'Dr.Smith asked quite puzzled!and indignantly.He deemed it necessary to do it that way!?

'I did not check their identity cards because they were accompanied by the head of our school's security ?'replied the secretary.

'When ?'asked Dr.Smith annoyingly.

'Two hours ago.'she answered ,but still with unsatisfied curiosity.Dr.Smith did know that the special branch of security was setting up the whole thing in order to confuse and control the local and central psychos or psychomafiosi.

'I dared to ask them what was the whole thing about,and whether they could give me a small bit of information or any clues that would probably make my advice and direction of any help to them.'said Mr.Phillip

'A very clever thing to do for knowing their search's purpose!'told Dr.Smith admiringly.

'Thanks for your appreciation, but it was of no use! they went on with their search and actually an air of dissatisfaction? created to the extent that made my presence a clear intrusion!' she said angrily.

Dr. Smith came back home, his wife Margret was waiting for him. Just ordinary talk exchanged. He really admired her witty and cooperative attitude as usual.

'Where are the others,' asked Dr. Smith.

'Elizabeth, took them to the swimming pool, as they had planned few days back.' she looked at her husband with such intuitive facial expression that conveyed the whole things both his thought and and feeling. Dr. Smith marvelled at god's creation of women!?. It reminded him of the admiration and firm acknowledgement of the Freud's brave and sincere confession not to be able to unravel the mystries of the female psychology after so many years of psychoanalyzing them calling them a closed book to the psychological inquiry or their adult sexual life, 'a dark continent' for psychology and stressing 'the riddle' of the nature of femininity. He had advised them that if they wanted to know more about the femininity, 'Enquirer from your own experience of life or turn to the poets or wait until science can give you deeper and more coherent information.' Dr. Redford regretted that the women comprising 50% of the population and being more than 90% of so called clients of the psychoanalysts were so clearly misinformed by them, even by the female psychoanalysts that included Anna Freud or Melanie Klein and the others. it is interesting that you can not find these Freud's views about the women psychology in any

of the psychomafia,s books or journals . Does not that show the extent of quackery? . it does not matter that Freud was right or wrong ,but what could be the justification of the concealment of the Freud’s incessant attempt to be of help for unravelling the sufferings of the half of the population. This is the reason that the absolute majority of mental professionals don’t know about Freud’s view that has had so many tragic consequences ,the basic one has been the terrible mistake of mixing up, the normal female psychological activities with the psychiatric illnesses which are heritable and clearly biological in nature like other brain disorder.

At this moment there was a phone call from the George asking Dr. Smith for a that visit in the hospital yard. So Dr. Smith went out of the home and saw George coming towards him. It was a nice sunny weather , a bit breezy, the flowers’ perfume had filled the air .George not wasting his time “Dr smith you have to take a few days off from your work and go to the London ,it should be for a an ordinary well justified excuse for your family and the medical centre , you should go by train as you have done in the past. Don’t show any to be in any haste , do it as usual , and don’t worry about the medical school and your other extramural activities . Although you would be alone in the train but you would not be alone at all, actually you and your family and Dr.Redford’s family would be in the same securely position . Don’t worry about the garden they would be explained and fully trained . he stopped and took a deep breath of the perfumed breeze.

When should I leave George ? asked Dr.Smith both puzzled and for sure excited, he had always been interested in the government secret service activities.

Tomorrow morning, early hour, the postman would deliver the leave permission and tickets to your apartment , the ladies are absolutely informed and ready to compensate for their blunders, anyway everyone has a duty to do the service for security and interests of his or her country and it should be considered just a job. George paused again people with brown ring would be everywhere including in the train and the Paddington's train station, they ask you how is George , tell them he's alright , my true name is not George!?. I am sorry Dr.smith but it would remain as George for you and our colleagues forever.

Dr.Reford was of strong and sincere conviction that Freud was a genius and sincere researcher of just one dimension of the human beings, including women,namely the carnal mental activity in the normal range without censoring his finding while even her daughter Anna freud,melanie Klein and Karen Horney and the other male or female Freudian or non-Freudian analysts or non- analysts (cognitive and others)not only concealed Freud's views on the normal female psychology!raised their own totally unrelated ideas to please public and experts alike.

Unfortunately Freud confused his marvellous findings of the normal mental activity of man(both male and female types) so called psychological problems with the abnormal ,heritable brain disorders so called mental or Psychiatric disorders and a terrible, tragic phenomenon

ensued that has harmed all of the normal and abnormal (pathological ,diseased) mental activities of man.

To give a very simple example a normal mourning process is so easily mixed-up with a depressive disorder or a clearly pathological (depressive disorder)mourning process and it is ascribed to a justifiable reaction to a loss of a loved one!.It is regrettable that although both of the classifications of the WHO (ICD-I0)and American Psychiatric Association(DSM-IV-TR) have neatly made the distinction between normal and abnormal activities but psychos and psychomafiosi!are comfortably heedless to them!?!both in the academic and non- academic circles.It is interesting that a joint effort is being effected by them about misinforming the public by confusing the demoralization(normal sadness and helplessness) of the majority of the populations of the earth

(both in the developed and developing countries)with the depressive disorders by giving terrifying but totally false statistics,because they have deliberately mixed those two entirely separate entities up in a concerted endeavour?,while every mental professional expert in WHO's mental section or in an academic mental service, unlike the ignorantly kept public or even non-mental academic specialist!,clearly knows the basic fact and actually the first duty of them is to distinguish between these two in order to prevent the untold tragedies of the past and present that happened and still happen everyday.The first entity is not a mental disorder rather is a life condition or problem due to the psychosocial and environmental stressors that never cause psychiatric or

mental disorders in the people who are not genetically predisposed ( actually we should know that there is no such thing as reactive or exogenous depressive illness versus endogenous depressive illness in psychology and psychiatry for the past twenty years,it is also true for all other mental illnesses or so called disorders) so it is an excellent opportunity for grasping and guessing the purpose of the psychos and the extent of their influence in any institute and organisation even in such worldwide and respectable organisation as WHO ?!

DEAR Margie ,how are the Elizabeth and Esther doing these days ,are they coming to terms with this tragic loss ,I know it takes time?'Dr.smith just started to break the unusual silence and Maggie was quite sharp to respond in a typical wife's chat?

'You know Ed,this is not the first time that they have had such tragic family loss ,and indeed when they lost Sharon the elder daughter of Dr.redford after so many years of severe illness they all could not bear it at all,and it was a really devastating stress for the Liza and of course Essie ,she was just nine years old .'said Maggie sorrowfully.

'And what happened to the poor Richard!'asked Edward a bit sarcastically.

'please do not start again after so many years!' said Maggie very seriously,and indeed Dr.Smith was quite successful in providing a truly spontaneous chat,and her dear Margie was not fully aware of the trick!she stood up a bit annoyed asked ED,whether he liked a cup of tea.

'Thanks Margie ,but I did not mean it.' said with an apologetic smile ,while followed her wife to the kitchen



,trying to hug her and kiss her neck but the angry process had already started and that smile was actually the worst thing to be done whenever they had a serious chat.

'You know Ed,I had always told you that your mentor and yourself were not really made for psychiatry!?' ,because you two were not dynamically oriented! you should know that Liza has been in total agreement with me and actually we have had a psychological marriage counselor for us.And I have advised her to go to her previous clinical psychologist and to take Esther with her, they both need to ventilate freely otherwise they might become depressed! ,I mean clinically depressed as we have been told by our counselors and the whole psychological and true psychiatric societies except you and your organic oriented late Dr.Redford that only relied on so called scientific epidemiology and statistics!?' that our counselor did not mention at all!'

'So what did they do in the sessions!?'asked Dr.Smith trying hardest to control himself not to reveal his regretful feeling that was suffering him for all these years, aroused once more.But he came to himself because a much more important thing was at stake so while he asked the Margie with the previous intonation quite carefully .

'And of course nothing has been discussed or hinted at about the Dr.Redford demise?'asked Edward very cautiously.

'Do not worry Ed,he is not interested in that matter ,actually he has always tried to ignore him very delicately.'she answered still calm but sounding triumphantly!?',which clearly meant that she herself had

always had done the same thing to the ideas of both simple-minded psychiatrists!

she poured another cup of tea for Ed, and all of the sudden her usual quick-witted facial expression returned to her face. But she continued her usual talk and picked up the boardmarker pen and wrote on the whiteboard. Not even in the last session! and continued while talking.

Dr. Smith wrote with another boardmarker pen. Excellent Maggie, do not worry and just do your job and write it on a piece of paper, and while thanking her in his usual voice pitch told Margret that he was going to his study to prepare for a lecture he was really going to deliver tomorrow morning, this time went closer to her and hugged her and kissed her back of neck.'

'I love you margie,' told from the bottom of his heart.

'I love you too Ed,' response was maddening for the poor and always a simpelson in loving !?

He did not want to accept the famous Japanese proverb so popular in the English language.

"Never trust a woman, even if she has borne you seven children!" because he was an honest man and was waiting to see ' what the science was able to offer a deeper and more coherent information.' as was the third suggestion of the sincere scientist Sigmund Freud to his female audience! recorded in his article: New Introductory Lectures and other Works." 1932-6. SE Vol. XXII, p. 134!?

He picked up a Psychiatric journal and trying to select an article to occupy himself with reading but was deeply anxious about his wife last reaction .It did not take more than ten minutes? a much longer time that should have

expected?.Margret entered the room quite perplexedly and guiltily.A two pages note in her hand? she wanted to say something and cry, that Edward jumped up and while embraced her lovingly ,whispered very kindly into her ear.

'I love you Margie,and do not blame yourself,nothing could happen everything is under surveillance ,be my dear companion as you have always been. I want you to be my beautiful witty counselor as always, alright.' Maggie nodded and just handed the note and left the study.

Dr.smith sat down on a seat and while holding the note in his hand closed his eyes for a few seconds as if he was readying himself for the unexpected information that he felt to be faced very soon,it was very clear to him that although the real worry of his pragmatic mind was the finding and preserving his dear mentor, works? but a host of pre and subconscious ideas and emotions were looming in his imagining mind, and on and off a very strong irksome feeling mixed with deep chilling frustration popped out and interrupted his usually well-organised train of his thoughts. He didn't want to take it but he couldn't deny it.He strongly felt betrayed!?. Opening his eyes at last? gush ! he had never used his intuitive mind as Jung beautifully had typified but this time he had done it absolutely perfectly.He read the note twice and thrice.He froze when there was no need for further hermeneutic job!?.Apparently ! Margret had been under the care of her clinical psychologist for the past few years,on monthly and sometimes weekly appointments.She had been encouraged for the more frequent sessions with the

pretext of working through the emotional upsets that her therapist thought would have been aggravated by the demise of Queen Mother which of course coincided with the car accident of the Dr.Redford!?. Margret had put down very clearly that he had quite calculatingly asked whether Dr.Redford had gained his consciousness and communicated with somebody, let's say her husband Dr.Smith or not, actually he had done it very delicately,particularly since the time Dr.Redford became a bachelor! again ,the therapist term when Dr.Redford asked her wife and sister to leave him alone and settled in the hospital to finish up his research.

The only thing that seemed not to had been apparently touched at the sessions,was the hiding place of the so called treasure!?. even that Edward was not quite sure.At this time the door's bell sounded,and Elizabeth with the two girls entered the apartment.The girls were so happy and lively that for a moment Dr.Smith decided to forget everything and to rely on the professionalism and expertise of the concerned authorities.

'Hello,Elizabeth and the ladies? how is everything,did you enjoy swimming?'asked Dr.Smith with a happy-go-lucky intonation!?. in order to calm the Maggie implicitly and downplay the whole thing,persuading her not to mention and raise the subject they were discussing, with the Elizabeth.Although letting them to forgo and forsake what they had done was a great,comforting favour indeed.Dr.Smith was looking at the Margret and Elizabeth on and off while pretending to read his favourite article in the British journal of psychiatry preparing for his

lecture. He was trying to convince himself with the firm beliefs that Dr. Redford had in the absolute majority of the respected academic psychologists and psychiatrists that were offering their best training, to relieve the psychological problems of their clients and to treat the psychiatric disorders (illnesses) of their patients respectively. But he knew that a powerful minority in the both groups of psychologists and psychiatrists were unfortunately in total control and the terms psychos and psychomafiosi were properly applied to them and Dr. Redford exemplified that to the presence of Mafia and Mafiosi in Sicily or elsewhere, that have brought so much infamies for the whole Sicilian and even Italian communities. But of course the absolutely qualitative differences between the criminal aims and activities of Mafia with the so called psychomafia could at best be mostly allegorical!, but at the same time it was crystal clear that the impact of the tragic consequences of the quack psychology and psychiatry in all aspects of the mental and spiritual endeavours and achievements of man in the last century is really insurmountable. The true and respectable academic psychologists and psychiatrists all know that there are absolutely no specific training in their academic curricula ! and so they are not qualified and entitled at all to express any pertinent views about religion, philosophy, art, sociology and education ( unless they are specifically trained for the educational psychology.). Dr. Smith recalled a Friday afternoon session that his teacher Dr. Redford was talking about the philosophy with so much enthusiasm because he

confessed in that very sincere and congenial chat, that one of his alternative intellectual escapade! from being too much scientific was to pick up the philosophical works and repeated the famous work's title of 'The pleasures of philosophy' authored by the American historian! Will Durant, to himself.

'who is your favourite philosopher, sir?' I dared to ask him.

'Lord Russel, I mean Bertrand Russel, can you believe that how many times I have read his beautifully written work 'History of Western Philosophy' since I was introduced to him by one of my cousin when I was just an adolescent. I know you have so many things to say about that work and other things that could be told about him as was written in the small book entitled 'Russel' by Sir Alfred Ayer, who was a friend of him for over thirty years. Dr. Redford sighed and paused for few seconds.

'The reason I raised the issue of philosophy was absolutely goal-directed and educational .

Philosophical way of mental activity is definitely in the normal range of mental faculty even though it does not observe the very basic and fundamental rules of an ordinary day to day rules that are required for the very existence and survival of man!. To quote Russel, s phrase in his introduction of the famous book mentioned above, '(philosophy) is something between theology and science.'

It is pleasurable and amusing and it does appear that man would continue to do it as long as he is at this level of brain evolution?. Anyway I am not an expert in philosophy and I have not received any basic training in

this regard and again I appreciate the Freud's sincerity in this regard that confessed that he did not know about philosophy even though it has been clearly mentioned in the famous but abridged single volume book of classical three volume work of Ernest Jones, 'the life and work of Sigmound Freud'chapter IV p-59 ,that when Freud entered to the university of Vienna in the autumn of 1873 at the age of 17,he took a glance at philosophy in Brentano's reading seminars. It is mentioned in that book that attendance at a three-years,

course in philosophy had been obligatory for medical students in Vienna since 1804,but was no longer so after 1872!?.He continued with the seminars on philosophy and added another course of Bretano's on Aristotle's logic.In summer semester, he still attended Bretano,s seminar once a week.So you can clearly see that although he followed up his personal interest in familiarizing himself with the general aspects of philosophy ,but he aptly confesses that he did know about philosophy which has got its fundamental features and long-term theoretical and technical training are required.That was the sincerity of the Freud, but you have seen that psychologists and even psychiatrists have so irresponsibly interferred in everything including the natural course of philosophical process with totally irrelevant and mostly tragical meddling both intentionally or unknowingly.I am really feeling a great regret to bring up the example of a truly humanistic

and warm-hearted religious and democratic man who was rightfully censured by the Lord Bertrand Russel in the

false approach that he opted towards the philosophy and religion .It is ironical that Russell himself was not entirely remained protected and immune in this regard!,when he was writing the second paragraph of the page 767 of his famous work 'History of Western Philosophy' which clearly indicates the poisonous impacts of comparing the outcomes of a purely scientific field namely physics which was the result of the strictest research experiments with the then latest available technology with the most absurd existing field that were ignoring all the silent and shocked academic psychological researchers who didn't know what to do with these dominant so called dynamic psychologists.The psychos and psychomafiosi not only omitted the distinct border between normal range psychology and philosophy which is the main nature and essence of making the philosophy so appealing and attractive they began to mix up and confuse the abnormal mental activities(mental disorders,or psychiatric illnesses) with the philosophy.

At this time Dr.Redford opened up a journal called American journal of psychotherapy and started reading the special section :The application of phenomenology to psychiatry! and psychotherapy??.page 159,vol.49,no.2,Spring1995.

At this time Margret came into his study and gave him an enclosed letter just delivered by the postman,addressed to him from the county's health centre.Dr.Smith was hesitant about opening the envelope that his mobile phone rang!.



'Good afternoon Dr.Smith,it is a great honour for us to have your family in the charity's garden party that is to be held in the hospital grounds that Dr.Redford lived in it on the next Sunday evening,the invitations sent to you half an hour ago,thanks.'the phone call finished.Dr.Smith sighed and smiled ,he clearly recognized the kind voice of his likable friend George.He opened the envelope .There were just four entrance cards with the neatly typed names and surnames for Margret,Florence,Elizabeth and Esther.It was clearly written that four cards could only be appropriated and very politely excused for that.Dr.Smith handed them over to the puzzled Margret.

'It does appear that the garden party is just for the women? what about our two other kids?'asked Maggie while she knew that small kids are naturally prohibited to be allowed to the mental hospitals,but her eyes were asking something else .

'Your are right dear Margie!'Edward nodded him cheerfully as usual.Margret left his study relieved that she hadn't done a real blunder!.Dr.Smith prepared himself to leave.After a short walk which he tried not to be in the empty lanes,entered the postgraduate medical school main building and got through the conference hall and passing through the aisle,greeting the fully packed hall with medical students.Standing before the podium,waited just for few minutes to start his lecture on time.

My lecture is about a subject that is directly related to the medical training of all medical specialities,nurses and in short the whole medical profession.The references are all included in the hand-outs that have been distributed to

you by the representative of the class when you entered the conference hall. The most solid evidences are for sure the existing real statistics and scientific epidemiology that have been meticulously gathered from around the world by the different fully independent researchers unaware of each other and easily computerized and then replicated randomly to prevent any ,sorry to say, misguidance as had been ,and regretfully better to say still continues to misinform the public and experts by producing false information to justify whatever they intended. The reason that the statistical and epidemiological evidences are the most reliable evidences ,I think is clear now to everyone. At this moment one of the medical students in the front row raised his hand and stood up.'

'Professor! we are in the last year of OUR medical training, and we know that the title of your lecture is 'there is no such thing as psychosomatic medicine, and it is for first time that we have heard such a strange thing! so it is very easy to conceal all the real statistics and epidemiological facts!?' he sat down quite seriously.

'You are absolutely right my young colleague!' Dr. Smith still satisfied to hear that at least from the mouth of somebody else rather than talking to himself.

Anyway you can check various related textbook and compare them with one another. The important thing that you should know that there is a trick called biopsychosocial pretext for including so called psychological factors (various stresses of life) or poor socioeconomic factors as the causative factors in addition to the biological factors, take for example the causes of the

atherosclerosis of coronary arteries in the valid internal medicine texts you can find out that the psychological factors(e.g. stress) or socioeconomic factors have been all omitted ,while we know that these factors are important for the afflicted patients but not as the causes of the atherosclerosis ,so we can not do the algebraic addition of the involved factors that are present and the same is absolutely true for the so called mental disorders(actually specific brain disorders which are highly heritable ) in fact without being genetically predisposed to these mental disorders nobody develops any of them.Dr.Smith finished his lecture and since he was in hurry apologized the student and left the hall.He was thinking about Dr.paul Williams ,the young dedicated member of the psychiatric ward who passed his specialty exam with the highest mark in the UK and Dr.Smith succeeded in employing him since few months ago,he was the best trainee psychiatrist that he had had .He guessed to find him in the library which was a rather small one in the hospital's yard.He entered the library and as usual the young ,tall big build but very beautiful librarian ,Miss Newman was surrounded by young senior registrars!who were eagerly asking for old journals that took quite a while to be found?.Any way Miss Newman and all trainees greeted him respectfully.'I wonder whether you know Dr.Williams and is he here at the moment?'asked Dr.Smith from Miss Newman.The answer was positive and Dr.williams was found in a corner of library. They came out of library and Dr.Smith told him that he had to

go to the London and asked him to cover him in his absence.

Dr. Williams answered him that it was a great honour for him and wished him the very best of success.

'Thanks, I might be able to keep in touch with you, I am not sure?' Dr. Smith told him farewell and left the library. A very handsome young Dr. was laughing with the Miss Newman it was a chat full of life?.

Dr. Smith headed towards his car through taking a lane which led to the car park. He sensed to be heavily under surveillance and protection. He got into his car and ignited the engine recalling the Mafia's blowing up the rivals in spite of the all precautions. He laughed to himself and repeated the very famous quote of to be or not to be that is the question? And drove away towards high street to buy the necessary items that deemed required for his tomorrow's trip. It was Thursday's evening and the ladies were supposed to attend the charity garden party on Sunday evening so he searched for some suitable things to present them to the four ladies

It was early in the morning, everywhere was dark, Dr. Smith got up from his bed and showered quickly before he got dressed. It was twenty-five to six, he had to hurry. He picked up his small suitcase and telephoned a taxi at the same time. He was intending to breakfast on the train that the door opened and Maggie entered 'Breakfast is ready.' Kissed him lovingly. The breakfast unfinished, the door's bell rang. Dr. Smith showed her, the ticket, 'Don't worry it's a return one, jokingly quite upbeat and unknowingly excited, it was absolutely a

mystery to himself why was such feeling passing inside his mind.

Sitting in the first class compartment ,he was greeted by three gentlemen of different ages. All of them wearing the brown rings.They asked him about George!Dr.Smith noticed that two other similar persons were passing alternatively in a very irregular order ? for sure they were not trying to show themselves as sentries. Dr.Smith closed his eyes and tried to nap.Now it was time to get out of the train,Paddington station arrived.The older of the three told him ,Sir just call the taxi ,and nothing more.

-ok. The taxi driver being a middle aged person after asking about George started talking from the past and the sightseeing of the City.Entering the Kensington high street ,passing in front of the Hyde park ,he stopped opposite to the Princes Gate,or to be more accurate at the 36 Kingston House East,Princeces Gate.

SW7 1LP. Dr.Smith was greeted by the old building information guard and three other persons, one of them older than the other two,they all asked about George. The servant said was led to a flat at the 6<sup>th</sup> floor of that Victorian residence renovated up to the limit not to do any harm to the beautiful architecture of that edifice indeed. It was a one bed room cosy place opposite to the pleasing scenary of the Hyde park,the building security guard told Dr.smith that ‘ Sir I have got the honour to be your special butler ! ‘and he showed him a ring button . ‘I am at your disposal at any time.’and he left the room . the senior security officer ‘Sir ,we are always staying in the opposite flat ,he explained in full how to be cautious,and I am

afraid there is no need for you to leave the flat up to the tomorrow morning at 10 am sharp, and always stay far from the entrance door, you can find the most amusing books to read in the small library which is in the bed room, please keep in touch with us at any time, as many as you like, but do it the way I told you sir.' By the way don't lock the door with big bolt or the smaller switch-like one, we will lock the door from outside and we are the one that open the door, so whenever the butler comes just call us, even my superiors that probably you know their voices are not entitled to open the door!?. they left the flat and locked the door and once checked it not to be bolted by mistake. Dr. Smith went to the bed room to lie down for few minutes and to look at the books in the small shelf over there, suddenly he noticed the Dr. Redford, s philosophical favourite book the history of western philosophy, it was old and torn a bit!?. He picked it up and yes it belonged to his. He could recognize both the book and the precious annotations he had made on different parts. He became surprised of himself, he could not help crying!?. for few seconds. He was curious to ask the senior officer or to wait, but he contained his emotion and tried to sleep. Few hours later the door was opened and the butler followed by the officers came in to the flat, and the officer apologized a lot, butler put the tray on the table. It was one of the best afternoon tea that Dr. Smith had had in his life!?. 'We specialize in afternoon teas over here! while grinning rather than simply laughing which was enough for him!?. It was clear that the senior officer was a bit impatient. Butler left. 'I've still got several

hours, work to do,'He sighed. I am afraid the schedule has changed we have to leave here exactly one hour from now sir ,please eat your afternoon tea as much as it seems sensible ,I don't want you to be hungry at all ? I ,m extremely sorry to say that sir,the audience of His Royal highness is tonight.we ,I'll. be back in exactly fifty minutes from now.'they left the flat and locked it from outside .Dr.smith showered them ,perfumed himself , and ate his afternoon tea.He was so happy and excited that a Shakespearean poem could describe his thoughts and feeling,actually his whole earthly and spiritual existence at that forty five minutes ,he could guess something ,and the mentor's book so timely and intelligently placed there was only second to the bible placed by the Gideons in the hotels!?.It had become unbearable to him when the door opened and after receiving his perfect grade from the senior officer! They left the flat and the old but beautiful building

'Dr.Smith ,I took the professor to the audience ,he was exactly like you ,actually he wept a lot to the palace ,we tried to comfort him,but we were not very successful overall .Anyway His Royal highness ,liked him very much from the very first minutes ,of course we left the hall and the Royal Highness study ,the audience took for several hours ,three hours more than the pre-planned appointment ,all of the other schedules were cancelled.'He sighed again ,probably he was expecting a worse (longer) one !?

'I'm sorry officer but I can't promise you ,I ,m sure it is crystal clear.'told him Dr.Smith.

‘I understand that, be comfortable and helpful, we are staying here up to the morning.’ He was as serious as a royal guard should be. The great hall’s door opened and Dr. Smith was faced with his earthly wish since his childhood. The door was closed behind him and while he was really frozen at the sight before him, his beloved Crown Prince came towards him with his Royal countenance, that was much more compassionate than Dr. Smith had seen on the silver screen many years ago and now are broadcast on TV.

‘Not bothered you, for sure?’ told Dr. Smith to the senior officer, while being elated and laughing from the bottom of his heart, he felt that never any earthly things, even his dear mentor had brought him such joy and happiness, actually he had suffered a lot being with him and sharing his scientific life, but all of the sudden he came to himself that even this exceptional, incredible audience that happened to himself was absolutely indebted to that dear man, and became so ashamed of himself, and prayed the Lord to grant him a true condescendence.

‘Dr. Smith could I possibly ask you, such conspicuous up and down, you can call me now Peter or even Pete sir.’ Said the chief officer. We leaned so much from the professor although he didn’t like that title, a asked about that the answer was that from the official academic degree he was just an assistant professor which was clearly his own fault both for himself, his family and the scientific purpose that he was pursuing, from the other side he called himself no more than a teacher that loved to be and it was a very sensible idealistic justification behind



that because he had to compromise with many things to be accepted to higher degrees is that right ,’asked Peter when they were on the way back to their residence.

‘Yes Peter he was quite right ,actually I am a clear example that by justifying many things including accepting myself in the so called biological or organic trap of the divisions produced by the psychos and pschomafia that for sure the teacher had explained it for you,that it is for decades that they deceive the true academic psychologists and psychiatrists and now they do it with the addition of the prefix of neuro to make neuropsychology and neuropsychiatry and many other words in order to put them aside from the main stream and to get rid of them and as I confessed to you the majority of the psychologists or psychiatrists quite knowingly accept this totally deceptive and unscientific division and you can see the best example before yourself. Administratively I have got the highest possible position in my university and if the demise of Dr.Smith had not occurred I was going to get a higher academic degree that is,associate professor at the end of 2002.So to answer your question of up and down is very easy,I forgot myself that I owe him the reason that I got the audience! for sure Dr.Redford tried not to confused the psychological problems of man the with mental disorders that as you know now, are recognized specific brain diseases that are highly heritable ,and have got strictly scientific diagnostic criteria both in the WHO’s classification ICD-10,1992 and world-wide acceptable American psychiatric association’s classification of DSM-

IV-TR –2000 both supported with just pure statistics and epidemiological studies gathered from all over the world and now fully backed –up with the state-of- the-art brain imagers,biochemical instruments and the most important one the incredible progress in the genetic science which incidentally most of the diseased genes are connected to the brain diseases whether artificially called neurological or psychiatric which have got the difference only in the size of damage which is present. In addition there is a sizeable percentage of these so called neurological patients that develop mental diseases years before developing the neurological disease which is the principal cause of the so called psychiatric and at times psychological referrals of patients to the causality department wards,the typical ones are the so called hysterical patients mostly young female teenagers with pathological seductive behaviour that are brought to the wards mostly at midnight and frequently giving a history of so called emotional encounter with fiancé or if married with their mostly female in-laws which as I am telling you they are mostly justified but express it in a diseased way both in their mind and behaviour. Dr.Redford was quite careful not to confuse the normal range of mental activity and at the same time not to miss the mental diseases whether primary or secondary to the other lesions in the brain tissue itself or from diseases out side the brain,for example under or over activity of the thyroid glands which are so common among young ladies and so easily can cause psychological problems or mental disorders and as it is common, a combination of both.The

problem which was produced during the past one hundred years , was the result of the incredible ,false generalization of the normal range of mental activities with the aforementioned brain diseases with a very high heritability confused and contaminated by the one of the most talented scientific geniuses of his time ,that is professor Sigmound Freud !?just because of first, his aversive tendencies towards learning and practicing medical profession!?! (to be a traditional physician) and his fantastic and incredible credulity to believe the patient's life histories and abandoning the very basic scientific methodology of unraveling any problems including the mental ailments of the so many people either called just emotional ,psychological or mental diseases.His loyal Welsh student (trainee) The Ernest Jones has compiled the most exhaustive and detailed biography of his really beloved master which is a classic in its own right in a three-volume book that has been edited and abridged by Lionel Trilling and Steven Marcus in one volume .You can read on page 56,from the last paragraph:Freud had a very orderly mind(and also orderly habits),and his power of organizing a mass of facts into a systematic grouping was truly remarkable; his command of the literature on the subject of childhood paralyses,or on that of dreams,is one example alone of this.But on the other hand he rather spurned exactitude and precise definition as being either wearisome or pedantic; he could never have been a mathematician or physicist or even an expert solver of chess problems. He wrote easily, fluently, and spontaneously,and would have

found much rewriting irksome. On the last paragraph of the page 57 we read that: science then meant, as it still does to many people, not only objectivity but above all exactitude, measurement, precision, all the qualities in which Freud knew he was lacking. On page 53 we read that :to medicine itself he felt no direct attraction. He did not conceal in later years that he never felt at home in the medical profession, and that he did not seem to himself to be a regular member of it. On page 54: After forty-one years of medical activity , my self-knowledge tells me that I have never really been a doctor in the proper sense. I became a doctor through being compelled to deviate from my original purpose.....Dr. David. Stafford-Clark who was Physician-in-charge of the Department of psychological Medicine and director of the York Clinic at Guy's Hospital, and was also consultant Physician of the Bethlem Royal and Maudsly hospitals, and of the institute of psychiatry of the university of London, until his retirement in 1974 , has published a very precise book entitled , What Freud Really Said , actually in favour of Freud in order to clarify his sincere sayings rather than the distorted ones attributed to him. On page 173: He believed that people could be trained and should be trained to practice psychoanalysis as a distinct discipline, quite independent of medical qualification. On page 173: Freud took up two positions which he steadfastly and resolutely maintained. The first was that psychoanalysis was primarily a branch of psychology and not of medicine . His second point arises as a logical consequence of this, namely that the proper practice of

analysis can be acquired only by a particular training, which in itself was not inherent in the existing disciplines either of medicine or psychology, as they then were. Freud ,s own statement on this was succinct and rigid: I lay stress on the demand that no one should practice analysis who has not acquired the right to do so by a particular training whether such a person is a doctor or not seems to me immaterial.

We have to know that Freud did not called his hypothesis as an academic psychological school taught in the universities based on the then vigorous scientific methodology rather called his own 22school as a metapsychology ,not based on the scientific method at all and was highly speculative and philosophical, there were no boundaries between normal range of mental activity ,let say ordinary anxiety or suspiciousness and severe ,irrelevant anxiety or paranoid delusions and that was, one of the reasons that even laypersons could treat a patient with severe depression or mania provided that he or she had undergone a psychoanalytic training preferably a personal analysis. The other point that is really amazing is the concerted efforts that has been done and still vehemently pursued ,and that is about the Freud's views about female mental life that comprises the fifty percent of human population and probably 80-90% of the referrals to the psychoanalysts . It is interesting that even Freud's daughter Anna Freud and other male or female psychoanalysts have completely omitted Freud views which were so sincerely confessed on many occasions, and you can never find them in the general or specialized

books or anywhere else!?. Dr. David Stafford –Clark has quoted the main points from the Standard Edition of Freud works .On page 161, Freud’s conviction: women were almost a closed book to psychological inquiry. On the same page :after all the sexual life of adult women is ‘a dark continent’ for psychology...On page 164 :the envy of penis remained for Freud an inseparable condition of unconscious female sexuality. To this he ascribed what he regarded as woman’s relatively undeveloped sense of justice ,itself related to the predominance of envy in her mental life. Finally ,on the same page he advised: If you want to know more about femininity ,enquire from your experience of life,or turn to the poets, or wait until science can give you deeper and more coherent information.So as you can see these are the results of the Freud,investigations obtained during analysis of so many different women at the various stages of their life during a nearly forty years of listening and analysis of them. I wonder what do these so called analysts deal with the women that refer to them or how do they explain his views when they are asked.

‘Dr.Smith ,it is really incredible and at the same time puzzling for me how they have managed to deceive the women’s community as a whole for probably more than ninety long years!?. And they do it so comfortably,without any remorse or shame!.’ Peter told Dr.Smith in a very indignant way. It was quite late in midnight and they decided to recline on the sofa to sleep. But Dr.Smith was quite curious for a question. Peter had guessed that “Yes sir ,I am not only a securityman but

one of the personal confidant to His Royal highness for about thirty long years almost persistently with absolutely some periods of intermission out of bare necessities . Dr.Smith prayed the Lord for his grace that after so many years of lonely and at times disloyalty to his teacher he had received a peace of mind both spiritually and earthly. He reclined and slept the way that he had never experienced in his life!

These two newly found friends both got up with the lark,so temperamentally similar at least in the sleeping pattern ,and showed so many similar rational judgements in the past twenty four hours which would probably promise a really cemented friendship for future. After being served an excellent breakfast.Peter told Dr.Smith that they had an appointment with a combined group of scientists that all were the best in their own fields and were enthusiastic to listen and exchange their scientific knowledge rather than their biases or presupposed indoctrination. Dr.Smith was more than happy to hear such marvellous proposition. They went out of their Victorian residence with the full observation of security measures deemed necessary. It was Saturday morning of London and as usual it had its distinctive features of that unique metropolitan city that reminded the very apt remark of Samuel Johnson to the imagination of Dr.Smith ,himself a native Londoner.:When a man is tired of London ,he is tired of life. The gathering was so spectacular for Dr.Smith that he was absolutely stunned. The level of the scientists present in the session was really incredible ,it seemed that the ad hoc commission was

determined to investigate the whole thing and for good! .A group of twelve people received him with utmost respect and the eldest one asked him to be seated in a very comfortable armchair.The hall's door was closed and a special system of monitoring and recording audiovisually started to operate.The coordinator addressed Dr.Smith that the commission would not be temporary rather a fully organized one that could stay permanently and persistently. He told that Dr.Redford participated in that commission once and an unforgettable scientific impact has survived for all of the members of the commission .Actually it could be likened to the total disillusionment that could happen once in a life span of a lucky scientist.I personally feel so satisfied that it is ineffable for me to explain it.We are all agreed that a totally new system of mentality should prevail the world which is so completely at variance with the all current styles

of intellect that we are really confused how to begin with .So the reason that we have asked to meet you, it is just about the practical aspect of the implementation of the knowledge that has been elucidated. We did get the opportunity to meet Dr.Redford just once for few hours on the Saturday 23March 2002 one week before his demise. On that day we were urgently recalled from different quarters to attend a session that we were quite unaware of its contents.I am sure that all of us got at least that opportunity to meet that sage! .He himself was fully unprepared so the only thing that he could do was to provide us with a precious list of all the topical subjects



and of course the references! .A dedicated young computer expert was brought from the Cambridge ,actually demanded by him to search whatever he presumed required . At that time it seemed rather queer that why he was so anxious and vigilant ,but later on when he was lost so tragically we all recognized that he took the best economical and pragmatic decision with the least amount of squandering of his time and energy . He asked us to question him the specific things that we thought were unclear and in that way he produced the invaluable references and even documents that we could not believe to be accessible! At this moment Dr.Smith became somehow impatient?.The coordinator felt that, so a short explanation appeared to calm and pacify the rather hasty progress of session. Dear sir Dr.Redford had come to London for the collection of some information or meeting some of his old friends and possibly influential contacts because he was determined to finish up the job.Incidentally he met with a manager of the one of the BBC, TV channels that was just mourning the loss of his teenager lad due to the overdose of heroin. He was blamed by the treatment team comprised of a clinical psychologist and a so called dynamic psychiatrist for negligence, that was repeated by his wife who was herself a case of major depression strongly under the suggestions of her personal clinical psychologist who is a famous author ,a lady who shot up to celebrity with just a book entitled Depression.That book was first published in1983, won the Mind Book of the year award and was one of the best sellers of that year. Her motto is :The cure

for depression is wisdom, not pills. We can probably call her with her initials .D.R has written an introduction to a book by two like authors entitled making us crazy.She asserts that the DSM is an American invention for use by American psychiatrists.Why should it concern us here in Britain?She confirms the remarks of those two authors that a growing tendency has appeared in our society to medicalize problems that are not medical,to find pathology where there is only pathos,she says....In Britain this tendency is not a new growth .It was well established when Henry Maudsley.....Then she says that the body of literature questions the validity of concept of schizophrenia,is huge.It is interesting to know that she came to England from Australia with her son following her divorce and got a therapeutic job !with the NHS! from the 1968 up to the 1986. D.R moved to Lincolnshire to establish and head the Lincolnshire department of clinical psychology.! She appears regularly in TV and radio and Phone-ins. Actually she is the most popular of her kind in the UK. D.R says that my particular interest has been depression.The patients said that the way I describe depression ,as arising out of the way we see ourselves and interpret the world has been proved valid for them and provided a means whereby they could leave the prison of depression.They found that the psychiatrist's explanation that depression is caused by a gene or a 'chemical imbalance of the brain did not accord with their experience!?.Why do psychiatrists cling so tenaciously to the belief that there are such things as Mental illnesses!?. Which have a physical cause ?Is it not simply that this is

the assumption which makes possible the existence of their profession?...The profession of psychiatry is maintained because it has two roles, and the second role is necessary to the body politics, the state. They also have a duty to the state to help maintain public order! .Anyway the connection that culminated to our present session was started by that TV channel manager and he even convinced the Dr.Redford to prepare and organize just the general scientific framework of a TV play called psychotragedy that professor had in his mind for several months in order to demonstrate the whole things in a way that could be easily and widely conveyed .we are pretty sure that Dr.Redford has done that actually the ad hoc commission is an example of that !.He had asked for a coordinator that in addition to being a general psychiatrist had the following specializations being a child psychiatrists with full knowledge of child developmental milestones neurocognitively who was overall familiar with the ICD-10 and DSM-IV-TR 2000.He gave us a list of eleven members of experts in different specialties he did not give any name. The first thing that of course was required ,the coordinator without any doubts was to be absolutely free thinker and reputed to be quite independent in his way of teaching and just a sincere conveyer of their evidence-based knowledge that was obtained through a wider group of similar experts and acceptable in the academic textbooks of for example Oxford and Cambridge. That needs a bit explanation .He gave an example that although there are so many things about for example depressive disorders that we know are

present in the New Oxford textbook of psychiatry 2000 that could range from fairy tales to the evidences got through the state-of-the-art specially if replicated were to be placed before any one of the members of the 12-member commission to choose just one and there were no way of preserving the others, whether that expert was a philosopher or a literary critic he could select the one required for the furtherance of knowledge of man and uninterrupted course of new discoveries or if a very sensitive job with a so called instantaneous red button decision making was involved. Anyway the Royal degree was at our disposal and of course everything was arranged in the most secretive way as was demanded by professor and it was for sure quite unnecessary and strange. But the security branch that was liable brought us from being lax at any time and we are very happy that they were so serious and uncompromising. The whole operation that is related to this group has hopefully remained in our heads. No outsider person, wife, or anyone else knows about us. We know that the situation about the Professor's wife and your wife is different but from the time that you boarded your train you have joined our group. At this moment Dr. Smith feeling a more familiar atmosphere, confessed to the group that even professor's wife and his own wife actually betrayed both teacher and his student by attending the very same psychological sessions that were so many years distinctly censured on the basis of evidence-based knowledge that were offered to them., and Dr. Smith was pretty sure that these sessions would continue besides that there is a multitude of ways so

called alternative ways both old and new although could be useful for other purposes but have assumed the roles of similar quackeries (Yoga,™ and fashionable western institutes are meddling in academic psychology and for sure in medicine as a whole and especially in psychiatry ).as you mentioned D.R has been a powerful counselling model for hundreds and thousands to either stop the prescribed medications or not to use them whole – heatedly or to refer to a psychiatrist to begin with.The coordinator tried to have a bitter smile but quite in vain .During all this dialogue the other members were just listening or taking their private notes . Dr.Smith could clearly understand that how a very seemingly ordinary mandate for the poor chaps had ensnared these eminent and descent scientists.All of the sudden he recalled the two?odes of the greatest lyrical poet of Persia,namely Hafiz quoted by Sir Percy Sykes in his famous book a history of Persia ,translated from Persian language by Cowell.It is at the beginning of his Divan or collection of odes.:Hither,hiter,O cup-bearer,hand round and give the cup,For love at first showed easy,but difficulties have come.There was such a sharp laser-like grasp among the members of the commission that they all sighed and laughed.The coordinator thanked Dr,Smith and told Dr.Redford gave them two hand-outs,and told the first step in any kind of exchange of information for sure necessitates that the language of communication ,including each individual word should be clear for the persons involved .In the academic matters it is a must.Unfortunately in the field of psychology and

psychiatry it is not only poorly observed that intentionally a deliberate endeavour has been done that the reverse direction becomes the accepted norm. For sure you have heard that we can not define normality or giving a definition of mental disorder but the DSM and fully backed by ICD are a thorn in the eyes of psychos , because they have disproved those claims. Dr. Reford advised the commission to be realistic with false terms that are in use and just have a clear and practical purpose at this stage of science actually his experience had shown that psychomania welcomes such things and has done so many thing in this regard. So the most important step was reading a two-page hand –out of definitions .To begin with word psycho or psyche as a prefix to so many combination words he had given a very practical way that are commonly in use but it is absolutely impossible for any member of this commission to be deceived from that night onwards. Whenever it is mentioned about the academic psychology or psychiatry it is crystal clear that metapsychology of Freud and the other similar mental activities are different lets say ,at this moment the coordinator started to laugh and became surprised of himself in doing that. Dr. Smith nodding his head addressed the group that the second hand –out could have been for sure an incomplete list of basic consensus references that his teacher had to back up his remarks. But as I told you with the help of those two odes I am pretty sure that you have reached to a conclusion that in addition to theoretical problems that people were not allowed to be clear about different but seemingly similar subjects why

the majority of male sex and I am afraid to say all of the female sex either do not understand these simple things or they do like to be deceived consciously or unconsciously. I don't know whether Dr. Redford told you that reading about Freud pulled him towards psychiatry, and he esteemed him a lot and always admired his personality, and genius and was really surprised about several points. He regrets that while uncovering of the carnal part of man was probably not possible without his innovation and he himself called his school a metapsychology and didn't see it as branch of medicine but whatever that he discovered were all in the normal mental range of all human beings and confusing, or contaminating normal range was very strange thing for him and credulity that he was so famous among his inner circle of followers could not account for all this tragic mistake. It is a well-known fact that he did not like medicine and actually was strongly loath to that and although he had a very orderly mind and also orderly habits, but on the other hand he rather spurned exactitude and precise definition. These are all clearly mentioned by his loyal autobiographer Ernest Jones. So Dr. Redford thought that another probable answer to the mixing and confusing of metapsychological problems of the people who referred to him with the mental disease was his total abandonment of basic rules of medicine, that is taking an active history both personal and familial ones and doing a general or if deemed necessary a neurological exam. As we know that as a great neurologist that he was even a medically motivated observation of patients that are

usually accompanied by leading positive so called these days comorbid personal and family histories could very easily show him that these people were quite different from the first group and had some kind of tissue or cellular disease within their brain and they were familial or as we are quite sure now, passing through a genetic process even though as all other human beings could be suffering from the ubiquitously Freudian metapsychological problems with of course a difference that the presenting picture to the professor Freud was not as expected and depending on the severity and type of the mental disorder whether be a severe depression or a moderate schizophrenic one if the brain disease was present. Dr. Redford was talking about Freud in a way that only made him so much regretful, he repeated for several time that the value of his metapsychological finds in the normal range just for explanation of an important aspect of the most naked non spiritual mental life of man should not be ignored at all and advised us to read the one volume biographical book of Ernest Jones, abridged from his three volume classic not only to learn so many things about the activities of the Freud as a first analyst, but most importantly to learn the greatness that he showed to lead his life through a terrible disease of cancer and his love for furthering whatever he sincerely believed to be of help for so many mentally diseased people that he mistakenly thought to be just the continuation of their normal mental activity. Yes Freud was a great writer deservedly the winner of another giant namely Goethe's award, but we have to confess that besides his knowledge in neurology



that had made him one of the best of his kind and of course an incessant introspective analysis of so many people in a span of forty years which he aptly and sincerely called metapsychology we can very easily see that he didn't know about the other subjects of familiar religions and being atheist could not be an excuse or even a worse one ,he didn't know about ancient history ,anthropology,and the basic principles of literary criticism .He had a peculiar idea about the philosophers which he quoted and actually gave the exact reference of it.On page 588 of his fully loyal and reliable student ,Dr.Ernest Jones ,book of the life and work of Sigmund Freud ,Dr.Eitingon who was a follower of Freud sent him a small book by the Russian philosopher Chestov, of whom Eitingon was a friend and admirer.Freud said he got through it in one reading, but without being able to discover the author's attitude.'probably you can not imagine how alien all these philosophical convolutions seem to me .The only feeling of satisfaction they give me is that I take no part in this pitiable waste of intellectual powers.philosophers no doubt believe that in such studies are contributing to the development of human thought,but every time there is a psychological or even a psychopathological problem behind them.' Here the coordinator paused for a moment and then said the reason I am relating these things as I told at the beginning of the session is for recording and now I have to add that we are all shocked and since we did not have another oppourtunity to talk to the professor and that session was a very incomplete one we do have to repeat everything and be hopeful to get more information

from you and to do something. Otherwise we have checked all of the references .So I continue this job. Dr. Redford was in favour of the Russell's philosophy of logical analysis if he was asked for his taste or the way that the Will Durant's book called The pleasures of philosophy pictured ,otherwise the way that he looked at philosophy was like so many other mental activity that the creator has given man to enjoy and it is quite in normal range of mental activity .It is clear that an individual philosopher could have metapsychological problems, or psychological discomforts and clearly to have psychiatric(actually cerebral) illness. The same thing also could be said that a philosopher could have serious parapsychological(psychical or metaphysical )questions and bewilderment. But you see that our dear Freud that has worked just on carnal facet of the man and has undoubtedly done the best job and no one else dared to do that but has tragically and for sure irrelevantly generalized his metapsychological discoveries to the whole range of man's mental activities and founding the unfortunate tradition of removing the boundary of a healthy functioning brain from an unhealthy one by ignoring the qualitatively distinguishable differences between myriad types of sometimes queer looking ideas but all of them within a normal range of mental activity with the easily recognizable mentally disordered ones even if the subject being about construction of e.g. a simple table ,but in a clearly disordered sequence with no plausible explanation as within abnormal range of mental activity ,you very easily guess that that the history of

psychotragedy exactly dates back to the Freud's masterpiece of the interpretation of dreams in 1900 that now we can safely read and enjoy but are well aware that it is so imperfect because it is just within the very limited range of Freud's metapsychological formulation and avoiding e.g. other metapsychological speculations of C.G.Jung or parapsychological explanation of some dreams ,of course not those telepathic studies that Freud did and shelved for ever. So we can see that even with all these unfortunately established misnomers like psychology psychiatry ,psychoanalysis or psycho therapy we can differentiate between them if once and for all a concerted effort whole-heartedly began and pursued for a reasonable of time first for the academic circles and then for the public as whole . As you now the very same confusion and actually contamination that was mentioned for philosophy was created by our dear Freud and has had unfortunate results have been created for sociology,art,literature,notably literary criticism,e.t.c. And now I want to quote you a definition that in addition to be really comforting!and beautiful ,specially after that very tiring above discussion is quite wise and healthy from the pen of a dedicated son of the England. Here I would like to confess that I am very fond of Russell's logic among the various categories of his philosophy his philosophy of logic that is quoted unfairly by Sir Alfred Ayer, as a friend of Russell's for over thirty years in his book entitled Russell, on page 35 ,second section on Russell's philosophy of logic ,and starts the discussion with the motives for logical construction and writes: For all that the

contemporary philosophers owe to him, Russell, conception of philosophy is old-fashioned! .But I like it and it is not older than the Catholic's church preference! Lord Bertrand Russell's introduction to his famous book of History of Western Philosophy as overall an authoritative and consensual definition of philosophy which is teaching a lesson when compared with the view of non-expert Freud that has happened during the past century :The conceptions of life and the world which we call 'philosophical' are product of two factors: one, inherited religious and ethical conceptions ;the other, the sort of investigation which may be called 'scientific' using this word in its broadest sense. Individual philosophers have differed widely in regard to the proportions in which these two factors entered into their system, but it is the presence of both, in some degree, that characterizes philosophy. 'Philosophy' is a word which has been used in many ways, some wider, some narrower. I propose to use it in a very wide sense, which I will try now to explain. Philosophy, as I shall understand the word, is something intermediate between theology and science. Like theology, it contains speculations on matters as to which definite knowledge has so far been unascertainable ;but I like science, it appeals to human reason rather than an authority!?, whether that of tradition or of revelation. All definite knowledge-so I should contend belongs to science; all dogma as to what surpasses definite knowledge belongs to theology. But between theology and science there is a no Man's Land, exposed to attack from both sides ; this no Man's Land is

philosophy. There is an excellent point in a simple but quite helpful book called *Philosophy made simple* by Richard H. Popkin, ph.D and Avrum Stroll, ph.D; London 1972. In the sixth chapter which is devoted to the logic. It is rightly mentioned that in the logic which is probably the most basic branch of philosophy all kinds of mental activities like learning, memory and imagination etc are not discussed. The only kind of intellect that is considered and discussed is reasoning. There is another difference that psychology deals with the course and processes of individual intellectual while the logician is interested to the reasoning or inference itself and does not care about the particular ways of thinking that people are used to. But it's interested to the formation and regulation of the logical rules that whether they are observed or not. So again you can see that we are dealing with two fields that hold diametrically opposed views. Dr. Redford sighed for a few seconds and then said it is of no surprise to see the atypically of both philosophy and psychology or better to say psychiatry or a mixture of both or all three that had confused the lord ! I mean Russell on page 773 of his above book: I find great intellectual difficulties in this doctrine. Of course Russell was not aware that in this particular case the benevolent William James was suffering from bouts of depression that Freud had so carelessly generalized to the majority of the philosophers. It is very interesting that while his father had exactly similar psychotic depressive episode, in 1894 James became the first American to call the attention to the work of the then obscure Viennese physician Sigmund

Freud and in 1909 though ailing, he went to Clark university to meet Freud and to hear him speak. It is interesting that James knew that Freud had forgotten or better to say forsaken medicine and genetics that all were so evident in the tragic lives of William James and his father. As we know William James passed away one year later in the 1910. It is probably ironic! To know that James had written his two volume psychological work entitled the principles of psychology in 1890 somehow in the metapsychological vein, that when read by the true academic psychologist Wilhelm Wundt said: 'It is beautiful, but it is not psychology.' Lord Russell has written about James in his above work: 'In later life he was, as he deserved to be, the recognized leader of American philosophy. It is interesting that my dear Lord did express his non-expert view on a subject that was not his expertise, most probably the result of the very same story that we all know, namely the psychotragedy. In the first paragraph of the page 766, Professor Russell writes: 'He was led by the study of medicine to the consideration of psychology; his great book on the subject, published in 1890, had the highest possible excellence.' At this moment the silent members of the commission couldn't contain themselves and after a strong boo, all stood up and gave a minute of total silence and then a five minutes standing ovation to the memory of a great man so unfairly crucified. Dr. Smith could not stop the trickle of the tears on his face. The coordinator called for order and said 'It is not bad to know that we have got a well-organized, prestigious body called The association

for the advancement of philosophy and psychiatry (AAPP) formed in 1989. AAPP plans monograph-The first of which is philosophical perspectives on psychiatric Diagnostic classification (the John Hopkins university press) ,published in 1994. The first issue of journal ,philosophy psychiatry and psychology (PPP) which was co-sponsored by the British philosophy group of The Royal Colledge of Psychiatrists in May 1994.

Dr. Williams answered him that it was a great honour for him and wished him the very best of success.

‘Thanks, I might be able to keep in touch with you ,I am not sure?’ Dr. Smith told him farewell and left the library. A very handsome young Dr. was laughing with the Miss. Newman it was a chat full of life?.

Dr. Smith headed towards his car through taking a lane which led to the car park. He sensed to be heavily under surveillance and protection .He got into his car and ignited the engine recalling the Mafia’s blowing up the rivals in spite of the all precautions. He laughed to himself and repeated the very famous quote of to be or not to be that is the problem? And drove away towards high street to buy the necessary items that deemed required for his tomorrow’s trip. It was Thursday’s evening and the ladies were supposed to attend the charity garden party on Sunday’s evening so he searched for some suitable things to present them to the four ladies

IT was early in the morning, everywhere was dark, Dr. Smith got up from his bed and showered quickly before he got dressed. It was twenty-five to six, he had to hurry .He picked up his small suitcase and telephoned a

taxi at the same time .He was intending to breakfast on the train that the door opened and Liza entered 'Breakfast is ready.' Kissed him lovingly.The breakfast unfinished ,the door's bell rang .Dr.Smith showed her ,the ticket , 'Don't worry it's a return one ,jokingly quite upbeat and unknowingly excited,it was absolutely a mystery to himself why was passing inside his mind.

Sitting in the first class compartment ,he was greeted by three gentlemen of different ages. All of them wearing the brown rings.Dr.Smith noticed that two other similar persons were passing alternatively in a very irregular order ? for sure they were not trying to show themselves as sentries. Dr.Smith closed his eyes and tried to nap.Now it was time to get out of the train,Paddington station arrived.The older of the three told him ,Sir just call the taxi ,and nothing more.

-ok. The taxi driver being a middle aged person started talking from the past and the sightseeing of the City.Enntering the Kensington high street ,passing in front of the Hyde park ,he stopped opposite to the Princes Gate,or to be more accurate at the 36 Kingston House East,PrincesGate,|London

SW7 1LP. Dr.Smith was greeted by the old building information guard and was led to a flat at the 6<sup>th</sup> floor of that Victorian residence renovated up to the limit not to do any harm to the beautiful architecture of that edifice indeed. It was a one bed room cosy place opposite to the pleasing scenery of the Hyde park,the building security guard told Dr.smith that ' Sir I have got the honour to be your special butler ! 'and he showed him a ring button . 'I



am at your disposal at any time.’and he left the room . the senior security officer ‘Sir ,we are always staying in the opposite flat ,he explained in full how to cautious,and I am afraid there is no need for you to leave the flat up to the tomorrow morning at 10 am sharp,and always stay far from the entrance door ,you can find the most amusing books to read in the small library which is in the bed room ,please keep in touch with us at any time ,as many as you like,but do it the way I told you sir.’ By the way don’t lock the door with big bolt or the smaller switch-like one ,we will lock the door from outside and we are the one that open the door ,so whenever the butler comes just call us,even my superiors that probably know their sounds are not entitled to open the door !?.they left the flat and locked the door and once checked it not to be bolted by mistake.Dr.Smith went to the bed room to lie down for few minutes and to look at the books in the small shelf over there ,suddenly he noticed the Dr.Redford ,s philosophical favourite book the history of western philosophy,it was old and torn a bit!?.He picked it up and yes it belonged to his.He could recognize both the book and the precious annotations he had made on different parts.He became surprised of himself ,he could not help crying!?.for few seconds.He was curious to ask the senior officer or to wait ,but he contained his emotion and tried to sleep.Few hours later the door was opened and the butler followed by the officers came in to the flat ,and the officer apologized a lot ,butler put the tray on the table .It was one of the best afternoon tea that Dr.Smith had had in his life!?.’We specialize in afternoon teas over

here! while grinning rather than simply laughing which was enough for him!?.It was clear that the senior officer was a bit impatient.Butler left .’I’ve still got several hours, work to do,’He sighed. I am afraid the schedule has changed we have to leave here exactly one hour from now sir ,please eat your afternoon tea as much as it seems sensible ,I don’t want you to be hungry at all ? I ,m extremely sorry to say that sir,the audience of His Royal highness is tonight.we will be back in exactly fifty minutes from now.’they left the flat and locked it from outside .Dr.smith showered ,perfumed himself , and ate his afternoon tea.He was so happy and excited that a Shakespearean poem could describe his thoughts and feeling,actually his whole earthly and spiritual existence at that forty five minutes ,he could guess something ,and the mentor’s book so timely and intelligently placed there was only second to the bible placed by the Gideons in the hotels!?.It had become unbearable to him when the door opened and after receiving his perfect grade from the senior officer! They left the flat and the old but beautiful building

‘Dr.Smith ,I took the professor to the audience ,he was exactly like you ,actually he wept a lot to the palace ,we tried to comfort him,but we were not very successful overall .Anyway His Royal highness ,liked him very much from the first minutes ,of course we left the hall and the Royal Highness study ,the audience took for several hours ,three hours more than the pre-planned appointment ,all of the other schedules were cancelled.’He sighed again ,probably he was expecting a worse (longer) one !?

‘I’m sorry officer but I can’t promise you ,I ,m sure it is crystal clear.’told him Dr.Smith.

‘I understand that,be comfortable and helpful ,we are staying here up to the morning.’ He was as serious as a royal guard should be..The great hall’s door opened and Dr.Smith was faced with his earthly wish since his childhood.The door was closed behind him and while he was really frozen at the sight before him,His beloved Crown Prince came towards him with his Royal countenance,that was much more compassionate than Dr.Smith had seen on the silver screen many years ago and now are broadcast on TV.

‘ Not bothered you ,for sure?’told Dr.Smith to the senior officer ,while being elated and laughing from the bottom of his heart ,he felt that never any earthly things ,even his dear mentor had brought him such joy and happiness, actually he had suffered a lot being with him and sharing his scientific life,but all of the sudden he came to himself that even this exceptional ,incredible audience of himself was absolutely indebted to that dear man,and became so ashamed of himself ,and prayed the Lord to grant him a true condescendence.

‘Dr.Smith could I possibly ask you ,such conspicuous up and down ,you can call me now Peter or even Pete sir.’ Said the chief officer. We leaned so much from the professor although he didn’t like that title ,a asked about that the answer was that from the official academic degree he was just an assistant professor which was clearly his own fault both for himself ,his family and the scientific purpose that he was pursuing,from the other side

he called himself no more than a teacher that loved to be and it was a very sensible idealistic justification behind that because he had to compromise with many things to be accepted to higher degrees is that right ,’asked Peter when they were on the way back to their residence.

‘Yes Peter he was quite right ,actually I am a clear example that by justifying many things including accepting myself in the so called biological or organic trap of the divisions produced by the psychos and pschomafia that for sure the teacher had explained it for you,that it is for decades that they deceive the true academic psychologists and psychiatrists and now they do it with the addition of the prefix of neuro to make neuropsychology and neuropsychiatry and many other words in order to put them aside from the main stream and to get rid of them and as I confessed to you the majority of the psychologists or psychiatrists quite knowingly accept this totally deceptive and unscientific division and you can see the best example before yourself. Administratively I have got the highest

possible position in my university and if the demise of Dr.Smith had not occurred I was going to get a higher academic degree that is,associate professor at the end of 2002.So to answer your question of up and down is very easy,I forgot myself that I owe him the reason that I got the audience! for sure Dr.Redford tried not to confused the psychological problems of man the with mental disorders that as you know now, are recognized specific brain diseases that are highly heritable ,and have got strictly scientific diagnostic criteria both in the WHO,s

classification ICD-10,1992 and world-wide acceptable American psychiatric associations classification of DSM-IV-TR –2000 both supported with just pure statistics and epidemiological studies gathered from all over the world and now fully backed –up with the state-of- the-art brain imagers,biochemical instruments and the most important one the incredible progress in the genetic science which incidentally most of the diseased genes are connected to the brain diseases whether artificially called neurological or psychiatric which have got the difference only in the size of damage which is present. In addition there is a sizeable percentage of these so called neurological patients that develop mental diseases years before developing the neurological disease which is the principal cause of the so called psychiatric and at times psychological referrals of patients to the casualty department wards,the typical ones are the so called hysterical patients mostly young female teenagers with pathological seductive behaviour that are brought to the wards mostly at midnight and frequently giving a history of so called emotional encounter with fiance or if married with their mostly female in-laws which as I am telling you they are mostly justified but express it in a diseased way both in their mind and behaviour. Dr.Redford was quite careful not to confuse the normal range of mental activity and at the same time not to miss the mental diseases whether primary or secondary to the other lesions in the brain tissue itself or from diseases out side the brain,for example under or over activity of the thyroid glands which are so common among young ladies and so

easily can cause psychological problems or mental disorders and as it is common, a combination of both. The problem which was produced during the past one hundred years, was the result of the incredible, false generalization of the normal range of mental activities with the aforementioned brain diseases with a very high heritability confused and contaminated by the one of the most talented scientific geniuses of his time, that is professor Sigmund Freud! Just because of first, his aversive tendencies towards learning and practicing medical profession! (to be a traditional physician) and his fantastic and incredible credulity to believe the patient's life histories and abandoning the very basic scientific methodology of unraveling any problems including the mental ailments of the so many people either called just emotional, psychological or mental diseases. His loyal Welsh student (trainee) The Ernest Jones has compiled the most exhaustive and detailed biography of his really beloved master which is a classic in its own right in a three-volume book that has been edited and abridged by Lionel Trilling and Steven Marcus in one volume. You can read on page 56, from the last paragraph: Freud had a very orderly mind (and also orderly habits), and his power of organizing a mass of facts into a systematic grouping was truly remarkable; his command of the literature on the subject of childhood paralyse, or on that of dreams, is one example alone of this. But on the other hand he rather spurned exactitude and precise definition as being either wearisome or pedantic; he could never have been a mathematician or

physicist or even an expert solver of chess problems. He wrote easily, fluently, and spontaneously, and would have found much rewriting irksome. On the last paragraph of the page 57 we read that: science then meant, as it still does to many people, not only objectivity but above all exactitude, measurement, precision, all the qualities in which Freud knew he was lacking. On page 53 we read that :to medicine itself he felt no direct attraction. He did not conceal in later years that he never felt at home in the medical profession, and that he did not seem to himself to be a regular member of it. On page 54: After forty-one years of medical activity , my self-knowledge tells me that I have never really been a doctor in the proper sense. I became a doctor through being compelled to deviate from my original purpose.....

Dr. David. Stafford-Clark who was Physician-in-charge of the Department of psychological Medicine and director of the York Clinic at Guy's Hospital, and was also consultant Physician of the Bethlem Royal and Maudsly hospitals, and of the institute of psychiatry of the university of London, until his retirement in 1974 , has published a very precise book entitled , What Freud Really Said , actually in favour of Freud in order to clarify his sincere sayings rather than the distorted ones attributed to him. On page 173: He believed that people could be trained and should be trained to practice psychoanalysis as a distinct discipline, quite independent of medical qualification. On page 173: Freud took up two positions which he steadfastly and resolutely maintained. The first was that psychoanalysis was primarily a branch of

psychology and not of medicine. His second point arises as a logical consequence of this, namely that the proper practice of analysis can be acquired only by a particular training, which in itself was not inherent in the existing disciplines either of medicine or psychology, as they then were. Freud's own statement on this was succinct and rigid: I lay stress on the demand that no one should practice analysis who has not acquired the right to do so by a particular training whether such a person is a doctor or not seems to me immaterial.

We have to know that Freud did not call his hypothesis an academic psychological school taught in the universities based on the then vigorous scientific methodology rather called his own school as a metapsychology, not based on the scientific method at all and was highly speculative and philosophical, there were no boundaries between normal range of mental activity, let say ordinary anxiety or suspiciousness and severe, irrelevant anxiety or paranoid delusions and that was, one of the reasons that even laypersons could treat a patient with severe depression or mania provided that he or she had undergone a psychoanalytic training preferably a personal analysis. The other point that is really amazing is the concerted efforts that has been done and still vehemently pursued, and that is about the Freud's views about female mental life that comprises the fifty percent of human population and probably 80-90% of the referrals to the psychoanalysts. It is interesting that even Freud's daughter Anna Freud and other male or female psychoanalysts have completely omitted Freud's views



which were so sincerely confessed on many occasions, and you can never find them in the general or specialized books or anywhere else!?. Dr. David Stafford –Clark has quoted the main points from the Standard Edition of Freud works .On page 161, Freud’s conviction: women were almost a closed book to psychological inquiry. On the same page :after all the sexual life of adult women is ‘a dark continent’ for psychology...On page 164 :the envy of penis remained for Freud an inseparable condition of unconscious female sexuality. To this he ascribed what he regarded as woman’s relatively undeveloped sense of justice ,itself related to the predominance of envy in her mental life. Finally ,on the same page he advised: If you want to know more about femininity ,enquire from your experience of life,or turn to the poets, or wait until science can give you deeper and more coherent information.So as you can see these are the results of the Freud,investigations obtained during analysis of so many different women at the various stages of their life during a nearly forty years of listening and analysis of them. I wonder what do these so called analysts deal with the women that refer to them or how do they explain his views when they are asked.

‘Dr.Smith ,it is really incredible and at the same time puzzling for me how they have managed to deceive the women’s community as a whole for probably more than ninety long years!?. And they do it so comfortably,without any remorse or shame!.’ Peter told Dr.Smith in a very indignant way. It was quite late in midnight and they decided to recline on the sofa to sleep.

But Dr.Smith was quite curious for a question. Peter had guessed that “Yes sir , I am not only a securityman but one of the personal confidant to His Royal highness for about thirty long years almost persistently with absolutely some periods of intermission out of bare necessities . Dr.Smith prayed the Lord for his grace that after so many years of lonely and at times disloyalty to his teacher he had received a peace of mind both spiritually and earthly. He reclined and slept the way that he had never experienced in his life!

These two newly found friends both got up with the lark,so temperamentally similar at least in the sleeping pattern ,and showed so many similar rational judgements in the past twenty hours which would probably promise a really cemented friendship for future. After being served an excellent breakfast.Peter told Dr.Smith that they had an appointment with a combined group of scientists that all were the best in their own fields and were enthusiastic to listen and exchange their scientific knowledge rather than their biases or presupposed indoctrination. Dr.Smith was more than happy to hear such marvellous proposition. They went out of their Victorian residence with the full observation of security measures deemed necessary. It was Saturday morning of London and as usual it had its distinctive features of that unique metropolitan city that reminded the very apt remark of Samuel Johnson to the imagination of Dr.Smith ,himself a native Londoner.:When a man is tired of London ,he is tired of life. The gathering was so spectacular for Dr.Smith that he was absolutely stunned. The level of the scientists present

in the session was really incredible ,it seemed that the ad hoc commission was determined to investigate the whole thing and for good! .A group of twelve people received him with utmost respect and the eldest one asked him to be seated in a very comfortable armchair.The hall's door was closed and a special system of monitoring and recording audiovisually started to operate.The coordinator addressed Dr.Smith that the commission would not be temporary rather a fully organized one that could stay permanently and persistently. He told that Dr.Redford participated in that commission once and an unforgettable scientific impact has survived for all of the members of the commission .Actually it could be likened to the total disillusionment that could happen once in a life span of a lucky scientist.I personally feel so satisfied that it is ineffable for me to explain it.We are all agreed that a totally new system of mentality should prevail the world which is so completely at variance with the all current styles

of intellect that we are really confused how to begin with .So the reason that we have asked to meet you, it is just about the practical aspect of the implementation of the knowledge that has been elucidated. We did get the opportunity to meet Dr.Redford just once for few hours on the Saturday 23March 2002 one week before his demise. On that day we were urgently recalled from different quarters to attend a session that we were quite unaware of its contents.I am sure that all of us got at least that opportunity to meet that sage! .He himself was fully unprepared so the only thing that he could do was to

provide us with a precious list of all the topical subjects and of course the references! .A dedicated young computer expert was brought from the Cambridge ,actually demanded by him to search whatever he presumed required . At that time it seemed rather queer that why he was so anxious and vigilant ,but later on when he was lost so tragically we all recognized that he took the best economical and pragmatic decision with the least amount of squandering of his time and energy . He asked us to question him the specific things that we thought were unclear and in that way he produced the invaluable references and even documents that we could not believe to be accessible! At this moment Dr.Smith became somehow impatient?.The coordinator felt that, so a short explanation appeared to calm and pacify the rather hasty progress of session. Dear sir Dr.Redford had come to London for the collection of some information or meeting some of his old friends and possibly influential contacts because he was determined to finish up the job.Incidentally he met with a manager of the one of the BBC, TV channels that was just mourning the loss of his teenager lad due to the overdose of heroin. He was blamed by the treatment team comprised of a clinical psychologist and a so called dynamic psychiatrist for negligence, that was repeated by his wife who was herself a case of major depression strongly under the suggestions of her personal clinical psychologist who is a famous author ,a lady who shot up to celebrity with just a book entitled Depression.That book was first published in1983, won the Mind Book of the year award and was

one of the best sellers of that year. Her motto is :The cure for depression is wisdom, not pills. We can probably call her with her initials .D.R has written an introduction to a book by two like authors entitled making us crazy.She asserts that the DSM is an American invention for use by American psychiatrists.Why should it concern us here in Britain?She confirms the remarks of those two authors that a growing tendency has appeared in our society to medicalize problems that are not medical,to find pathology where there is only pathos,she says....In Britain this tendency is not a new growth .It was well established when Henry Maudsley.....Then she says that the body of literature questions the validity of concept of schizophrenia,is huge.It is interesting to know that she came to England from Australia with her son following her divorce and got a therapeutic job !with the NHS! from the 1968 up to the 1986. D.R moved to Lincolnshire to establish and head the Lincolnshire department of clinical psychology.! She appears regularly in TV and radio and Phone-ins. Actually she is the most popular of her kind in the UK. D.R says that my particular interest has been depression.The patients said that the way I describe depression ,as arising out of the way we see ourselves and interpret the world has been proved valid for them and provided a means whereby they could leave the prison of depression.They found that the psychiatrist's explanation that depression is caused by a gene or a 'chemical imbalance of the brain did not accord with their experience!?.Why do psychiatrists cling so tenaciously to the belief that there are such things as Mental illnesses!?

Which have a physical cause ?Is it not simply that this is the assumption which makes possible the existence of their profession?...The profession of psychiatry is maintained because it has two roles,and the second role is necessary to the body politics,the state.They also have a duty to the state to help maintain public order! .Anyway the connection that culminated to our present session was started by that TV channel manager and he even convinced the Dr.Redford to prepare and organize just the general scientific framework of the psychotragedy that professor had in his mind for several months in order to demonstrate the whole things in a way that could be easily and widely conveyed .we are pretty sure that Dr.Redford has done that actually the ad hoc commission is an example of that !.He had asked for a coordinator that in addition to being a general psychiatrist had the following specialization's being a child psychiatrists with full knowledge o f child developmental milestones neurocognitively who was overall familiar with the ICD-10 and DSM-IV-TR 2000.He gave us a list of eleven members of experts in different specialities he did not give any name. The first thing that of course was required ,the coordinator without any doubts was to be absolutely free thinker and reputed to be quite independent in their way of teaching and just a sincere conveyer of their evidence-based knowledge that was obtained through a wider group of similar experts and acceptable in the academic textbooks of for example Oxford and Cambridge. That needs a bit explanation .He gave an example that although there are so many things about for

example depressive disorders that we know are present in the New Oxford textbook of psychiatry 2000 that could range from fairy tails to the evidences got through the state-of-the-art specially if replicated were to be placed before any one of the members of the 12-member commission to choose just one and there were no way of preserving the others, whether that expert was a philosopher or a literary critic he could select the one required for the furtherance of knowledge of man and uninterrupted course of new discoveries or if a very sensitive job with a so called instantaneous red button decision making was involved. Anyway the Royal degree was at our disposal and of course everything was arranged in the most secretive way as was demanded by professor and it was for sure quite unnecessary and strange. But the security branch that was liable brought us from being lax at any time and we are very happy that they were so serious and uncompromising. The whole operation that is related to this group has hopefully remained in our heads. No outsider person, wife, or anyone else knows about us. We know that the situation about the Professor's wife and your wife is different but from the time that you boarded your train you have joined our group. At this moment Dr. Smith feeling a more familiar atmosphere, confessed to the group that even professor's wife and his own wife actually betrayed both teacher and his student by attending the very same psychological sessions that were so many years distinctly censured on the basis of evidence-based knowledge that were offered to them., and Dr. Smith was pretty sure that these sessions would cont

inue .Besides that there is a multitude of ways so called alternative ways both old and new although could be useful for other purposes but have assumed the roles of similar quackeries (Yoga, TM and fashionable western institutes are meddling in academic psychology and for sure in medicine as a whole and especially in psychiatry ).as you mentioned D.R has been a powerful counselling model for hundreds and thousands to either stop the prescribed medications or not to use whole –heatedly or to refer to a psychiatrist to begin with.The coordinator tried to have a bitter smile but quite in vain .During all this dialouge the other members were just listening or taking their private notes . Dr.Smith could clearly understand that how a very seemingly ordinary mandate for the poor chaps had ensnared these eminent and descent scientists.All of the sudden he reminded the two?odes of the greatest lyrical poet of Persia,namely Hafiz quoted by Sir Percy Sykes in his famous book a history of Persia ,translated from Persian language by Cowell.It is at the beginning of his Divan or collection of odes.:Hither,hiter,O cup-bearer,hand round and give the cup,For love at first showed easy,but difficulties have come.There was such a sharp laser-like grasp among the members of the commision that they all sighed and laughed.The coordinator thanked Dr,Smith and told Dr.Redford gave them two hand-outs,and told the first step in any kind of exchange of information for sure necessitates that the language of communication ,including each individual word should be clear for the persons involved .In the academic matters it is a



must. Unfortunately in the field of psychology and psychiatry it is not only poorly observed that intentionally a deliberate endeavour has been done that the reverse direction becomes the accepted norm. For sure you have heard that we can not define normality or giving a definition of mental disorder by the DSM and fully backed by ICD is a thorn in the eyes of psychos and the same thing starts from the beginning. Dr. Reford advised the commission to be realistic with false terms that are in use and just have a clear and practical purpose at this stage of science actually his experience had shown that psychomania welcomes such things and has done so many thing in this regard. So the most important step was reading a two-page hand –out of definitions .To begin with word psycho or psyche as a prefix to so many combination words he had given a very practical way of use that are commonly in use but it is absolutely impossible for any member of this commission to deceived from that night onwards. Whenever it is mentioned about the academic psychology or psychiatry it is crystal clear that metapsychology of Freud and the other similar mental activities are different lets say ,at this moment the coordinator started to laugh and became surprised of himself in doing that. Dr. Smith nodding his head addressed the group that the second hand –out could have been for sure an incomplete list of basic consensus references that his teacher had to back up his remarks. But as I told you with the help of those two odes I am pretty sure that you have reached to a conclusion that in addition to theoretical problems that people were not allowed to be

clear about different but seemingly similar subjects why the majority of male sex and I am afraid to say all of the female sex either do not understand these simple things or they do like to be deceived consciously or unconsciously. I don't know whether Dr. Redford told you that reading about Freud pulled him towards psychiatry, and he esteemed a lot and always admired his personality, and genius and was really surprised about several points. He regrets that while uncovering of the carnal part of man was probably not possible without his innovation and he himself called his school a metapsychology and didn't see it as branch of medicine but whatever that he discovered were all in the normal mental range of all human beings and confusing, or contaminating normal range was a very strange thing for him and credulity that he was so famous among his inner circle of followers could not account for all this tragic mistake. It is a well-known fact that he did not like medicine and actually was strongly loath to that and although he had a very orderly mind and also orderly habits, but on the other hand he rather spurned exactitude and precise definition. These are all clearly mentioned by his loyal autobiographer Ernest Jones. So Dr. Redford thought that another probable answer to the missing and confusing of metapsychological problems of the people who referred to him was his total abandonment of basic rules of medicine, that is taking an active history both personal and familial ones and doing a general or if deemed necessary neurological one. As we know that a great neurologist that he was even a medically motivated

observation of patients that are usually accompanied by leading positive so called these days comorbid personal and family histories could very easily show him that these people were quite different from the first group and had some kind of tissue or cellular disease with their brain and they were familial or as we are quite sure now, passing through a genetic process even though as all other human beings could be suffering from the ubiquitously Freudian metapsychological problems with of course a difference that the presenting picture to the professor Freud was not as expected and depending on the severity and type of the mental disorder whether be a severe depression or a moderate schizophrenic one if the brain disease was present. Dr. Redford was talking about Freud in a way that only made him so much regretful, he repeated for several times that the value of his metapsychological finds in the normal range just for explanation of an important aspect of the most naked non spiritual mental life of man should not be ignored at all and advised us to read the one volume biographical book of Ernest Jones, abridged from his three volume classic not only to learn so many things about the activities of the Freud his first analyst, but most importantly to learn the greatness that he led his life through a terrible disease of cancer and his love for furthering whatever he sincerely believed to be of help for so many mentally diseased people that he mistakenly thought to be just the continuation of their normal mental activity. Yes Freud was a great writer deservedly the winner of another giant namely Goethe's award, but we have to confess that

besides his knowledge in neurology that had made him one of the best of his kind and of course an incessant introspective analysis of so many people in a span of forty years which he aptly and sincerely called metapsychology we can very easily see that he didn't know about the other subjects of familiar religions and being atheist could not be an excuse or even a worse one ,he didn't know about ancient history ,anthropology,and the basic principles of literary criticism .He had a peculiar idea about the philosophers which he quoted and actually gave the exact reference of it.On page 588 of his fully loyal and reliable student ,Dr.Ernest Jones ,book of the life and work of Sigmund Freud ,Dr.Eitingon who was a `follower of Freud sent him a small book by the Russian philosopher Chestov, of whom Eitingon was a friend and admirer.Freud said he got through it in one reading, but without being able to dicover the author's attittude.'prprobably you can not imagine how alien all these philosophical convolutions seem to me .The only feeling of satisfaction they give me is that I take no part in this pitiable waste of intellectual powers.philosophers no doubt believe that in such studies are contributing to the development of human thought,but every time there is a psychological or even a psychopathological problem behind them.' Here the coordinator paused for a moment and then said the reason I am relating these things as I told at the beginning of the session is for monitoring and now I have to add that we are all shocked and since we did not have another oppourtunity to talk to the professor and that session was a very incomplete one we do have

to repeat everything and be hopeful to get more information from you and to do something. Otherwise we have checked all of the references. So I continue this job. Dr. Redford was in favour of the Russell's philosophy of logical analysis if he was asked for his taste or the way that the Will Durant's book called The pleasures of philosophy pictured, otherwise the way that he looked at philosophy was like so many other mental activity that the creator has given man to enjoy and it is quite in normal range of mental activity. It is clear that an individual philosopher could have metapsychological problems, or psychological discomforts and clearly to be psychiatrically (actually cerebrally) illness. The same thing also could be said that a philosopher could have serious parapsychological (psychical or metaphysical) questions and bewilderment. But you see that our dear Freud that has worked just on carnal facet of the man and has undoubtedly the best job and no one else dared to that but has tragically and for sure irrelevantly generalized his metapsychological discoveries to the whole range of man's mental activities and founding the unfortunate tradition of removing the boundary of a healthy functioning brain from an unhealthy one by ignoring the qualitatively distinguishable differences between myriad types of sometimes queer looking ideas but all of them within a normal range of mental activity with the easily recognizable mentally disordered ones even if the subject being about construction of e.g. a simple table, but in a clearly disordered sequence with no plausible explanation as within abnormal range of mental activity

,you very easily guess that the history of psychotragedy exactly dates back to the Freud's masterpiece of the interpretation of dreams in 1900 that now we are safely can read and enjoy butt are well aware of that it is so imperfect because it is just within the very limited range of Freud's metapsychological formulation and avoiding e.g. other metapsychological speculations of C.G.Jung or parapsychological explanation of some dreams ,of course not those telepathic studies that Freud did and shelved for ever.So we can see that even with all these unfortunately established misnomers like psychology psychiatry ,psychoanalysis or psycho therapy we can differentiate between them if once and for all a concerted effort wholeheartedly began and pursued for a reasonable of time first for the academic circles and then for the public as whole . As you now the very same confusion and actually contamination that was mentioned for philosophy was created by our dear Freud and has had unfortunate results .that are about sociology,art,literature,notably literary critisim,e.t.c. And now I want to quote you a definition that in addition to be really comforting!and beautiful ,specially after that very tiring above discussion is quite wise and healthy from the pen of a dedicated sons of the England.Here I would like to confess that I am very fond of Russell's logic among the various categories of his philosophy his philosophy of logic that Sir Alfred Ayres a friend of Russell's for over thirty years in his book entitled Russell,on page35 ,second section on Russell's philosophy of logic ,starts the discussion with the motives for logical construction and writes:For all that the

contemporary philosophers owe to him, Russell, conception of philosophy is old-fashioned! .But I like and it is not older than the Catholic's church preferenc.!! Lord Bertrand Russell's introduction to his famous book of History of Western Philosophy's overall an authoritative and consensual definition of philosophy which teaching lesson when compared with the view of non-expert Freud of has happened during past century :The conceptions of life and the world which we call 'philosophical'are product of two facttors:one.inherited religious and ethical conceptions ;the other ,the sort of investigation which may be called 'scientific'.using this word in its broadest sense. Individual philosophers have differed widely in regard to the proportions in which these two factors entered into their system ,but it is the presence of both,in some degree, that characterizes philosophy.'Philosophy' is a word which has been used in many ways, some wider,some narrower .I propose to use it in a very wide sense,which I will try now to explain. Philosophy, as I shall understand the word , is something intermediate between theology and science. Like theology ,it contains speculations on matters as to which definite knowledge has so far been unascertainable ;but I like science ,it appeals to human reason rather than an authority!?,whether that of tradition or of revelation. All definite knowledge-so I should contend belongs to science;all dogma as to what surpasses definite knowledge belongs to theology.But between theology and science there is a no Man's Land ,exposed to attack from both sides ; this no Man's Land is philosophy.There is an

excellent point in a simple but quite helpful book called Philosophy made simple by Richard H. Popkin, ph.D and Avrum Stroll, ph.D; London 1972. In the sixth chapter which is devoted to the logic. It is rightly mentioned that in the logic which is probably the most basic branch of philosophy all kinds of mental activities like learning, memory and imagination etc are not discussed. The only kind of intellect that is considered and discussed is reasoning. There is another difference that psychology deals with the course and processes of individual intellectual while the logician is interested to the reasoning or inference itself and does not care about the particular ways of thinking that people are used to. But its interested to the formation and regulation of the logical rules that whether they are observed or not. So again you can see that we are dealing with two fields that hold diametrically opposed views. Dr. Redford sighed for a few seconds and then said it is of no surprise to see the atypicality of both philosophy and psychology or better to say psychiatry or a mixture of both or all three that had confused the lord ! I mean Russell on page 773 of his above book: I find great intellectual difficulties in this doctrine. Of course Russell was not aware that in this particular case the benevolent James was suffering from bouts of depression that Freud had so carelessly generalized to the majority of the philosophers. It is very interesting that while his father had exactly similar psychotic depressive episode, in 1894 James became the first American to call the attention to the work of the then obscure Viennese physician Sigmund Freud and 1909



though ailing, he went to Clark university to meet Freud and to hear him speak .it is interesting that James knew that Freud had forgotten or better to say forsaken medicine and genetic that all were so evident in the tragic lives of James and his father.As we know William James passed away one year later in the 1910.It is probably ironic! To know that James had written his two volume psychological work entitled the principles of psychology in 1890 somehow in the metapsychological vein ,that when read by the true academic psychologist Wilhelm Wundt said:It is beautiful, but it is not psychology.’ Lord Russell has written about James in his above work:In later life he was,as he deserved to be,the recognized leader of American philosophy.It is interesting that my dear Lord did express his non -expert view on a subject that was not his expertise, most probably the result of the very same story that we all know ,namely the psychotragedy.In the first paragraph of the page 766,Professor Russell writes:He was led by the study of medicine to the consideration of psychology;his great book on the subject,published in 1890,had the highest possible excellence.’ .At this moment the silent members of commission couldn’t contain themselves and after a strong boo ,all stood up and gave a minute of total silence and then a five minutes standing ovation to the memory of a great man so unfairly crucified.Dr.Smith could not stop the trickle of the tears on his face. The coordinator called for order and said ‘It is not bad to know that we have got a well-organized ,prestigious body called The association for the advancement of philosophy and psychiatry

(AAPP) formed in 1989. AAPP plans monograph-The first of which is philosophical perspectives on psychiatric Diagnostic classification (the John Hopkins university press) ,published in 1994. The first issue of journal ,philosophy psychiatry and psychology (PPP) which was co-sponsored by the British philosophy group of The Royal Colledge of Psychiatrists in May 1994. Therefor there are many other examples that are indicative of the this odd combination of philosophy (of course contaminated one) with the apparently psychology (but in reality metapsychology) and psychiatry (actually metapsychiatry) both theoretically and unfortunately practically, that really urges me to give you another example . It is from the American Journal of Psychotherapy, vol.49, No.2, Spring 1995. Page 213. The article has been written by the Guest Editor, Dr. Richard D. Chessick, M.D., ph.D. The title is Introduction to ‘ Hermeneutics and Psychoanalytically oriented psychotherapy,’ by Professor Hermann Lang. I just quote few lines. So for example Lang writes in his paper: It is already evident from the phenomenon itself that a neurotic disorder considerably restricts communicative possibilities. Taking the ‘phenomena’ of neurotic disorders as text, Lang uses hermeneutics to stress the basic importance of the communicative meaning of neurotic symptoms. He offers a clinical example of this , a 24-year-old married patient. It is not bad to know that Professor Hermann Lang is Professor of Psychiatry and Psychoanalysis . He is director of the institute for psychotherapy and medical psychology of the Wurzburg

university in the Germany.I have to quote few lines from the article of our dear colleague.'Such disturbance is undoubtedly present in neurosis ,psychosis ,psychosomatic illness,for these conditions involve impairment or even complete loss of communication .psychotherapy then calls for the deciphering of the meaning of the symptom and ,at the same time ,the effecting of change in the sense of enhancement of communication.' At this moment the coordinator paused and sighed for in a very peculiar way while shaking his head.A very meaningful silence prevailing the attendants.Then the coordinator asked for a vital! Intermission.Teas and biscuits were served.After the intermission was finished the coordinator asked the members of the commission to be introduced now!?,beginning with himself.I am professor of general and child psychiatry ,and fully expert in the both classification of ICD-10 and DSM-IV-TR from....and then the others introduced themselves. Professor of clinical psychology from...professor of sociology from...professor of philosophy from...professor of literature ,expert in literary criticism from...professor of arts from...professor of biostatistics and epidemiology from... professor of basic and clinical neuroscience from... professor of neurogenetics from... professor of internal medicine from... professor of human sexuality from...So then said the coordinator it is time to quote Freud's view about the literature,literary criticism and some related things the way that was told by the professor Redford. It is regrettable that time was short and every

thing was done with great scurry. Dr. Redford told us that Freud was so sincerely preoccupied with the generalization of his hypothesis of the psychoanalytic explanation of all human mental activities whether in the normal range or abnormal one (so called mental disorders) and thought that in a very oversimplistic way to be able to do the very specialized things that appear amazingly incredible. He thought that every human activity was easily reducible to the basic nucleus of so called Oedipus complex and the unfortunate tradition of non-expert way of expression of remarks which were not based on any reliable evidences became fashionable whether in scientific matters or in any other man's creation. It is hard for me to repeat the fact that Freud was in addition to be incredibly credulous, I am sorry to say he was so careless and I dare to say unbelievably superficial in reading books, of course after abandoning his neurological study and research which was not compatible with that kind of superficial reading and demanded a very deep attention mostly in an obsessive manner. It is a tradition or better to be honest that the majority of the psychologists and psychiatrists have done the same thing in the past one hundred years and you can check that they have not read the Freud's own works even in the summary form in the academic psychological or psychiatric textbooks!?. That is why Dr. Stafford-Clark decided to select the title of 'What Freud Really Said' for his book that is an excellent reference for me besides two other books when I want to quote him about literature and the other pertinent subjects. On chapter 24 of the quite

reliable abridged biography of his loyal trainee Dr. Ernest Jones about Freud's mode of life and work we can notice that reading books even entertaining ones was not filling his leisure time, and writing whether his works or letters to different people which he was really very fond of the latter one was quite incomparable to his time allotted for reading with the obvious necessity to read the letters that were all the time sent to him. Being atypical family man and having a very strong extravert temperament in contrast to the Carl Gustav Jung, he preferred to spend his vacant time to mixing and involving himself with details of family members, walking, twice a day. I recommend to you to read the three pages of 450, 451 and the whole page of 452. I am sorry to bother you with this introduction. But I am sure that it is very interesting for you people that are all intellectual and deal all the time with reading and corroborating the references, and referring to libraries or checking internet's materials with true and due caution and skepticism is a major consumer of your energy especially if you are pursuing an innovative and unique subject. Anyway, on the page 590 of the Jones, book we read: An extensive essay, 'Dostoyevsky and Parricide', was published in this year (1929). Freud had been invited a couple of years before to write a psychological introduction to a scholarly volume on The Brothers Karamazov which F. Eckstein and F. Fulop-Miller were editing. He started working on it in the spring of 1926, but put it aside to write the urgently needed booklet on lay analysis. Then he confessed that what made him disinclined ever to write the essay was his discovery that

most of what he had to say from the point of view of psycho-analysis was already contained in a little book by Neufeld which the Verlag had published not long before. Eitingon, however kept pressing him to finish the work and sent him book after book, including a complete set of Dostoyevsky's correspondence, and ultimately the essay got written, presumably early in 1927. This was Freud's last contribution to the psychology of literature and his most brilliant. Freud held Dostoyevsky's gifts in the highest esteem. He said of him: as creative writer he has his place not far behind Shakespeare. The Brothers Karamazov is the greatest novel that has ever been written, and the episode of the Grand Inquisitor one of the highest achievements of the world's literature, one scarcely to be over-estimated.' On the other hand Freud thought far less of him as a man and was evidently disappointed that someone who seemed destined to lead mankind towards better things ended up as nothing but a docile reactionary. He remarked it was no chance that the three major masterpieces of all time treat of the theme of parricide: Sophocles's Oedipus Rex, Shakespeare's Hamlet, and Dostoyevsky's The Brothers Karamazov. He had many interesting things to say about Dostoyevsky's personality, his hystero-epileptic attacks, his passion for gaming and so on, but perhaps the most noteworthy part of the essay consists in Freud's remarks on the different virtues, which he exemplified in the variety displayed by Dostoyevsky. (591). David Stafford-Clark, in the coda of his above-mentioned book on page 193, writes: now all this makes very stimulating reading and adds a whole chapter

of possibilities to the scope of literary criticism, but on the purely scientific basis(!?) On which Freud took his stand. The inherent fallacy is obvious. The analysis of the dreams of real people makes it clear that only free associations of the patient, and not the projections and interpretations of the analyst, can lead to a full understanding of the case. The fallacy of analysing the creation of an artist's imagination is that one's own imagination inevitably fills in the gaps which genius always leaves in a character for that very purpose. To attempt to analyse a human being we need all the help that human being can give us; and no analysis which rested purely upon a study of the dreams or the history of the person, without his association or comment upon them, could claim to be complete. None the less, as a technique for literary criticism which is often productive of an original form and provocative treatment, and as a refreshing form of relaxation for psychiatrists themselves(!?), there is a great deal to be said for this procedure, provided always that we do not take its results or ourselves unduly seriously. Was Freud making this mistake?. In this context, I venture to think not(!?). But it helps to remind us that he was human—and therefore not always consistent. Bearing this in mind we can—and must—ask some questions and permit ourselves to speculate about their answers much the same way that Freud himself, much to our edification and instruction, permitted himself to speculate about Moses, Leonardo da Vinci and the character in *Gravida*. The first question concerns the foundation and subsequent hierarchical structure of the

psychoanalytic movement itself. It has been described ,not unduly harshly,as having...(come to resemble acult more than a scientific disipline.It has its canonical literature,its apocryphas,its orthodoxies and heterodoxies ,its inquisitors and its apostollic succession.Orthodox psychoanalysts are compelled to submit their will and reason to as stern a disipline as any members of a religious order.Thus it comes that many psychoanalysts inhabit a little world of their own that is apt to be quite out of touch with systems of thought which are foreign to them.For instance ,they find it difficult to believe that there are still countless thousands of well-educated people who are completely unfamiliar with psychoanalytical theory and practice. If they were told that there were also a great number of people who were quite well acquainted with psychoanalysis and who found themselves quite unable to accept its dogmata, they would say that such people are either intellectually dishonest or require to be analysed in order to overcome their own psychic resistances.From the Psychoanalytic Method and the doctrine of Freud ,by Roland Dalbiez.Intrduction by E.B Strauss.1941.Vol.I.Longmans Green &Co.Ltd.p.v) (194).Richard Dutton ,who has got his MA from Cambridge and his Ph.D. from Nottingham as lecturer in English Literature ,in the university of Lancaster ,has written a book entitled AN Introduction to literary criticism in 1984.On page 58 in the section called Modern criticism writes that All three of the nineteenth century's most radically influential thinkers –Darwin,Marx,and Freud –have contributed to critical theory either directly



or in directly. On pages 62 ,up to the end of page 64 devoted to Freud ,he writes that Sigmund Freud was interested in literature because he acknowledged the great authors of the past to be intuitive psychologists,offering occasional insights into the human mind,and particularly its unconscious dimension,which his own theory of psychoanalysis was to achieve on a more regular and scientific basis. Authors were among ‘the few to whom it is vouchsafed...with hardly any effort to salvage from the whirlpool of their emotions the deepest truth to which we others have to force our way ,ceaselessly groping among torturing uncertainties’(Civilization and Its Discontents,1930).He suggested that this gift came to authors because literature,the creation of a fantasy life,offered an outlet to erotic impulses which would otherwise be the thwarted or repressed;writing was thus a kind of therapy for those with neurotic tendencies.In it they revealed the desires of their unconscious minds ,but usually distorted ,fictionalised ,distanced,in some way acceptable to the conscious mind,which always seeks –to inhibit such self -revelation.Freud argued that the most powerful erotic drive in a man is to make love to his mother and kill the father who stands in his way-pattern of behaviour most famously embodied in Sophocles,s play,Oedipus Tyrannus ,and so called by Freud the Oedipus complex.Here the coordinator paused and felt that reading from the notes was enough at this moment,not expecting any comment! Because it was crystal clear that the whole session was just for a fully authenticated record and then presentation to His Royal

highness Prince Charles; for a further royal decree. The presence of all the members of the commission and Dr. Smith was evidently a must and absolutely rational and justified. It was no exaggeration that the history was made!?. The co-ordinator continued by reading page 64 of the previous book: D.H. Lawrence, a writer who might seem to reflect many Freudian ideas, insisted that he had many reservation about Freud's theories as a whole. Freud himself offers no explanation of why some works should be better or more moving than others, though he recognises that this is so; it is simply a mystery of the creative act. As he says of Dostoevsky, a writer particularly close in spirit to his ideas, 'before the problem of the creative artist, analysis must lay down its arms' ('Dostoevsky and Parricide'). His followers, however, quickly jumped to the conclusion that the most worthwhile literature is that which reflects the Oedipal or Electra complex most fully and faithfully. The most famous demonstration of this proposition is Ernest Jones, (1879-1958) Hamlet and Oedipus (1949), which draws many suggestive parallels between Shakespeare's play and Oedipus Tyrannus. There is a common misconception to the effect that Freudians such as Jones attempt to 'psychoanalyse' literary characters such as Hamlet as if they were real people. But this is not the case; inasmuch as a work of literature reflects a particular Oedipus complex, it is that of the author and not of his characters—Shakespeare not Hamlet, Sophocles not Oedipus. As a literary critical tool, one weakness of the Freudian approach tends to be its capacity for ignoring

many of the particular details and idiosyncracies of a text. Freudian critics tend to demonstrate the general adherence of the of the text to universal psychological truths rather than consider specific characteristics. This is also true of the literary criticism that derives from Freud's rivals and successors ,notably the Austrian psychiatrist Alfred Adler(1870-1972) and the Swiss psychiatrists C.J.Jung (1875-1961).At this time the co-ordinator raised another subject that has been the most important claim by the metapsychologists ,metapsychiatrists and all the other people who have dealt with the subject matter of the personality ,character and temperament there are six principal arguments that are discussed traditionally raised in the clinical psychology and psychiatry. Neurosis ,psychosis, personality, so called psychosomatic medicine, drug dependence or better known as addiction and sexual disorders and dysfunctions or collectively known as sexual perversions and problems. Of course we are using some terms that are not scientific, the reason is an obvious one because we are going to tackle unscientific claims. First we will provide the real information about the personality formation and its diseases and then we just take the so called psychosomatic disorders. As all of us know that it was an absolute belief among the ancients particularly teachers and physicians that the real personality was the temperament or constitution that was born with the individual and it remained stable and was not confused with the character which was quite a different thing .Again with the rise and dominance of the psychoanalysis and other

metapsychological schools as the answer to the question of the formation of personality or the so called character formation the subject of the temperament became actually a detestable one that was avoided by the educational and mental professionals and thousands of books and articles were published and actually it is the main source of income and prestige for the different interest groups. We do not see any need to review the metapsychological and metapsychiatric views on this subject. Dr. Redford told us that he chose the subject of personality whenever he was asked to deliver a lecture for the medical students in order to detoxify the false information that were so firmly current in the public's minds. Anyway he always expressed his hope that the true academic clinical psychologists would overcome the unscientific atmosphere that was prevailing and he was not aware of a great effort that was being done by a group of dedicated psychological and psychiatrist researchers which included several generations of them! .The chapter 12 of the most famous academic psychological textbook of the world ,namely ,Hilgard,s introduction to psychology of the 1996 was entirely devoted to the subject of the individual differences and again it appeared in the Hilgard 2000. But it is really a very telling story that proves the existence of the psychomafia and all of those things that have caused our gathering. As mentioned in the textbook of Hilgard: Two of the most ambitious longitudinal studies ever conducted are housed at the Institute of Human Development(IHD) at the university of California in Berkeley. Investigators began the Berkeley Guidance

study in 1929 by contacting the parents of every third baby born in Berkeley over an 18-month period and asked them to enroll their newborns in the study; in all, 248 infants and their families were included. The Oakland Growth Study began in 1932 with 212 fifth-grade children in Oakland, California. The children from both samples were studied intensively through adolescence and were interviewed again when the Berkeley subjects were about 30, 40, and 50 and the Oakland subjects were about 37, 47, and 57. IHD has generously made its archive available to many investigators around the world. (But why these two studies are so completely unknown and ignored !?). It became clear that the differences due to the shared aspects of the environment seem to account for almost none of the environmental variation: After their genetic similarities are subtracted out, two children from the same family seem to be no more alike than two children randomly from the population (Plomin & Daniels, 1987). This implies that the kinds of variables that psychologists typically study (such as child rearing practices, socioeconomic class of the family, parents, education) are contributing virtually nothing to individual differences in personality. It is interesting to note that the temperament or the real personality which is the brain tissue or hardware rather than character which could be called software is genetically determined, born with the individual and if no significant brain damage happens, it remains stable and quite predictable. Now when academic clinical psychologists are confessing so clearly, it is fully evident

the extent of damages that the psychomafia has created in almost all aspects of man's life. There are appealing and attractive views by metapsychologists, metapsychiatrists and various people including laypersons! About the mechanisms of how the personalities are formed and are affected by e.g. life events and changed. As we all know there are so many famous, classic novels, turned into plays or movies that have got the main theme of impressive changes in the personalities of the principal character of the story, the most famous one probably is the novel 'Les Miserables' by Victor Hugo. Jean Valjean's story is shown in a way that being imprisoned unfairly changed his personality and he became a wicked man and then the affectionate behaviour of the bishop Monsigneur Myriel, saved his soul! and changed him into a fine good-natured man. Anyway it is clear that whatever that is told by Hugo, and all the above-mentioned ones are about character and has nothing to do with the real personality which is the temperament. There are interesting information in the different pages of the chapter 6 of the famous American textbook of psychiatry, 'Comprehensive Textbook of Psychiatry, 2000' that are quoted here. The title of this chapter is the 'Theories of personality and psychopathology'. While various theories are mentioned but all of the sudden we are offered the truth, in a way that could be very easily missed and again there is no mentioning of the great research of the IHD while the author wishes that for the existence of a suitable prospective longitudinal research!?. This is actually the trick that has been used by all of the metapsychological

and metapsychiatric textbooks that you might find everything according to your taste! But the difference is that the true and real information could be so easily found from the other reliable sources and that is the reason that they are presented in these tricky textbooks. The paragraph is the following: Until recently theorists generally assumed that personality is shaped primarily by a variety of environmental influences, including parental love and discipline, social and economic opportunities, and life experiences through childhood and adolescence. Surprisingly, that assumption has rarely been tested: little prospective longitudinal research has documented links between early childhood experiences and subsequent adult personality. A different research design, using the techniques of behavior genetics can answer those questions by comparing personality measures in adults with degrees of genetic and environmental similarity. For example, similarity between identical twins reared apart can be attributed to genetic influences, whereas similarity between adopted siblings reared together must be due to the environmental influences. In the past 20 years behavior genetics studies using many samples personality measures, and methods of data analysis have converged on the surprising conclusion that personality traits are to be to a considerable extent heritable and to a considerable extent caused by unknown and idiosyncratic factors but they are hardly attributable to shared environmental causes at all. Socioeconomic status, family diet, religious training, parental modeling, and all the other influences

that children growing up in the same household normally share seem to have little or no influences on adult personality. The co-ordinator swallowed his glass of water at one gulp and continued: Research at the other end of life span has also turned up surprising findings. Trait psychologists have always assumed traits represent relatively enduring patterns of behavior but most psychologists have also assumed that traits are modified by life experiences. Jung postulated that process of individuation requires each person to express all his or her potentials, and thus the young introvert normally become an extrovert in old age and vice versa. Lay stereotypes of aging hold that, as they age, people become cranky, conservative, and depressed. Gerontologists have rebutted those myths of aging, arguing that old age is likely to bring maturity, wisdom, or detachment. Theories of adult development, popularized in Gall Sheehy's best selling *Passages*, suggest that personality changes in stages and in particular, that men and perhaps women go through a midlife crisis in their 30s or 40s. In sharp contrast to all those theories are findings from a number of independent longitudinal studies of personality in adulthood. Those studies present a clear picture of the predominant stability of the full range of personality traits. That is, the average levels of most traits neither increase nor decline much with age, and persons tend to maintain the same rank order. The 30-year-old who is outgoing, curious, and hard working is likely to become an outgoing, curious, hardworking 80-year-old. The conclusion has been supported by studies using both self-reports and



ratings of all five factors of personality, and conclusion appears to apply to both men and women. Both systematic and idiosyncratic changes in personality do appear between age 20 and age 30, although the decade still shows considerable continuity; and dementing disorders in old age often result in dramatic changes in personality. But normal life experience seems to have little effect on personality after age 30. Psychodynamic, behavioral, and humanistic theories all specify the causal mechanisms by which psychopathology is created and maintained and thus imply points of intervention. The co-ordinator paused for a few seconds and then read the last part from his note from the pages of 650-51, of the very same textbook of 2000: psychotherapy and personality change-If psychopathology is an outcome of personality traits and if, as longitudinal studies show, personality traits change little over time, how can psychotherapy be effective? The pessimistic answer is that it can not. Many psychiatric disorders are lifelong or recurrent, and treatment consists of management, rather than cure. Those who have the best prognosis for recovery are those who are initially the least impaired. In those cases the disorder may be a transient adjustment reaction in patients who have relatively healthy personality traits.....Psychotherapy will probably will not make dramatic and lasting changes in basic personality traits, but modest improvements may be enough to allow the patient to function effectively in daily life. At this moment the co-ordinator stopped reading his note and told the audience: That it is now clear for all of the members of

the this commission that ,when we talk about the use of the term psychotherapy because it is currently in use,secondly what we mean by psychotherapy for sure are not the false and harmful information that all the present types of psychotherapies that are used particularly those based on metapsychology and metapsychiatry and ones are giving, rather we are talking about evidence-based information which could at present time be called scientific psychotherapy .The second issue that is of utmost importance is the argument of the so called psychosomatic medicine that I read it from my note.As all of us know it is one of the greatest business in the world market.It has got various names but the basic assumption is the connection and influence of the mental,psychological or psychical factors on the body and attribution of the causation and naturally treatment of the so called physical illnesses to the various types of metapsychological ,metapsychiatric and other exotic methods.It is interesting to recall that again it was the psychoanalytical domination on the academic psychiatry and the other branches of medicine that gave a justifiable and acceptable appearance to the so called psychosomatic medicine and still it is much more powerful deceptive explanation than ever for the continuation of this great business.I rather prefer to quote from the respectable Oxford Textbook of Psychiatry,third edition 1996,by professor Michael Gelder and his three main colleagues.In the conclusion section of the chapter 12 ,entitled psychiatry and medicine ,the last and real word is so courageously and succinctly expressed.On page 347 we

read:conclusion-The traditional psychosomatic theories have been disproved,and there is no reason for separating a group of ‘psychosomatic disorders’.It is doubtful whether psychological factors by themselves can lead to the onset of physical disease,though they may contribute to its relapse or aggravation.This conclusion is in total conformity with the both major classification of the mental disorders ,namely,ICD-10of WHO since 1992 and DSM-IV of American Psychiatric Association since 1994 .The latest revision of the DSM,namely,DSM-IV-TR ,2000 has continued the previous conclusion.There are no separate section for psychosomatic disorders in any one of these classifications,both in term and letter. ON page 731 of the DSM-IV-TR,2000 ,section 316,entitled psychological factors affecting medical condition which is quite similar to the ICD-10 ,we have: the essential feature of psychological factor affecting medical condition is the presence of one or more specific psychological or behavioral factors that adversely affect a general medical condition.So the term psychosomatic disorder has been completely omitted and no causative role is considered for the so called psychological factors .To give an example if we look to the all of the latest editions of textbooks of medicine we do not see the psychological stresses as the even minor causes of any of the so called physical diseases ,because the so called mental disorders are also all heritable brain disorders .But why we have got psychosomatic departments ,societies ,hundreds of journals and all the other pertinent things.We are bombarded by the various so called academic research

results that come out of highly respectable academic departments either independently or in collaboration of the other departments. Anyway as we know there are departments or faculties that have to prove that they should do something and at the same time doing the so called academic researches is part of any one of them ,both for the academic promotions of the academics and what not. It is a well known facts that research on the etiologies of all diseases are evidently have become restricted to just few academic centres in the world ,but all of the sudden you here that the department of nutrition or sports either independently or in collaboration with the department of cardiovascular of a prestigious university publishes an article in a prestigious cardiovascular journal that specific nutritional precautions or doing a special type of exercise e.g. jogging would be harmful or beneficial. Anyway the only free, natural use of the mental faculty that is even now used to enable me to have a true communication with clearly demonstrates that as the Oxford textbook of psychiatry ,1996, has mentioned on its page 345: There is no convincing evidence that the Biopsychosocial approach of George Engel and his colleagues is of causal significance in either the onset or course of physical disease. At this moment the coordinator paused again and addressed the audience in a very solemn and regrettable expression :So far we were talking from a theoretical viewpoint. But I would like to inform you an example of the crimes, yes I call it crime and quackery that are done everyday and minutes. And the reason ,behind it the Freud's views on the mental

disorders ,like ,The Question of lay analysis and are similar things.Here I quote an example of an overt deal between interest groups that comprise what could be called psychomafia.There has been a deal between Royal Colledge of Psychiatrist's president Dr.Fiona Caldicott and Professor Geoff Linday,presidentof the British Psychological Society.On January 1995.It is a joint statement called Council Report CR37.As part of the statement we have got:Psychological therapies which includes analytic psychotherapy,systemic/family,behavioural,etc. may play a preventive role or be used as adjuncts to other methods of treatment in the management of individuals experiencing : schizophrenia ,major depression ,PSYCHOSOMATIC disorders ,Pain,physical illness(including AIDS),and substance misuse,etc.The current situation in the NHS:-provided mainly by clinical psychologists.-psychiatrists,-and medical psychotherapists.But nurse specialists ,-social workers,-occupational therapists ,-and related professionals (e.g. drama therapists,music therapists) play an increasing role.According to [www.rcpsych.ac.uk](http://www.rcpsych.ac.uk) what is the difference between psychiatry,psychotherapy,and psychology.psychiatrist has got medical degree.....psychologist,is not medically qualified,may have a psychology degree,a Ph.D,or neither! .specialises in the way the mind works and motivation,psychologist can specialise in mental health work,educational and occupational psychology.Psychotherapists not usually a doctor but can be .Psychotherapy uses talking therapies to help patients themselves.It is not bad to know that as we

told to the members of commission ,about the unscientific bases of all current metapsychotherapies ,but we gather that The Tavistock Society of psychotherapists was established in 1995 ,and society of psycho-analytical psychotherapists founded in 1983.Scientific-based psychotherapy is for sure welcome but all of these current ones are based on strange Anna Freudian,,Kleinian or worse than all hypocritical hypothesis of Aaron Beck who quite knowingly reversed the places of cause and effect and has ignored all the statistical and epidemiological facts about mental disorders that have been so beautifully explained and criticised in the Oxford textbook of psychiatry,1996,on page 219,and of course in the other valid textbooks of psychiatry.But the problem with this method is the somehow rational appearance of the presentation of that .We should recall that all of the so called psychotherapies decrease the extra tension ,regardless of the misinformation that they provide because of their nature of communication that they establish.Now I am going to summarize just some practically useful points and to proffer it to our beloved His Royal highness,Prince Charles ,that all we know has suffered so much in direct connection with the aforementioned false information that has contaminated all facets of man's mental endeavours ,whether in the normal range or abnormal mental activities ,so called mental diseases.,and of course worst than both the deliberate mixing –up of both.It is crystal clear that His Royal highness,The Crown Prince are just to observe our report ,and the mandate is with the commission ,so that is

all ,and we are on our own decision and initiative.It is a long and very time consuming thing to do and we are all aware of that .I think we are all in agreement that when there has been acceptance for these things by so many people in different professions and with highly brilliant minds for the past century , does signify an old suspected deficiency ,evolutionary-wise,present in the majority of the people's mind(brain'to be more accurate that makes the power of distinguishing between two apparently similar things absolutely difficult even for highly intelligent persons) .Let me give you a very simple ,but old example.It has been a very common mistake to consider correspondence between religiosity with the spirituality.There have always been people who had reached to the absolute necessity of the existence of a creator for the universe or the presence of soul after the death either from common sense reasoning or their personal experiences about the existence of so called -physical ghosts and at the same time not being a religious one and even criticising the whole aspects of all existing world religions on the basis of common sense reasoning,true historical facts or the unscientific contents of all of the religions .Anyway at the same time we can see that at least a very helpful illumination could be provided by the concerted and persistent clarification of the subject matter , provided that sincere efforts are performed.The best examples in the field of mental disorders were brilliantly done by the WHO's ICD-10,1992,and of course a much more successful one started by the APA's DSM-IV,1994 and perfected in the DSM-

IV-TR-2000, which are really praiseworthy jobs. But these manuals are the most detested ones among the psychos, and psychmafiosi! Anyway as Dr. Redford advised us the only pragmatic and logical approach to the one century-old misinformation would be a very calm and patient approach to the problem that ironically he himself could not do it, that is quite understandable to all of us. We should not expect to change those things that are not accessible at the present time. We should prepare the most simple pamphlets e.g. about depressive disorder just according to the consensus statistics and epidemiological facts that are clearly reflected in the for example in the latest ICD-10 or DSM-IV-TR-2000 or similar valid textual references. We should show the very simple differences between the normal fluctuations of man's emotions like sadness and the so called depressive affects or mood that could be present quite often with one another and the other things that are known to the true and conscientious mental professionals. There is no doubt that similar pamphlets should be provided in the simplest possible way for the true education, philosophy arts (languages, literature, etc) in order to liberate all of them from the false, unscientific information and for sure their mix-up with the mental diseases according to the metapsychology or metapsychiatry and other myriad of old and new quackeries, the worst types for sure are those that are using irrelevant scientific terms like, energy (e.g. Quantum energy) or are trying to explain and justify the role of stress in impressive terms of Psychoneuroendocrinology or psychoneuroimmunology



and worst than all recently done by a happy-go-lucky so called psychiatrist, analyst and movie critic (with his brother) who been tasked to justify and compromise the fundamentally false Freudian ,s views about the grave brain diseases so called mental disorders, in the Comprehensive Textbook of psychiatry, 2000 with the recent scientific findings. At this moment The co-ordinator stood up quite upright and the whole members of the commission the followed suit. He thanked them all and left the hall without any word ,it seemed that he talked more than enough. It was twenty-five minutes to two in the afternoon the session started at the seven o'clock sharp. On the way back to his residence Dr. Smith asked Peter that how could he contact with him . 'I am afraid you can n't!'. Answered Peter very kindly and politely. Mr. George would be your contact." By the way you should forget about whatever that happened in these two days, we would have our dinner and then go to the train station. He was very formal and polite ,and it was quite noticeable to Dr. Smith. But he was sure that everything was pre-planned and no explanation deemed necessary. He was quite aware that the sensitivities of the cause has becoming more obvious than was supposed at the beginning and he could guess that the security department that was on his side felt uneasiness and some vagueness in the orders that were coming from traditionally fully clear ones. As Dr. Redford had always clarified it for the Dr. Smith that no individuals was immune from this virulent virus whether working independently or in an organisation. Besides that personal

and institutional interests were involved. So it was quite probable that the security decision maker at this stage of the poor Peter's mission was a staunch Kleinian advocate or had the Ph.D. of the psychology and actually a teacher in the secret academical courses that are usually set up for the either educational purposes of the personnel and for sure play important roles in their promotion. And these courses are very desirable and pleasant for those people who attend them, and the lecturers are quite different from the other teachers, because of the nature of what they know to say, and nearly all of them became also psychological counseller!? whether they were educational, professional or any other types of psychologist, not being at least even a clinical psychologist! . anyway It seemed that Peter was receiving conflicting orders from his superiors that was unprecedented for him. He was puzzled or somehow confused, anyway Dr. Smith could understand that, and he was going to clarify that for him. He was to talk, that their car stopped and he was invited to get into another car, Peter remained in the car and did not come out, there was such expression on his face that needed no talk, he was looking kind and puzzled. Dr. Smith came out of the car, strange enough that his suitcase and brief case both were brought out of the car and put in the trunk of the new car, Dr. Smith, while smiling wave hands with the statue-like Peter. How soon the psychos and psychomafiosi demonstrated the devilish nature. There were four other officials in the new car and Dr. Smith was seated in front seat. ' Hello,' said Dr. Smith, 'Hello, Dr.' they all

answered him quite politely but seriously, implying no closer communication. They just were to do their assigned job. Heading towards Paddington train station, just ten minutes later the train was heading back to the city that Dr. had come. Three middle-age gentlemen were in his compartment. They greeted him and then each one of them resumed his previous job. Anyway a very typical English atmosphere prevailing, classy but absolutely cool. Dr. Smith tried to check their fingers but to no avail. No flying agent was passing like the other time, it seemed that he was left on his own without any security protection, he wondered what happened so swiftly, anyway he could not expect to be guarded all the time for the rest of his life but what about the Dr. Redford's works and play in the chapel. He tried to be the very smart and wiseman that he had always enjoyed to be, and was so grateful to Lord for that capacity bestowed on him constitutionally. He opened his brief case to take out a copied article from the British Journal of Psychiatry. A n excellent Persian miniature was there, with the English translation of the very same odds that he had told to the commission printed on that, with no more words that were quite unnecessary indeed. Dr. Smith closed his briefcase and tried to nap, closing his eyes the first thing that ran through his mind was the Royal audience that brought him so much joyful feel. While closing his eyes but he was fully awake, yes he did not want any troubles for his beloved Prince. His Royal Highness had suffered enough from the metatherapists! ?Paddington arrived and Dr. Smith collected his suitcase and briefcase bade farewell to the

other three passengers, and left the train. A taxi was closest to him, Edward knew to put on a very unsatisfied affective expression on his face and to continue that for a while until he was properly and clearly ordered from a trusty person. He knew that he must be an excellent actor, all the time. It was Saturday afternoon which usually a happiness-induced spirit is created because of childhood memories and weekend, but he was in a such mood that was quite noticeable. The taxi driver did not ask anything as it is one of known nature of an English gentleman nurtured by stylish training, unless something urgent appears to present. He rang the bell, and her beloved Florrie opened the door, hugging and kissing were all initiated by his daughter that noticed the very bad temper of her dear father, asking no question took his suitcase, Maggie did the same. 'Are you alright, love?' asked Maggie. 'I am just tired, a very unpleasant trip,' answered Dr. Smith. 'by the way where are the Redfords?' asked Dr. Smith. 'They have gone for a short walk!' replied Maggie a bit bothered by these questions! Dr. Smith sensing something unpleasant preferred to stop, and not to make it rather explosive. HE left the hall and went to his study, glanced at his table to see whether something had come for him. Nothing had changed all of the sudden he decided to do his routine that he had one for years and at the same time the atmosphere of home was heavy and unbearable. He showered quickly and was going out that Maggie confronted him. 'Are you sure, you are ok?' asked with a peculiar intonation that was very much disliked by Dr. Smith! yes he could guess it but was not that sort of

man to be sure without any objective evidence .’Doing just my routine .’answered Dr.Smith .And he left the house without any word.He tried to put on a sad face.,in away that showed he had n’t get the success that was expected to happen. He was carrying the Persian minature briefcase with himself and he thought that he should get rid of it! Even that could be a trick by or at least a clue for the metatherapist of her wife that he was sure he had put an extra or so called booster session for her to glean the information about the purpose of his trip.He saw that in her face,when entered home ,she was analyzing him ! from the time he had come back ,it was a home assignment or work that was he had advised her.He had the feeling of having an enemy within !.He was greeted by the people who know him .He went to the psychiatric ward to visit his four patients that were there,in the midway he saw Dr.Williams that was talking to one of his patient .’Nice ,to meet you sir ,’said he very happily and respectfully.’Thanks Dr.,everything allright?.’ ‘No problems with the Patients and your office.’ Dr.Smith reviewed his patients, charts and talk to them as a scientific psychiatrist is supposed to do,rather than playing metapsychiatically which actually is antitherpeutic by giving them miseducation about the nature of their diseases.He was quite sure that Dr.Williams was doing the same thing as he did now.When the visit of the patients finished, they went to the buffet,and ordered for two teas.Dr.Smith started himself ,without waiting for his young colleague to ask him.’Dear Paul !? it was going to be an excellent and

perhaps an unforgettable memory for me but the end result was so upsetting and demoralizing that I wished I had not gone. I was thinking to leave my job and to get an absolutely research job in a lab., something like a neuroscientific job, I don't know whether you know that I have worked in the euroscientific lab for many years .Anyway ,I am quite serious about that ,of course I didn't find enough time to explain my decision to my family but ,it is the best option as far as I can see.' Dr. Williams ,was fully surprised, but didn't dare to say anything, actually he knew that Dr. Smith was wise and rational enough not to ruin the whole things that he had obtained either academically or administratively, during so many year of hard work and uphill efforts indeed. Dr. Smith all of the sudden felt that this time he was not role-playing ! yes piecing together everything ,specially the facial expression of Peter that was quite natural and the close relationship that he had with His Royal highness, and the absolute loyalty that he had about his master was so clear that Dr. Smith had not noticed before .He himself had thought that he had been role-playing ,but it was actually because of the subconscious analysis that was taking place in his mind all the time. and now the final decision was verbally expressed. Dr. Smith needed an objective confirmation. He recalled Dr. Redford saying about the Freudian metapsychology that he had so much respect for it ,so much tried to free it from the terrible mistake that Freud had committed by contaminating it with the mental diseases and other important mental activities in the normal range but at the same time caution very strongly

on the taking them seriously and considering them as fact. The same thing could be told about the dreams of any kind and their interpretations which are so unreliable indeed. Dr. Smith thanked his young colleague and left the ward. He went to a toilet brought out the beautiful miniature and tore it in small pieces, threw them in the loo, and flushed it. He felt strangely relieved, he was sure that the best thing was done, because when the WHO's ICD-10, and DSM-IV, 1994 and its text revision 2000, were so easily ignored and there are metapsychological counsellors backed-up by metapsychiatrists, are present as closest people in the inner circles of the leaders of the world, including The British Royal family and most probably beside his beloved, His Royal Highness, Prince Charles, the change of heart was not so unexpected, clearly reflected on the Peter's countenance. Dr. Smith laughed to his own credulity and sheer foolishness. He felt that he was left on his own and no one was going to be helpful to him, but why? And by the way who had sent the miniature picture? He did know that it could be an individual's initiative. Anyway he had decided to finish every thing and to cut his connections to the human beings to the least possible level that was reasonably admissible. It was late Saturday night and Dr. Smith headed towards his home he was no more afraid of any attack! He was sure that he was no more under any security protection. But what was that picture. The only conclusion that he think off was that there was a weaker idealistic group that was trying to revenge, something like the BBC manager's friends. He rang the bell and her dear

Florrie opened the door ,she was laughing as her name implies .He hugged her dearly.Entering home he wore his usual facial expression,meeting quite warmly the other tree women.'Everything allright ?'asked Dr.Smith.'Yes ,we think so ?'answered Maggie and Liza happily and simultaneously. 'I don't understand, what has happened ?'asked Dr.Smith quite surprisedly.'There was a phone call that the charity was cancelled and it seemed to be for good,Dr.redford,s scientific works and his diary found and they have been delivered to the research committee for peer review and some other formalities ,and most probably published later on.'answered Maggie with her victorious ,and at the same time metapsychological,devellish gleeful mentality.!' 'How long ago,they phoned you?'trying to contain all of his emotions . ' An hour ago.'replied Elizabeth ,who was really happy.'I am happy to hear that ,because I was a bit anxious about the Sunday's programm,let us celebrate that ,Margie ,what about going to the girls,preferance.'Dr.Smith thought that a big compromise deal or better call it a cover-up was forced on !?his beloved , Royal Highness by his true well-wishers ,actually Dr.Smith himself was not content to endanger the beloved Prince,and he dared to explain that in that unforgettable Royal audience quite seriously and called the psychomafiosa,as the most powerful and dangerous existing organisation, because psychos were present everywhere,worst of all infiltrating in the minds.Because of man's evolutionary immaturity or dysmaturity or some other unknown reasons billions of people can believe



things if they have been born in the families with that ideas or religion ,even having just a different denomination is not helpful and sometimes it is much more conflict making than having two entirely different religions.His Royal Highness were keen listening and appreciating him so gracefully.his beloved Prince was quite genuinely in total agreement.Yes he was really happy for the change of heart!.curiously enough the girls opted for the social club that was so close to their home,actually, in the hospital's yard!Maggie and Elizabeth started laughing,quite playfully.They did know that Dr.Smith was relieved,because he should have married with his books and his job.'You could not come if you are tired?'.said Maggie sneeringly.'Thanks Maggie for your so much consideration,but I come with you.' Anyway,when they entered the social pub,all the eyes were drawn towards them .After greetings were finished Dr.Smith asked for ale.A band was playing,and a very handsome singer had attracted so much the girls that could be an enough reason for their preferred choice.Elizabeth started . 'How was the trip ?''As you know I am a Londoner and I enjoy to go there ,but this time it was quite different and marred with unsuccessful business.Let,s enjoy our present time.But this was Maggie,s turn.'You are right but we are really curious about your unexpected trip.'said she with a sarcasam.At this time Dr.Smith patience overflowed'You can tell them that they can do their job quite comfortably,they were right,and should n't worry anymore!'answered Dr.Smith and sipped his ale.'When was your last

appointment, and when would be your extra one ,on Monday for sure !” why should I bother for the people that prefer lies rather than truths .’ no more talks continued in that connection. Both Maggie and Elizabeth felt relieved instead of being sorry or regretful, and Dr. Smith admired the senior advisers of His Royal highness for making the wisest determination and recommendation. Actually he himself was quite right not to follow the idealistic or rather a bit obsessive way of Dr. Redford ?he thought that he himself was temperamentally very similar to him just the appearance was different. The best decision was to retire from the clinical and administrative positions which suited him best. He came out of himself and looked around ,all four ladies were talking and enjoying themselves like the other people. All of the sudden he felt that people like Dr. Redford ,himself and alike were actually lonely people playing patience in their imaginations! . Yes he was to forget about the whole thing and devote ,the rest of his life for the promotion of neuroscience perhaps that was the only successful thing that he could do .But he felt such sorrowful feeling that was absolutely ineffable. A mix of anger and despair prevailed his whole existence .At this time Maggie told him that it was very late and they should go .Entering home she started’You were awful all the time ,of course that is not a new thing.’ ‘don’t worry I have decided to forget about everything.’ ‘ what do you mean !?’ ‘I have decided to forsake about Dr. Redford ,s ideas ,it is a finished story for me .’ Answered very seriously.’I had noticed that you were making difficult

decision,I did not expect anything else from you ,I am very happy to hear that!’said Maggie quite happily.early in the morning ,Dr.Smith woke up and after having a small breakfast ,wore his usual dress even though it was Sunday morning and went out of home and went to a cemetery! close to the hospital and addressed god in an ordinary language ,he did n’t feel to be an orthodox religious man any more ,being just a scientific spiritualist(not to be mistaken with the spiritualism which has become a kind of religion itself )was enough,parapsychological researches and the original reports of NDE’s ,those related to the 30 year ago and strictly controlled ones on the cardiac arrest patients were all indicative of the existence of the other world wholly spiritual and the free wisdom could very easily reach to the conclusion that a creator did exist.He did n’t want to say that all the religions without exception had exploited that ancient man’s experience,the NDE,experiences for their own various kinds of interests,because so many intelligent minds mistakenly confused the religion corresponding with the scientific spiritualism ,Freud and his famous book of ‘The Future of an illusion’ and Russell’s famous book ‘why I am not a Christian’. Both geniuses were clearly deficient ,I dare to say in this highly important faculty of distinguishment .Is n’t it strange that for the one of the greatest mind of the twentieth century not to pay more attention to the absolutely scientific findings obtained in the so many academic centres ,just because equating religious dogmas with the spiritual facts.(Russell,by A..J.Ayer,pages134-35).probably he had

read about the famous passage by hard-headed thinker Dr. Hans Eysenck, in 1957 which has been quoted many times by both believers and skeptics: unless there is a gigantic conspiracy involving some thirty university departments all over the world and several highly respected scientists in various fields, many of them hostile to claims of the psychical researchers, the only conclusion the unbiased observer can come to must be that there does exist a small number of people who obtain knowledge existing either in other people's minds or in the outer world by means yet unknown to science (page 111, *parapsychology and the nature of life* by John L. Randall). So what was he expecting from the ordinary people not to be controlled by all kinds of false but apparently similar information which deservedly should get the prefix of meta because of the misinformation that these misinformers have given to the mankind during the whole history, actually the true scientists either have been forced to be silent or tortured mentally or murdered. Dr. Redford firmly knew that false information is the main stressor of the minds, that true that it does not cause any problem for the brain tissue or hardware but in the normal range of mental activity it causes mental tension or problems with software, and distorts the proper ordinary day to day god's given faculty of a sound and wise reasoning in the normal range of inference, he repeated that it is his philosophy based on scientific knowledge acquired from normal neurophysiology. It should not be mistaken by the highly heritable specific brain diseases wrongly called mental disorders. so it is

clear that the poor victims of the so called mental disorders and their families some of them themselves predisposed to the similar diseases genetically when are bombarded by misinformation presented by the so called mental health metaprofessionals suffer much more than the people with healthy(no brain diseases).Yes,up to know false information has produced so many human tragedy even every day we are facing with that.There are enjoyment and pleasure in reading philosophy even when not based on science,reading novels purely fictional or imaginative ,watching plays on the stages or on the silver screen but all these god,s given pleasure are to be explained in full in the primary and secondary school that are physiologically sound and should not be confused with reality.Man's daily life is not based on those things mentioned above,all of the progresses in civilisation is based on experimental scientific researches with aid of the state-of-the-art existing then.so philosophy based on real science is truly absorbing and entertaining ,the same holds for sci-fi novels and etc,otherwise man's life becomes absolutely boring because it is highly laden with unexpected tragedies like loss of my young daughter that suffered so much from asthma and was so many nights gasping for air.All of the sudden Dr.Smith became surprised of coming to the cemetry and more astonishing very close to the grave of Dr.Redford,,yes his teacher was right that always said that Freud's ideas should be rescued from being confused with so called mental diseases and just reserved for part of man's normal mental life that are out of his fully alert conscious mind,of course in the

hands of a well –qualified mental professional.He went to find out the grave asked him forgiveness and hurriedly left the graveyard ,actually he had decided to abandon his religiosity and idealism.He felt quite cynicism.He was not sure about the benevolence of god anymore for sure on this planet ,there were so many objective facts as far as the known history of man shows that all were for that conclusion rather than against that.So is he going to deny the rational ability that his own creator had granted him!?whatever he hoped and early reliable NDE's experiences of three decades ago show the reward and punishment should be after death.

All of the sudden he decided to go the seaside with a double-decker. He went out of cemetery and bought a Sunday's Time paper from the news-agent and waited for few minutes in the bus stop , till it came and got on to it and went up to the above deck, sitting in the most front row seat on the right side and leaning comfortably like a lad, Boyish feeling of the east ender,s type was enlivened in him.He knew that he had always controlled his playfulness ,he tried not to think about the past memories ,because it reminded him of father John ,that was present in all of his youth's recollections. At the same time he was very proud of the present Archbishop of Canterbury Dr.George Carey who was to retire at the end of October ,and most probably be succeeded by Dr.Rowan williams,the current Archbishop of Wales ,who is a fluent Welsh speaker ,so a Welshman like Ernest Jones.He is regarded as a liberal,even a radical.He stopped thinking ,and told himself very emphatically that no more thinking

and reading newspaper, just enjoying from beautiful scenery. The problem with real temperament of man is that it is not easily controllable even for short period of time, and Dr. Smith had forgotten the advice of his teacher not to try to change or abandon his religiosity which is an important manifestation of his genetically inherited temperament!, so his efforts were all in vain and after few minutes he started reading his paper without being aware of what he had done. Anyway after few minutes of amusing himself with reading his paper he felt some feeling of separation-like anxiety, he thought that his behaviour was quite futile and he was not that sort of man, he felt a strong desire to get off the bus and return [HYPERLINK http://home](http://home). He wanted to be with his wife and his three daughters. So he got off the bus in the first bus stop and returned to the hospital, it was ten minutes past eleven. He rang the bell, door was opened and Maggie appeared in the doorway a mutual relief and happiness prevailed. 'Hello, love, I am very sorry,' said Dr. Smith quite lovingly. 'Nice to meet you Eddie!' replied Maggie with a very kind voice. Everybody was there and greeted him warmly, the youngest daughter clung to his neck. 'I am ready for any plan that is practical,' said Dr. Smith jokingly. The Sunday passed so peacefully and happily that was quite exceptional for all members of two families never had before. Even Dr. Smith felt surprisingly well. Early in the Monday morning Dr. Smith that was thinking the whole night, fully determined to show the least possible protest about the whole thing, prepared himself and after kissing her unsuspecting wife left the

HYPERLINK <http://home.He> home.He went directly to his office .Her curious secretary a bit surprised about something different in his behaviour ,felt intuitively of course that women are much better equipped naturally than men,dared to ask him ‘Dr. is there something that I can possibly be of help?’”thanks for your consideration as always and you are absolutely of great help today because I want you to help me in composing several very formal letters ,I mean administratively quite official .’told him Dr.Smith very politely and gratefully.And the first one is to be addressed to the professor Matthew ,the dean of the medical school about my resignation from all of the executive duties and of course that automatically includes being the head of the department of psychiatry and of all the commissions that I was obliged to participate intramurally or extramurally.’Dr.Smith stopped continuing because he became really anxious about the strange shocking face of his secretary that was standing before him and he knew that she was suffering from various ailments ,while apologizing her ,led her to her seat and poured a glass of water.’Are you alright?’”

‘Yes,Dr.Smith,but absolutely unexpected,may I dare to ask the same question from you!?’ Which seems more appropriate than yours?’

‘I am sorry you are right,no question about that,but I am afraid I can’t explain that.’

‘I can guess that somehow but I thought that everything was settled down,it seemed that way.’

‘Is there anything that I am not aware of that?’



‘Yes sir,when you were away professor Matthew came here and told me that the was very happy that everything is allright and he asked me to tell in the first day that you were supposed to come ,that is today morning,actually it was very surprising to see him to do such a thing ,that shows how much he likes you and respects you,but you did n’t let me to surprise you.’she looked some how vexed and annoyed.

‘I am sorry for my behaviour but I am afraid that nothing has changed and I ask you for the second official letter!?’told Dr.Smith very calmly and seriously.But he felt quite amused ! and confused!?

‘The second letter would be to the research council of our faculty to agree with my transfer to the neuroscientific lab that I know they are looking for a qualified candidate for a full time position and I have the qualification and actually I was the head of that lab for several years!’said Dr.Smith with a mixed feeling of hatred and indignation.He was absolutely sure that that it was really ludicrous to continue his previous job and being ridiculed by the metaprofessionals of so called mental health after this funny psychotragedy!

‘Could I ask you for a very hot and strong glass of tea with lots of suger!thanks .’asked Dr.Smith.She left his room without saying anything and that showed her excellent and admirable professionalism?.Dr.Smith had asked Dr.Williams not to tell about his decision and it was quite clear that no one else besides these three people were informed about his decision ,so when she brought him the glass of tea he asked her not to let anybody else to

see her typed letters and to know about his decision even the dean,he didn't want any meddling fuss.The phone extension rang ,Dr.Williams wants to see you,he is here.'told the secretary.

'thanks ,let him in.'said Dr.Smith.Dr.Williams came in looking fresh and lively as usual.After greeting

'Please be seated dear Dr.Williams ,I was expecting you,actually the only person that I wished to and could bear to.'told him quite sincerely .

'That is an honour for me sir .'replied Dr.Williams respectfully and clearly curious but with a very little hope.

'Thanks for coming ,I am sorry but the secretary is preparing the letters ,by the way it is much wiser for you to be as far as it is possible from me ! how are the patients ,I'll take care of them until the transfer is hopefully done ,I have asked to be transferred to the neuroscientific lab.

'I am really sorry to hear that I'll take the full responsibility of all of your patients and declare that ,of course I need your written permission ,I understand everything and it is a shame for science but nothing could be done.'He told his teacher quite sorrowfully.

'I am so grateful Dr.Williams ,I hope you would be more careful and do not try to challenge the system that benefits from undeniably something that is somehow not properly functioning in the majority of the people,I mean the proper distinguishing ability to recognise between seemingly similar things but we know that whenever we explain it for the majority of the patients and their families even those who are nearly illiterate they can understand the differences between the mental disorder

and psychosocial and environmental problems but all of our efforts are easily neutralized by the misinformation by the metapsychologists and metapsychiatrists and for sure psychomafia. Anyway it is a losing challenge from the beginning ,so don't wreck your life .The reason that I am resigning is because of uncontrollable,impulsive behaviour that I have got after the demise of Dr.Redford . Besides that I am wasting my knowledge mostly in teaching which is easily neutralized and administrative activities. I think the best thing would be to apply for another position in my own city London,which I long for.At this time the secretary asked for coming in with both letters in her hand .

'Thank you very much ,that is okay ,Dr.Williams knows about my decision and he has accepted the responsibility of my patients so if the relatives of patients call here you can tell them ,please type this permission for my signature and you can pass these two letters ,I have signed them ,by the way I have asked for one week leave as you know I didn't use my deserved annual leaves in the past.

'Excuse me Dr.Smith ,don't you think that it is nice to meet professor Matthew personally after I have done the formalities of your resignation letters ?.'asked the secretary quite respectfully .

'You are absolutely right,thanks .'replied gratefully.At this time Dr.Williams asked to leave in order to go after his work .Dr.Smith became alone again retired deeply into his big revolving seat and closed his eyes ,he fell into sleep very fast because he hadn't slept last night.It was such a deep sleep that his secretary didn't want to

awaken him for at least an hour, but she had to because professor was going out his of office ,so she awakened him and Dr.Smith after readying himself went to visit the dean of the school ,who was both a scientist and a true christian,absolutely with humanistic traits and character,a real good-natured man.He liked both late Dr.Redford and his student Dr.Smith.He listened quite attentively even though he had an appointment with somewhere else he even asked his secretary to inform the waiting people of the session to start their session because a much more urgent affair had appeared ,and he had to attend to that.He became very sorry when he found that Dr.Smith was so determined .He told him that he personally went to his office to give him the happy news about the good message that he had received from the Royal college of psychiatry's president personally who had congratulated him for having such academic and manager, had felt so much pride in hearing that and now he was really shocked .Poor old man was so sad that stopped talking and looked quite exhausted.Dr.Smith asked him whether he wanted something like water or a soft drink. Anyway he called his secretary who knew professor for many years.She brought him first a class of water and then a cup of tea.Dr.Smith was so sorry that he sat there without saying anything ,he did know that it was absolutely impossible to explain the subject.After few minutes he apologised from the professor for the bad timing of raising his resignation and told him that a very intimate motive was involved and it was much better for the whole school to downplay his resignation and to transfer him to the neuroscientific lab

after his return from his one week leave. Anyway he could make much better scientific achievement and reputation for which reason was admired by the royal college. It seemed fully logical because he was a man of science and a well-known researcher in internal medicine rather an administrative one. The reason for his selection as the dean of postgraduate medical school was for his scientific status that he was deservedly enjoying. He looked so kindly to Dr. Smith that conveyed a world of respect and compassion.

‘ Actually, I have to confess that I had been quite selfish about you because I did know that you had both talents of being a true scientist and an executive researcher and therefore best suited to run the school in all of its aspects and to relieve me from my all duties including the scientific ones! I was enjoying from both aspects, having both peace of mind and ample time to study and do my researches. It was true that I couldn’t be intrusive, but the reality is what I told you, but now I think it is rather late and I feel that the reason and motive for your decision is because of something else and you are making a rather emotional decision.’ Professor Matthew stopped at this moment and was clearly expecting an explanation.

“I am so grateful to your absolutely genuine consideration professor. I am afraid that I can’t explain the whole thing but you shouldn’t feel any remorse for those things that told you, I have to confess to you that I chose the executive job because firstly I was ambitious, secondly I wanted to teach everyone including the academics and the whole people including the nurses, medical students

,trainee psychiatrists ,other trainees in the other branches of medicine ,patients, their families and the general public that psychiatry is a branch of medicine and there are no such scientific divisions as dynamic or psychosocial versus organic or biological psychiatry and we have got just one type of psychiatry, and mental disorders are highly heritable brain disorders that shouldn't be mistaken with psychosocial and environmental problems according to the both classifications of WHO's ICD-10 and American psychiatric association's classification of DSM-IV widely used in Great Britain .It is not bad to know we don't have any categories of psychosomatic disorders in any of the aforementioned classifications,and the biopsychosocial hypothesis is quite scientifically dismissed by the Oxford textbook of psychiatry clearly mentioned in the 1996 edition.'Dr.Smith stopped at this moments ,and since professor was listening very enthusiastically ,so continued ,and lastly I wanted to help true academic psychologists and psychiatrists of our school like late Dr.Redford that were either silent or outcasts ,but my efforts were absolutely unsuccessful because of misinformation prevailing the medicine and academic clinical psychology due t to many uncontrollable reasons that I am really asking you to excuse me to go into the detail of those things.'Dr.Smith stopped and didn't intend to add anything more.

'Dear Dr.Smith,would you please hand me over your requests that are on the other table,please ,I am fully satisfied with your reasoning and shocked but what could I say when I have just heard those misinformation that

were quite clearly spread with evil intentions just for the sake of personal or organizational interests both because of academic prestige , position and lack of refreshing knowledge and studying ,and of course material gain and interest .It is the worst sin for a teacher to conceal the scientific truth and not to say even once that psychosomatic disorders have been omitted from the classifications and not to raise the subject even for stating his opposition ,because either he hasn't read that or he didn't make it known that such change has happened .'professor stopped talking and was going to sign the two requests.But Dr.Smith asked him with utmost respect to read few lines of the three references of the aforementioned references after thanking professor for so much trust in him,and clearly saw that the nice chap became so much delighted and was clearly expecting him.Dr.Smith stood quite upright besides his table with absolute due respect like a trainee .He first placed the Oxford Textbook of Psychiatry ,page 347 and showed him the conclusion section on the psychosomatic disorders and went away form professor's desk and waited until he read that section and saw his surprise and happiness in his face.Then he showed him the psychiatric section of the WHO,ICD-10 ,1992 which is the last edition'the F chapter is for the mental disorders. He show him that there was no specific category for psychosomatic disorder and just the F54was related to with definition of psychological and behavioral factors associated with disorders or diseases classified elsewhere.That means other non-mental disorders like cancers or lung disorder

etc ,because ICD's actually cover all other man's diseases and injuries. Then he showed him the latest version of the DSM, which is DSM-IV-TR,2000,TR standing for text revision and the only category related was the other conditions that may be a focus of clinical attention and the essential feature is the presence of a general medical condition again similar to the ICD-10 meaning the presence of a disease for example myocardial infarction from the past or even haemorrhoids and the psychological reactions of patients towards that rather having any causative role in the development of any of the general medical conditions ,these psychological factors which are out of control of the patients like personality traits or disorders which are again all strongly heritably temperamental and somehow, but of course mildly modifiable, by scientifically based psychotherapy play some roles in the exacerbation or even the prognosis of these general medical conditions e.g. a diabetic patient that does not observe his treating endocrinologist because he is a patient with a schizophrenic or major disorder or is on the spectrum of a pathological disorder that denies his or her illness.So the term and the letter of psychosomatic medicine have both been omitted but we have got the biggest business under the name of psychosomatic medicine.The last point that Dr.Smith wanted to clarify for the professor was about the false information that are so misleading about the incidence and prevalence of the mental disorders and unfortunately reinforced by the medical or non-medical institutes and even the people from the WHO!.So he again opened the Oxford Textbook



of Psychiatry page 661 and placed it before the professor, on that page, it has been written: In developing countries, the prevalence and nature of psychiatric disorders is broadly similar to that in developed countries. At this time Professor Matthew shook his head in full regret and indignation but quite satisfied with the well reliable information offered to him.

‘Dear Dr. Smith one last question, that is not clear for me, and that is about the on and off reports that incidentally mostly given by the people involved by the WHO that all of us are well aware of its nature of many of its activities that are more political rather than purely medical and we know that so many advantages in terms of financial, travelling and fame are awaited for the physicians and other persons who volunteer, but we know that at least for many physicians there are competitions for advantages rather than other intents, anyway my question is about the changes about the incidence of the mental disorders mainly depressive or addictive disorders as the latest report on the youths by the WHO, what about that?’ paused eagerly.

‘An excellent question professor, without going into details, your answer is that these reports are absolutely unscientific and to be optimistic they are confusing psychosocial and environmental problems with mental disorders.’ Answered Dr. Smith. At this time Professor Matthew signed both requests. Dr. Smith thanked him for so patiently listening to him and agreeing with his requests, and asked to leave his office.

‘Excuse me Dr. Smith, is it finished?’ asked his secretary.

‘Yes, professor signed the requests but you know that it should be ratified by the pertinent school’s councils. Anyway thanks for everything ,and I would be off up to the next week .By the way was there any phone call or letters for me ?’

‘Yes, sir there was a phone call for you from London ,I think by the very same man that phoned you before.’

‘How did you recognise him?’

‘By his very typical husky voice,I think he should be a heavy smoker and most probably a chain smoker one too.’said his secretary ,who was clearly expecting Dr.Smith confirmation.

‘Excellent mum,you are quite right ,but what was he asking for ,did he leave any message ?’asked Dr.Smith without really being happy to be involved anymore.

‘Yes,Dr. he left a message for you,asking to contact him the sooner the better.’said his secretary noticing that Dr.Smith was not interested at all . Anyway she handed a note with the phone number.

‘Would you please get me in touch with him please.’asked Dr.Smith quite unwillingly.

‘Dr.Smith ,you can talk to that gentleman.’

‘Hello ,Dr.Smith I hope you are allright ,I am sorry to bother you ,and I don’t take your time very much,we are intending to make a biographical documentary with of course expression of his ideas in that TV series,quite independently as you know.For sure nobody is more qualified to be the interviewee and/or narrator.’the TV manager was talking very enthusiastically.

‘Many thanks for your so much trust and acceptance of me, but I am afraid to tell you that I have just delivered my resignation from the psychiatric ward and asked to be transferred to my old job in the neuroscientific lab, and not to be involved with late Dr. Redford hasty conclusions that are to be solved with the progress of technology and that was a bit too advanced for the present time or even I dare to say somehow overreaction, I am really sorry but my determination is absolutely decisive and irrevocable.’ There was a pause on the other side of line and then a very cool farewell. It was a great relief for Dr. Smith to become sure that the miniature picture issue was solved and there was no Royal backing as he himself was totally agreed not to be continued to make any trouble for his beloved prince. Now he was ready to go to the psychiatric ward to officially transfer the responsibility of his patients to the Dr. Williams until the final and formal letter of his resignation comes. He was quite sure to be happily accepted by his dear colleagues and would be handed him after his return from the one week vacation. Doing all his job he went home to inform the most difficult part of the affair that was breaking the news to the Maggie, but curiously enough she welcomed his decision and told him that she always knew that he was not suited to be a typical psychiatrist exactly the way that his teacher Dr. Redford also was not! And it was interesting that Elizabeth who was present was totally agreed and showed that by nodding her head lengthwise, that means up and down, reminding Dr. Smith the Japanese proverb entering English language that believe a women nods assent as she

says “no”!?.Anyway everything seemed OK,except a sudden rush of guilty feeling about the truth ,but what else could be done.

‘What are we going to do with my one week vacation now ,any constructive proposal?sounding quite seriously.’

‘Thanks after so many years but no constructive proposal any more ! that is enough there is no need for any construction! And you shouldn’t worry about how to pass this unprecedented lengthy vacation that you didn’t have for ages ,we will arrange it for you,Am I right Liza ?’ she was talking fully confidently and for sure received the Liza,s absolute backing .

‘And now Ed,you can go to your study and enjoy your neuroscientific journal or whatever you like without worrying about other things ,I am sure that you feel much better because you were not psychologically –minded,and were all the time in conflicts with your colleagues,patients and even their families and couldn’t benefit from your vast biological knowledge,am right Ed?’Maggie was asking triumphantly,and at the same time quite benevolently . She was so grateful about her personal therapist that helped her so much during the past critical months by doubling the psychoanalytically-oriented appointments.

‘Your were always right,actually I was agreed that we couldn’t do swim against the main stream of our profession and something was missing and that was my rigidity ,thanks anyway ,and I am sorry for all these years.’Dr.Smith answered Maggie with full confidence and quite sure that she couldn’t grasp the real point!but

she loved him and for sure a true believer in the righteousness of metapsychology and metapsychiatry.

‘Thank you Ed, and now I have to do my job, nothing is better than peace of mind and I am sure that you have got it but it takes sometime to be adjusted fully with the new life changes. You should be careful not to expect to accommodate too early and without some relapses on occasions that might remind you of the past or under stressful situations that all of us face everyday and if not prepared in advance they may trigger psychological or mental diseases that are so prevalent at our age.’ Maggie was so sincere in her talk that Dr. Smith was not annoyed of her even though he could vividly recall the famous book of Freud: the Question of Lay Analysis. Anyway he went to his study like a tamed beastly man! and he thought that there was absolutely no other choice. After that dreamy Royal audience, he passionately recalled the famous Sir Winston Churchill’s quotation after the victory of the field Marshal Montgomery at Alamein over a German army under marshal Rommel in 1942, that was delivered at London’s Mansion House: Now this is not the end. It is the beginning of the end. But it is perhaps, the end of the beginning.’ The first part of the expression may have been borrowed from Talleyrand who said: It is the beginning of the end. After the Napoleon’s defeat in Russian Campaign in 1812. Churchill wrote in his memoir: Before Alamein we never had a victory. After Alamein we never had a defeat. But what happened to be himself!? He had no beginning but had defeat after defeat! rather than any victory. And he started laughing that was

so bitter that he had never felt in the whole of his life. He picked up one of his most favourite novels, *Far From the Madding Crowd* by Thomas Hardy! And immediately admired Freud that he and his teacher wanted to return him to his real status and liberate him from his own tragic mistakes that ruined everything, that is confusing the normal range of man's mental activity with the heritable brain disorders so called mental disorders. Anyway he placed his chair besides the window to enjoy the sunshine. He started to read some pages of the book and then put the book aside and closed his eyes. He did know the reason of the picking of that book. There were so much similarity between the course of his life and the Hardy's. And now he felt that he was much more closer to that author's aspiration than ever before. He knew that Hardy was probably unfairly reviled by critics and the readers, to be very pessimistic about the man's life, but Dr. Smith's careful reading of his novel's, specially his masterpiece: *Tess of the d'Urbervilles*, showed him very clearly to be just a realistic individual that didn't want to deny the realities of life and to deceive the readers with just picturing a rosy side of life and the happy ending of the main character of his novels, in this case the sad fate of the Tess.

'Ed, you were sleeping for nearly two hours and I didn't want to disturb you, are you alright? Hardy's pessimism is not an advisable start for the adjustment process that you are trying to make, I would rather to see you reading your favourite organic books than to read even the happiest novels or the dynamic-oriented journals or

books,my love ,as I told you it takes time and I know that is going to be a very painstaking endeavour,and we both should take great care until the crisis is properly controlled and passed.’said Maggie so kindly that Dr.Smith felt that afterall and considering everything and knowing that she was unable to understand those rather delicate subjects like the majority of the population,he had been very unfair to her .And hugged her so dearly that was really unprecedented .

‘Ed,I love you and I know that who you are and how much you love me ,don’t worry for anything ,I’ll be always with you.’”She kissed him while trying to free herself from the firm hug of Ed.which was a bit too much and she felt that breathing was not very easy for her,but didn’t want to annoy him.At this time Dr.Smith left Maggie and started apologizing for not being enough caring and attentive towards her and their three daughters and asked her to remind him on and off for awhile because he needed time to adjust himself.

‘That is alright ,now come with me and look at the things that I have bought for you,I think you will like those things.’ And she was quite right.She had bought him a brown shirt a green pullover and a well matching tie that all were his favourite colours that they didn’t have agreement about those combination of colours in the past.Actually they had a very wide differing tastes in many things and not limited to just the mental profession.

‘We are going to go to the cinema that shows the film that all children and teenagers like,one of the Harry Potter,series,and then after that we come back home and

you'll have your favourite dinner and drink.'said Maggie while laughing with the Elizabeth.

'Ed,I think this would be the last night that we are going to have Liza and Esther with us they are flying to London tomorrow ,and then go back to the Canada .Liza has to stay for few days in London to do some of her remaining things in relation to the Dr.Redford . We are missing them very much.'said Maggie turning towards Liza very sorrowfully.

'Thanks Maggie,you were so kind to us and we are missing you too,I hope we'll have you there during summer vacation'thank you again for everything .'She was nearly going to cry ,while holding the Maggie's hand.They hugged one another ,and Maggie was trying not to think that it was Dr.Redford that had ruined her family life! and Liza was siding and approving him whenever they got together and so re-enforcing and encouraging Ed,to demand the same thing in their real life and all the time reminding her about the support that Liza showed to her husband while Maggie knew that Liza was not a more believer than herself about the Dr.Redford ,s ideas!?.

'I hope you'll cope with the new situation that you have to face,that is the nature of life and we should come to terms with the problems , adverse and undesirable events that are mostly out of our control. Fortunately you have got you whole family over there and that is going to be the most helpful factor in overcoming the real predicaments that you and Esther encountered.I am absolutely certain that everything would be alright.'He uttered those words



with the fullest possible compassion and well-intentioned wish.

‘Thanks Dr. I hope the same thing for you and your nice family. You can send the dear Florence to Canada at any time and she can stay with us. She is the best friend of Esther.’ said Elizabeth quite sincerely. Anyway that night passed happily and the Redfords left for London and then departed to the Canada, one week vacation was finished with the best planning and arrangement of Maggie and he really felt that leading an ordinary and peaceful life was not bad after all and most of the time regretted that what a miss he had done in his life. After vacation he went back to the hospital and found out that everything was OK, his resignation accepted and he was welcomed by the neuroscientific lab researchers and other personnel. Dr. Smith saw Dr. Williams in the hospital, cafeteria once by chance and just waving hands were exchanged. Life seemed to proceed as naturally as it should be from the beginning, without any unnecessary hustles or fuss.

Dr. Smith’s readjustment to the new job was very fast because theoretically he had kept himself abreast with the progress of the neuroscience and besides that he had formal training in the neurobiology and several years of very active and productive lab research. He busied himself fully with his job and didn’t allow any thought intrusion. He was quite satisfied with the progress of the research project that he had become a member of that and absolutely avoided in entering any other apparently conflicting arguments or discussions, because as a true

scientist there were no such thing as differing personal ideas or beliefs in the scientific matters,so it seemed just waste of time and energy to engage oneself in that way.He was well aware of the facts that the replication of the results of scientific studies and researches is the basis of convergence of knowledge and we don't have such things as different schools of thoughts in the science,if that word is properly used.What is meant exactly by science is the knowledge that is painstakingly acquired by the observation of standard scientific methodology with the help of state-of-the-art technology by a professional team of fully qualified researchers otherwise it would be total waste of time and much more harmful than old studies that didn't observe any standards,because it raises the unwarranted and unjustified expectations and trusts.Another point which is very important is that if the instrument that is used as one element of research is not aptly advanced then the results of study won't be comparable the other centres .For example if a brain imager is to be used that hasn't got the high degree of the needed resolution to show the minute lesion that might be present then the effort and endeavour goes under question. But Dr.Smith was aware of the so many other branches of human's knowledge that even differing personal ideas were not only enjoyable and adds to the richness of the gnosis but a necessary requirement of the better diversification of knowledge and a great source of pleasure for even argument!?!but he tried to clarify that when he was entering those subjects he was in the capacity that was not related to the job he was doing.

One day he was fully involved with the research project that was his own proposal and strived to finish it up before the working hours of the Friday evening that a shadow passed behind the glassy window of the long partition between the lab and the corridor, it was walking very solemnly and slowly.

Dr. Smith stopped doing his work and was waiting to visit the coming person, a curious feeling aroused in him. And the end of partition the shadow stopped, it seemed that he was hesitating to enter the lab or not, at that time Dr. Smith called: Anybody there? why don't you come in, and a figure appeared in the dimly lit doorway.

'Father John, you are welcome, why don't you come closer, and he moved towards him. He was shocked to see him. He had lost several kilos with clear negligence of his dress and grooming that he was always very careful since childhood. He was trying to smile but it was quite clear for Dr. Smith that he was deeply depressed. He was not upright as was his usual way of standing even though he always tried not to appear stiff which he thought that was not apt for a priest but if he were an army officer he felt much more convenient in his natural body position in his stance or gait but now the shoulders were bent and the head inclined forwards with the downward gaze.

'Hello Edward, I am terribly sorry to come at this time, please accept my untimely coming.' John expressed those words with heavy and slow speech.

'Hello John, nice to meet you at any time, as a matter of fact you came at the best time because I had to close the lab.' Dr. Smith tried to sound as natural and in the same old

usual way of his manner as he could that no signs of exaggeration could be detected by his old friend that was clearly pathologically depressed rather than just be a normal sad man. He had full presence of mind and enough expertise not to invite him to his own home rather to go with him to his church ? he knew that other non-psychiatric, but medical causes of depressive syndrome which has got a long list like low activity of thyroid glands and even infections or various cancers and of course a long list of drugs that are used by Physicians for the treatment of patients and for sure the use of illicit drugs mostly in the predisposed individuals. Dr. Smith knew that the John's father was a very severe alcoholic even with the high standards of east-enders! He was a well-known heavy boozer in the neighbourhood and actually frequenting the boozer most of the nights. He died of some kind of alcohol related disease when they were boys. John had always cursed him because of his alcohol drinking and harsh antisocial behaviour and related that to the poor socioeconomic environment of the neighbourhood and unemployment that was so prevalent in that area. Later on when he began his training to become a priest he got firm conviction that lack of faith and evil-mindedness was the root of his father, drinking and other psychopathic behaviour and he tried to be a member of the various counselling group that worked with the drug addicts and criminals. Once he asked Dr. Smith to help him organise such a counselling course and to have an active participation in that body as a true believer of church. He was totally shocked when

Dr. Smith quite clearly refused that request and began to lecture him! about the true scientific knowledge that real academic researchers have painstakingly have obtained and placed at the disposal of the psychiatric and psychological societies but this information are not used in practice or presented to the public. Again the old tricks were employed about the reversal of cause and effect and confusion between the normal range of the use of these substances with the probable omission of the issue of very hard drugs like cocaine, psychedelics (LSD, mescaline, etc) and heroin. He told him that although the use of e.g. alcoholic drinks are prevalent in the western societies or elsewhere and for sure much more in the deprived areas such as London East END, but pathological alcohol drinking or so called alcoholism is very much less prevalent and is a strongly heritable brain disorder mostly associated with many other highly heritable brain disorders so called mental disorders, like antisocial personality or mood disorders like so called depressive disorders in the afflicted alcoholic individual or the first degree biological relative, like his children, siblings and parents. There is a very clear scientific epidemiological explanations for a higher prevalence of all so called mental disorders including drug addictions in lower socioeconomic classes and areas called downward social drift, and all the so called psychosocial and environmental causes are effects of these hereditary brain disorders rather than vice versa. So your father was the victim of that brain disorder and it wasn't because of lack of moral fibre or evil-mindedness. Anyway as could be expected

from the devellish domination of metapsychology and metapsychiatry fully backed by psychos and the most powerful world-wide organisation ,that is

psychomafia,Father John became so vexed that even accused Dr.Smith of making so called scientific evidences just a pretext not to shoulder such widely accepted and current church activity,recommended by the higher authorities of the church even by then the Archbishop of Canterbury the RT HON Dr.GEORGE LEONARD CAREY.This talk occurred few years ago.

‘Edward,the reason that I have come here is because of the things that I have heard about you.’He said quite seriously.

‘I have heard that you are not attending any of our churches,Sunday prayers! And you have resigned all of your positions ?is there something wrong with your life and belief in the faith?I do feel a strong guilt,I think that I haven’t done my duty as a priest and if I were not selfish these things were not going to happen,am I not right?’He was expressing those words with so much sincerity and remorse that Dr.Smith became quite anxious that his depressive illness was much deeper than it appeared and whether he was harbouring any suicidal and deliberate self-harm ideations.He did know that if he made the slightest hint towards his state of health was tantamount to the repeat of the very same heated discussions that incurred his strong displeasure a few years back on the aforementioned subject of giving counselling to the alcoholics.For a moment he became very upset to be so helpless in being able to help a man that was suffering

from the very wracking pain that so many afflicted patients with depressive illness have reported. But when a world-wide paper like Times interviews with ‘the guru of gloom’ on August 24, 2002, who dares to ask questions implying that Father John was suffering from a medical disease affecting his brain that can lead to death from suicide among 11 to 17 per cent of patients afflicted with the severe depression like Father John, according to the Oxford Textbook of Psychiatry, 1996. The pause that occurred in the reply of the Dr. Smith irked the priest. He was looking a bit suspiciously.

‘John, you have been my best friend and we share so many memories since our childhood. Yes you are quite right that I was not attending the church’s Sunday prayers but I have been doing my duties to our Lord and you didn’t hurt me at all. There were some administrative problems in the school which are not very uncommon these days, but I am quite OK and feel that I had engaged myself in too many executive jobs and I even didn’t use my annual vacations. Anyway I am very grateful to you that were so caring and considerate about me.’

‘But, as I told you at the beginning, the reason that I came here was twofold!’ He sounded quite hostile and formal.

‘John, what is your opinion about the new Archbishop of Canterbury, the Rt. REVD Rowan Williams?’ Dr. Smith tried to change the subject, but it made John much more irritable and he stood with difficulty just similar to the patient afflicted with the moderately severe Parkinsonian disease. Dr. Smith became anxious that the bird was escaping! He was fully sure that John should be admitted

to the psychiatric ward and then investigated for the so called primary or secondary causes of depressive disorder which was clearly associated with thought disorder and most probably suicidal preoccupations. Dr. Smith was thinking how to contact with Dr. Williams because according to the Mental Health Act 1983, which regulates the care of the mentally abnormal persons and is the law in England and Wales, for the compulsory admission of a mental patient Medical recommendation, by two doctors is required. The two doctors should not be on the staff of the same hospital unless it would cause undesirable delay to find a doctor from elsewhere.

‘John, would you please be seated for a few minutes and then I am going to give you a lift to your parish and I want to have your counsel which I need very much.’ Asked Dr. Smith in a way that was very gratifying to John. Dr. Smith pretending to preparing the lab for the closure left that part and went to his study and called the Dr. Williams by his mobile phone. He explained the situation in a very fast way. He asked him to bring an experienced psychiatric social worker if available with two guards and a nurse with a necessary drug for injection. Dr. Smith returned to lab but he didn’t see the Father John over there he had left. He called him several times but there wasn’t any answer. He went out of the lab, it was quite dark, cold, windy and drizzly so he couldn’t find him, he had so easily lost the patient that he had not seen him for a long time, he began to search the hospital’s yard but how could John walk so fast while suffering from a disease that had slowed up his mental and all of his



movement activities .Anyway he was cursing at his own stupidity that he saw a group of people coming towards him ,he could just recognize Dr.Williams ,tall figure happy-go-lucky as always.

‘Where is Father John ,did you find him ?’Asked Dr.Smith quite anxiously.

‘Don’t worry Dr.he was standing behind the gateway hedges waiting for an opportune moment to leave hospital for good. Now it was raining much faster and heavier.Dr.Smith asked that group to follow him and get into the lab.It was really a very painful moment for him to see John in that situation,.Fate had dealt him a cruel blow.He did know that John had a tormenting path ahead,he was bachelor that lived alone in his parish and fully devoted to his ministrations of various needy people .Whenever he had asked him that why he didn’t marry he made some excuses that were vague,but now Dr.Smith could understand the real reason. So again the reversal of cause and effect!?! He knew that John was genetically predisposed to the depressive disease,and a very common trick is to consider the onset of the depression or other so called mental disorders from a presumed definite time for example following a life event or if no excuse is found!?! They still insist that some unconscious ,unresolved psycho-analytical conflict or Jungian complex and worse than all which is the clearest example of quite deliberate reversal of cause and effect by the Aaron Beck and other advocates of ostensibly rational and therefore correct appearing hypothesis of cognitive-behavioural explanation of the so called mental disorders specifically

depressive disorders were involved, but onset of these disorders like many other man's diseases e.g. diabetes mellitus is merely the unfolding ,time-dependent,genetically preprogrammed phenomenon that is quite specific to each individual that sometimes appear to be triggered by a life event or any other so called stresses mostly by chance.Anyway Dr.Smith thanked all the members of the group and was very apologetic to the Dr.Williams who had to shoulder the responsibility of the treatment of John.

Father John was sitting miserably in the hall and two guards were standing beside him.All of the sudden he started to look angrily at the Dr.Smith,and began shouting and insulting accusations against late Dr.Redford and Dr.Smith.'

'You are still obeying his orders ,his evil spirit has possessed you .'pointing him threateningly.

'Father John, we are all here to help you ,we are in the hospital's environment ,I am Dr.Williams ,a psychiatrist the other people in this group are all the staff of the psychiatric ward of the medical centre.'Dr.Williams explained these things with his usual calming and very pleasant voice .'

'What do you mean that you are helping me ,I am not a mental patient ,that fake word that psychiatrists have made,I came here because I wanted to liberate that chap,pointing indignantly towards Dr.Smith,yes my brain is okay,then started sneeringly laughing at them .

'Anyway,at the moment you are suffering from a severe depression that has caused some problems with your

proper reasoning and judgement and we think that it is in your interest to be admitted to our ward until this critical period could be brought under control.'Dr. Williams told these words quite seriously and emphatically, observing the recommended rule of being kind and firm in order to submit the non-compliant patients. Dr. Smith was quite silent and didn't interfere, at all. But he felt really so much pity and sorrow that was hard to express it to himself. Of course he had the very same feeling whenever he saw a patient that developed the manifestations of the major mental diseases apparently for the first time, specially if a young patient was involved. A repeat thought came to his mind that he or she, the patient, had along way to go. but he was not pessimistic about the complete cure of the all of these troublesome brain diseases in a foreseeable future, because of the exponential neuroscientific progress that was taking place with an incredible pace.'

'Dr. Smith would you please come with me to your study, thanks.' Pretending not to be very close to him. Anyway they finished with the legal formalities that were strictly required for the involuntary admission of the patients. Dr. Williams called the psychiatric social worker and Dr. Smith gave the address of the parish of the Father John and the other information specially that he was unmarried and living quite alone with no one available to care him. At that moment they heard the shouts of the patient that was cursing the late Dr. Redford and his advocate Dr. Smith. They went back to the lab hall, he began to insult Dr. Smith with the dirty words that were very bad to be expressed before the female nurse who was

there. While he was shouting and insulting he compared the polite and humanistic approach of the therapists in the T. college, that he was under their consultation for the past two months. Dr. Williams succeeded again in calming him and then asked him.

‘Father John, who was your counsellor over there, how many times you were counselled, and when was your last appointment.’ he sounded very seriously and authoritatively which was incidentally very effective!

‘You asked me too many questions, anyway a psychologist saw me once a week for the past two months, very interesting sessions on different subjects that I liked very much, the last appointment yesterday afternoon. You people should learn from them. you are mindless betrayers and deceivers that as the D.R has told: The psychiatrists have a duty to the state to help maintain public order. And now you are going to do the same thing, aren’t you?’ He told them mockingly.

‘Did your counsellor told you that you were suffering from a depressive disease, severe type, and you needed treatment?’ Dr. Williams was becoming a bit impatient and sighed heavily.

‘Never, and he was right, there is nothing wrong with me and he quoted the D.R, s famous statement: that I had to accept my responsibility, and leave the prison of depression. Even if I felt depressed, which I didn, and the reason that I came here was just because I felt guilty and responsible about the way that I had behaved towards that chap who is not worthy of help and betrayed me like the Judas Iscariot who went unto the chief

priests.(St.Matthew ,chapter 26,verse,14) Said Father John very indignantly.They actually benefited so much from my advise and counselling.You should be proud that your wife! participated in those sessions and worked as a trainee psychologist on and off and we talked about my condition and she never told me about the rubbish talks that you told me and I am sure that you have taught that inexperienced Dr.Williams. A very meaningful silence stemming from a very deep sorrow and despair loomed in the minds of both Dr.Smith and Dr.Williams.

Anyway Dr.Williams regaining his composure,and went back to his full professionalism and asked once more that whether Patient was willing voluntarily to go with treating the team to be admitted in the mental ward or not. Interesting enough the John who seemed to be subdued by the sheer presence of the number of the people over there accepted that option.

Anyway he was led by the ward personnel towards the mental ward .

The only thing that Dr.Smith tried not to do was thinking! He had chosen his firm determination and as a typical English one quite rightly and wisely when reaches to a well tried and fully experienced decision his not going to change it unless a totally exceptional flexibility warrants it which in serious cases like governmental jobs seldom happens!?. So he collected all his books and papers and after everything was arranged as should be done as if nothing had happened like the other days in the lab he swathed off the electricity and after locking the lab he headed towards his home.

Maggie opened the door ,and helped him to prepare himself for the proper rest.But naturally she was surprised about so much delay on Friday evening.

‘I didn’t want you to bother you ,but I was gradually becoming a bit anxious ,any problems over there ,Ed.?’ asked really impatiently.

“Maggie I am sorry to say that I was leaving the lab that Father John came to lab and we were busy all the time with him and at end he was involuntary hospitalized in the psychiatric ward with the presumptive diagnosis of psychotic depressive disorder severe type ,very aggressive and paranoid with high potential of suicidal ideations very clearly manifested in his fully irrelevant guilt feeling but mixed with severe impulsiveness which is the major clue for the self-destructiveness. Of course full paraclinical investigation including cerebral imaging ,lab tests to rule out any secondary causes would be done even though he has got a very strong family history of mental disorder.”Said Dr.Smith very calmly ,being quite careful not to go into any details or to have unusual tone!?.

“ So he was admitted to the psychiatric ward ,he has had a very difficult childhood with an irresponsible father ,mostly unemployed ,mostly harsh to the family and of course living in a poor socioeconomic neighbourhood surrounded with the worst friends,and passed away when John was still a boy ,what else could be expected than such an outcome,am I not right Ed,looking at him for full confirmation!”asked Margret with a tone that was not satisfied with the slightest modification!?”

“yes Maggie ,you are right anyway you can go to visit him in the ward whenever his treating Psychiatrist deems it an appropriate time but I think he is very hostile towards me and that may aggravate his condition.”Said Dr.Smith without changing his tone.

“ I am glad to hear these important humanistic points at last !?”She thanked Ed,?and began to change the subject which was very timely because it was gradually becoming unbearable for him.

“Maggie ,where are my darling daughters ?”Asked Dr.Smith with a fatherly tone that was so natural and pleasant that comforted her hidden anxiety?.

“They have all been invited to a birthday party ,and would not be back for several more hours .”She came closer to Ed.and was so romantically hot! That Ed,had never got for ages ....

“I love you Maggie ready to do everything for you and our children and it is a definite life time decision you can trust me without any hesitation and you should help as my private adviser ,by the way what do you suggest for tonight that we are alone?”Feeling incredibly relaxed after having the romantic love rewarded to him!?.Anyway a very exceptional Friday nights followed by two more happy days passed.Although it was crystal clear about the high chance of committing suicide by the Father John and the necessary precautions for sure was observed in the ward ,Dr.Smith didn’t hesitate to contact with the Dr.Williams in the first opportunity that he got to tell him about the severe mental illness that patient’s father had.Actually he did it on the Friday evening ,being quite

careful not to make it known to the Maggie ! because a new round of trouble would start .Dr.Smith told him that his father had a very severe major depression and alcohol dependence associated with the definite antisocial personality traits that was quite clear in the neighbourhood,so he was mostly unemployed and deeply in debt.He was very aggressive,and irritable ,all the time ready for physical fights with the sensing that somebody was treating him with a minor slight.He had a well known religious beliefs but couldn't observe the simplest tenets of the exalted teachings of the Christianity even though he deeply and sincerely believed in them.His life was full of the repetition of violence within the family whether when he was living with his parents or after becoming a married man. He was quite irresponsible towards his wife and three children ,the son who was John and two elder daughters.Anyway he was mostly involved with the torts and confronted with the breach of civil law.

Because of these problems he was referred by the court to the so called psychological counselling centres or actually handled by the metapsychologists ,sometimes metapsychiatrists and of course his parish councillor for guidance.Something like what are still done in the T-colledge,or institute and hundreds of thousands of similar ones all over the world now mostly based on rational looking cognitive-behavioural hypothesis ignoring absolutely all of the basic facts of the epidemiological knowledge about the depressive disorders and its strong associations with drug-dependence particularly so called alcoholism and antisocial personality disorder of a



psychiatrist A.T.B (beautifully criticized on the page 219 of the Oxford Textbook of Psychiatry, 1996) with the dangerous reversal of cause and effect. In those years these so-called clinics of London were heavily influenced by the psychoanalytical domination of sect-like orientation between two Freudian-based centres headed by the Freud's daughter Anna Freud and his disciple Melanie Klein who were severely at loggerheads with one another which were attributed to the some kinds of deeply rooted envious motives rather than being at least based on the metapsychological principles !?.

Anyway the only thing that was not considered was the fact that poor John's father was the victim of a devastating and for sure tormenting brain disorder and all of the cognitive and behavioural manifestations were the clear symptoms of that highly heritable disease that had appeared in his son.

It happened that Dr. Redford became a trainee in one of those clinics for a full course!

He had heard about the course of the illness that occurred to the patient. Because of the heavy consumption of alcoholic beverages, he developed the liver disease called alcoholic cirrhosis and hospitalized in a medical hospital for the full investigation of his digestive complaints and passed away very soon quite unexpectedly. Dr. Redford learned from the treating medical staff that he committed a terrible suicide by mixing alcohol and rat-like poisoning substance. John was a lad and he was never informed about that fact because of the request of her mother.

Anyway that another example of psychotragedy. Instead of controlling the root cause of his disease as much as the medical knowledge of that time permitted and even now is at the disposal of true academic psychiatrists with proper application of scientifically-based psychotherapy which provides true information about the nature of the disease and like all types of so called metapsychotherapies decreases the ordinary or crisis burden and stresses of daily life which is the trick that is used by unscientific so called talk therapy ,but with the great difference of not giving false information that have been the cause of so many tragic events for the patients and painful life time memories for the close relatives rather than providing them with proper evidence-based psychoeducation,obtained from the marvellous progress that have been obtained through the painstaking epidemiological studies well tested in the carefully designed field trials reflected in the WHO's ICD-10 classification of 1992,and the worldwide accepted American Psychiatric Association's DSM-IV,classifications of mental disorders of 1994 and its new text revision of 2000.

Dr.Willams thanked Dr.Smith and gave a brief but hasty reports of the Father John psychiatric situation because he was quite aware of the Dr.Smith ,s problems aggravated with the full time informant of Psychomafia ! once called the enemy within by the helpless husband's wife who was truly believer of mindful therapists and detested mindless therapists like her captive! Probably she thought her husband could have been like the majority of other real

psychiatrists that were performing their successful careers with the flexibility that were expected from them and made a pleasant atmosphere at home.

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